

©Copyright 2017 by Bradley J. Steiner - ALL RIGHTS RESERVED.

SWORD and PEN

Official Newsletter of the International Combat Martial
Arts Federation (ICMAF) and the Academy of
Self-Defense

OCTOBER 2017 EDITION

www.americancombato.com

www.seattlecombatives.com

www.prescottcombatives.com

E d i t o r i a l

Procrastinating Can Be Dangerous

PUTTING some things off for a time when getting them done will be “more convenient” might make sense in regard to inconsequential matters; but those who put off their training in self-defense may be taking a dangerous chance with their and with their loved ones’ welfare.

No one can predict where, when, or how violence will strike. True enough, that some people may never be attacked; *but there is no way on earth to tell if any particular person will or will not be, and someone somewhere is always getting attacked.*

Emergencies by definition do not occur with predictability. Before the sun goes down today it just might be **your** turn to be confronted by one or more violent, predatory felons.

Just about every sane human being will agree that having a solid knowledge and ability to defend themselves is a very desirable thing. Yet when it comes to actually **doing something to achieve that objective** . . . well, they'll get started "soon"; or they'll "really think about it", etc.

The odds are, frankly, that you will *not* find yourself in a fierce hand-to-hand combat for survival. So? The odds are that you will not be thrown from the deck of a boat; but you'd be the dumbest a-hole on earth not to wear a life jacket when out at sea. Chances are that you will not have a fire; but you still keep a fire extinguisher. ***If you have any sense you will take all necessary steps to learn how to defend yourself and your family despite the odds being against you ever needing that skill and knowledge***. Suppose it *does* actually happen to you? What then? It will be too late to learn how to cope with the emergency, and you will find yourself at the mercy of whatever violent scum has chosen to victimize you.

Procrastinating can be a very dangerous thing, and bring truly tragic, ugly consequences — not only to yourself, but to those you love.

One thing we observed many years ago and pointed out to Prof. Bryans: Whenever a person applies for instruction (assuming he or she is well past their 20's) and says "I have always wanted to take up self-defense and learn how to handle a dangerous situation!" it is a near certainty that that person will prove to be a less than dedicated or long-term student. Why? Because if a person is in his late 20's or older and has "*always wanted*" to train in self-defense, a very obvious question is: ***why hasn't he done so?*** This discipline is not a fad study. It is the kind of thing that those who are aware of its importance generally follow through on fairly early in life — almost invariably by their late teens. Those who get a flicker of interest, then put it off, tend never to be very serious.

Over the years we have trained many, many people. Very few have ever needed to use what they had been taught . . . but *some* of them have needed to use it, and it is not a pleasant thought to consider what might have happened to them if they had not learned what they had learned when they learned it!

Do yourself and those you care about a huge favor. *Learn how to defend yourself and protect those dear to you **before** a crisis strikes. once you are attacked there is **NOTHING** you can do to o,prove your ability to defend yourself!*

Procrastination is one of the most self-defeating and self-destructive habits anyone can fall into . . . and *many* do. **Don't be one of them.**

Bradley J. Steiner

“Violence, naked force, has settled more issues in history than has any other factor.”

Robert A. Heinlein (Starship Troopers)

DVD Course NOW AVAILABLE!

***(You Can Learn Self-Defense and
Close Combat At Home!)***



Here are a few comments about us and what and how we teach, from a handful of the many genuine authorities in the field of close combat and self-defense who are familiar with us and with our work:

“Brad Steiner is one of the three finest instructors of close combat and self-defense that I know of, in the world”

— James R. Jarrett,

Former U.S. Army Special Forces and LAPD SWAT/Protégé of the late, internationally famous defensive tactics and baton master, Robert Koga. Mr. Jarrett holds a 5th degree Black Belt and is a renown firearms, self-defense, and counterterrorist instructor. He is a former university professor and an author.

“[Brad Steiner] is simply the finest teacher of any subject that I have ever had . . . I feel deeply blessed to be able to know and to study under him”

— Greg Anderson,

Third degree black belt, author of *Weapons At Hand*, accomplished professional athlete (wrestled at the national level and played college football), world-acknowledged authority on physical training, author, and Director of Ideal Exercise, one of the finest fitness facilities in the Western states.

“Brad Steiner knows real self-defense and what works in hand-to-hand combat like no one on earth! His Method is incredible!”

— Detective Ralph Friedman (NYPD Retired),

Ralph was, at the time of his retirement, the most decorated police officer in the history of the NYPD. He has received, among other awards, the coveted ‘Combat Cross’. Ralph was featured, along with his brother — an NYPD Transit Police Officer — on the TV Show Top Cops.

“Your Method is excellent. You have expanded upon and improved considerably the method I learned from

Fairbairn and Sykes during WWII and what the USMC taught to the Raider Battalions. And you're a very good student and teacher"

— Maurice ("Maury") Geier,

Former U.S. Federal Agent and counterintelligence officer during WWII. Also a combat shooting instructor for FBI and other federal officers, as well as a hand-to-hand combat teacher who was so fierce he earned the nickname "Deathhouse Geier".

"Your American Combato is a very good System"

— Charles ("Charlie") Nelson,

WWII hand-to-hand combat judo instructor with whom we trained for nearly three years. It was from Nelson that we learned the O'Neill System, as well as what A.J. Drexel Biddle taught (Charlie was one of Biddle's students).

"You are indeed a 'Professor' of combat arts! I quote you all of the time"

— Grandmaster Jim Harrison,

The premier pioneer in America of the Asian fighting arts of ju-jutsu and karate. The late Bruce Lee once said of Jim Harrison that he is the one person he would *not* like to fight. It would take a thick pamphlet to describe all of Jim Harrison's accomplishments and contributions to the combat arts in America.

"From you I learned the valuable lesson of 'attacking' instead of 'defending' when you have to defend yourself"

— Grandmaster John McSweeney,

The "Father of Irish Karate", John was one of Ed Parker's first Black Belts. John also studied boxing, judo, ju-jutsu, and kung fu. The quotation above is from a letter John sent to us after reading our Tactical Skills of Hand-to-

Hand Combat. We maintained a correspondence and friendship until John's passing.

“You certainly do make many excellent points about how mental conditioning for self-defense may be achieved. Although I had never anticipated RET (Rational Emotive Therapy) being utilized for martial arts training, you have done quite an impressive job. I appreciate your outstanding abilities with hypnosis, and I think that your innovative ideas deserve a widespread audience”

— Dr. Albert Ellis,

One of the most famous psychologists in the world. Of him Dr. Robert A. Harper once wrote that he believed Dr. Ellis' contributions are as significant as those of Dr. Sigmund Freud. We owe a good deal of how we work with students to achieve all sorts of psychological breakthroughs to our intensive study of Dr. Ellis' works.

“[Y]our articles are read, studied, and saved whenever they are published. You have an understanding and command of the subject of fighting that very few people have”

— George Kalishevich,

Former USMC Sergeant and combat veteran of Southeast Asia. Kalishevich was a multiple Black Belt holder, a boxer, weight trainee, and hand-to-hand combat teacher since the 1960's. He was also an experienced bouncer. He passed away several years ago.

“As a law enforcement officer working dangerous assignments in the most violent parts of the New York metropolitan area in the 1970's, I found that Mr. Steiner's advice was always on the money. The information contained in his articles in Combat Handguns, Handguns,

American Handgunner, and Soldier of Fortune magazines was lifesaving. As a professional armed and unarmed combat trainer, I regularly referred to many of the concepts Mr. Steiner wrote about. He often went right to the source to discover how and why certain methodologies worked. Bradley Steiner is one of the few civilians actually certified by Col. Rex Applegate to teach close combat.

The late John McSweeney . . . dubbed the ‘Father of Karate in Ireland’ told me that he also was greatly influenced by Mr. Steiner’s writings, especially the idea of paring down close combat techniques to a few essential strikes, trained to perfection. Mr. McSweeney told me that he had a pet name for Brad Steiner. He called him ‘The Monk,’ in reference to Mr. Steiner’s vast knowledge of martial arts and mayhem. My own writing about martial realism was inspired by Brad Steiner’s”.

— Grandmaster John Perkins,

The brilliant innovator of ‘Guided Chaos’, John Perkins’ background in unarmed combat (and armed combat) is the result not only of training but of lots and lots of real world experience.

The First and Only Complete Self-Defense and Close Combat Course in American Combato (Jen·Do·Tao) on High Quality DVDs!

Eleven carefully prepared professional instructional DVDs describe and demonstrate

the most practical, powerful, reliable, and authentic skills of no-nonsense realistic and war-proven unarmed and armed hand-to-hand combat methodology and personal defense developed since WWII! This Course, describing methods from that System developed in the early 1970's by Bradley J. Steiner, which crystalized into the American Combato (Jen·Do·Tao)[™] all-in modern close combat/self-defense martial art in 1975, will teach you how to defend yourself and those you love in any situation! Some of these methods have been copied, imitated, and pirated during the last 25 years, but a complete self-defense course derived directly from the original and authentic System — and the only authorized presentation of American Combato — is now available for home study. All of the techniques, all of the theory, and all of the mental conditioning and related doctrine in these DVDs is presented by the System's

originator, Prof. Bradley J. Steiner, himself. Like Fairbairn, Sykes, Applegate, O'Neill, Brown, Begala, and Biddle in the second world war — from whose lineage this modern Martial Art is a direct descendant — Prof. Steiner clearly, simply, and plainly instructs in real world, lifesaving combatives doctrine.

You can order any of the eleven DVDs individually, or you can purchase the entire Course, in which case you pay for only ten DVDs. You receive one FREE!

Each DVD contains the equivalent instruction normally given in four to eight private lessons. This Course is the equivalent of at least 50 private lessons with Prof. Steiner, personally! And you can review this instruction again and again, and save the DVDs for your children to study when they are old enough.

IMPORTANT NOTICE!:—

The system of martial arts presented in these DVDs is not a "traditional" or "classical" martial art.

These DVDs, and the information, and techniques contained within should not be taught, shown, or divulged to anyone under 18 years of age.

Due to the serious nature and lethality of the techniques shown, no one under 18 should be instructed in the techniques.

Due to potential serious injury or death, minors under the age of 18 should not be allowed to purchase or view the techniques demonstrated on the DVD's and in the system.

Minors lack the proper judgment and emotional restraint and discipline and should not be entrusted with the techniques contained herein.

Please utilize the techniques only in those situations where you would utilize a lethal weapon, similar to using a firearm, an improvised or edged weapon.

Please keep DVDs in a safe place out of the reach of minors, similar to safekeeping of firearms.

Contents:—

DVD #1 FUNDAMENTALS

- How to stand, move, distance, and position yourself
- The combat color code
- Attack mindedness
- Evasive footwork
- How to shield
- “Fairbairn’s Four” —

The chinjab smash, the handaxe chop, the tiger’s claw, and the side kick. All clearly explained and demonstrated so that anyone with no prior experience in any martial art can understand and develop the skills! These are the first four of *American Combato’s* 16 Key Blows (originally regarded by W.E. Fairbairn as the “most essential” basic blows, comprising a complete mini-system of personal hand-to-hand combat, once mastered).

DVD#2 BASIC BLOWS

- Continuing from “Fairbairn’s Four”, this powerful presentation completes your lessons in the remaining 12 Key Blows — the most practical and effective blows — in unarmed close combat.

- The straight heelpalm
- The knee attack
- The front kick
- The elbow smash
- The fingertips *thrust*
- The fingertips *jab*
- The snap kick
- The backfist-forearm smash
- The hammerfist-forearm smash
- The basic straight punch
- The ear box
- The throat lock

DVD#3 ATTACK COMBINATIONS - FIRST SERIES

- Powerful and devastatingly effective combinations of attacking actions which are adaptable to an infinite number of situations and emergency circumstances. These attack combinations utilize the Key Blows, and include additional offensive unarmed combat actions and tactics, which enable you to infinitely combine, and improvise limitless sequences and applications of ferocious attacks of your own.

This DVD focuses on attack combinations leading with *HANDAXE CHOPS* and *THRUSTING ACTIONS*, the first two categories of “attack combinations” in *American Combato*.

In this and the next DVD you will learn more combinations of each type than you would ever possibly need.

DVD#4 ATTACK COMBINATIONS - SECOND SERIES

- Completing a well-balanced, comprehensive curriculum in vicious, unconventional, yet simple and readily applicable attacking sequences which enable the practitioner to overwhelm and disable any assailant. These combinations continue to expand your capability with the Key Blows and with other actions and tactics, and turn you into a dangerous, unpredictable, offensive combatant in close quarters combat. You’ll be an expert at taking

the battle into the enemy's camp and *attacking your attacker!*
This DVD trains you in *DISTRACTING LEAD ATTACKS, KICKING LEADS, and MISCELLANEOUS LEADS.*

DVD#5 COUNTERATTACKING THE UNARMED FRONTAL ASSAILANT

- No realistic close combat system is worthwhile unless the matter of *counterattacking* (i.e. reacting to attacks which you have been unable to preempt) is covered. In this DVD you will learn:

- How to immediately react with devastating and decisive force against any grabbing type attack from the front
- How to break holds that attackers might apply if they catch you off guard
- How very simply to counter punching or kicking attacks

DVD#6 COUNTERING THE UNARMED REAR ATTACK

- Attacks from behind are *deadly*. Learn first and foremost to guard against leaving access to your rear. However, if caught unaware, learn

- How to counter sudden grabbing attacks from behind
- How to counter holds that may be applied from behind

DVD#7 COUNTERING KNIFE AND CLUB ATTACKS

- The proper tactics and mental ploys applicable to these situations is emphasized. Technically, you will be taught

- How to deal with knife *threats*, from varying positions
- How to save your life if attack by an adversary who is determined to slash or to stab you with a knife
- How to counter overhand club attacks
- How to counter the backhand club or baseball bat swing

DVD#8 COUNTERING HANDGUN AND SHOULDER WEAPON THREATS

- Obviously these, like knife and club attacks, are *deadly* threats and only the

simplest, most basic and reliable methods should be studied. No weapon “takeaways” or complicated nonsense here! These are commando type actions and will work under the most adverse conditions. Intended to save lives — not your wallet.

- Frontal handgun threats
- Side handgun threats
- Rear handgun threats
- Frontal shoulder weapon threats
- Side shoulder weapon threats
- Rear shoulder weapon threats

DVD#9 COUNTERING MULTIPLE ATTACKERS

- Key principles and tactics of countering more than a single aggressor
- The core *scenarios* and how to develop counterattacking capabilities against two or more attackers that *really work*.

DVD#10 HOW TO USE THE STICK FOR SELF-DEFENSE

- Basic stick techniques
- The *complete* Fairbairn stick method (beyond what is taught in *ALL-IN FIGHTING/GET TOUGH!*)
- The USMC’s Kengla Technique
- Some advanced stickwork combinations
- How to use the *yawara* hand stick (for modern applications)

DVD#11 KNIFEWORK

- Psychological factors
- The universal grip (for stiletto and Bowie type knives, as well as for kitchen, utility, and all other types of knives, and for improvised stabbing and cutting implements)
- Knife *offense*
- Defending yourself with a knife

The cost of each individual DVD is \$59.95 + \$6. shipping and handling (**\$20. postage and handling for foreign orders**)

If you purchase the complete 11-DVD Course you pay only for 10 DVDs,

bringing the total cost to \$599.50. You get one DVD FREE. **Add \$20. for postage and handling (\$40. for foreign orders).** That's just under \$600. for \$7,500. worth of training!

All DVD purchases are of course nonrefundable.

Personal checks may take up to three to four weeks to clear, in some cases. For *immediate* shipment send cash, or a postal money order, bank check or bank money order, payable to Brad Steiner. Send your order to:

**Brad Steiner
P.O. Box 15929
Seattle, Washington 98115
U.S.A.**

You will want to study these DVDs again and again, as they are rich in content and packed with solid, reliable information and instruction!

A New York Sport Enjoys A Comeback

THE “sport” is shoving people onto the tracks of the NYC subways. We have read of about half a dozen of these disgusting attacks taking place — and often, the scum who committed the act has gotten away. We hope ferevently that every one of those low-life lumps of gutter manure who commits or who attempts to commit this awful crime is arrested. Thereafter, we have a proposal for the scumbag’s punishment: **tie the bastard to some station’s tracks, and let him get run over by an incoming train.** No expense for incarceration and upkeep. No expense for paraphernalia to put the sh-t to death! Simple, quick, and clearly well-deserved. Assuming that the scumbag’s victim survived, then the victim should be provided a comfortable seat at the subway station, along with all family members and friends, and all can observe the demise of the piece of sewer crap — perhaps while enjoying lunch.

Yeah, go ahead and call us whatever the hell you like, but then ask yourself this: “**If someone you loved were shoved onto subway tracks and died as a result of being crushed and mutilated by a train, how then would you feel?**”

The victims of these attacks are random strangers. The unspeakable, inexcusable scum who commit this crime do so for the sheer delight of enjoying an act of unadulterated evil. An eternity in hell is too good for them.

DEFENSE AGAINST THIS TYPE OF ATTACK

If you are taken by surprise and are standing near the tracks, there is no defense. So, if you unfortunately live in NYC today and make use of the subway system there, follow three rules:

1. Stand well back from the edge of the subway platform, near the wall.
2. Be alert! There are probably more crackpots traveling the NYC subways than there are in most mental hospitals. Know basic self-defense and . . .
3. Retaliate instantly with a destructive, vicious, hopefully maiming action *the very second you are aware of any attack being directed against you. Go for the eyes or throat.*

Aside from that rather basic plan there really is not much else that can be done. When the powers-that-be smarten up and start **executing** savages after their first crimes of violence, then the big rats who commit these major atrocities will have been stopped as little mice *before* they have a chance to take human lives, and the City (which once was incomparably beautiful and infinitely wonderful to live in) will once again be safe for real **humans**.

LEARN *AUTHENTIC* CLOSE COMBAT SHOOTING

Here is your opportunity to learn the close combat shooting method that is taught in the American Combato System! Not competition shooting disguised as “combat shooting”, but the ***REAL DEAL***; combat shooting that has been developed as a direct result of combat experience, and that has been validated and proven in **war**.

PROF. MARK BRYANS WILL BE TEACHING THIS COURSE IN
PRESCOTT, ARIZONA.

The course will be given over an intensive 3-day period and will include:

- **The war-proven point shooting method developed by William E. Fairbairn in Shanghai, and perfected *through combat application* in Shanghai, and later on all over the world during WWII by over 10,000 fighting men trained by Fairbairn, Applegate, and Sykes**
- **Use-of-the-sights shooting when distance, time, and light permit — *all part of the Fairbairn and American Combato shooting method***
- ***Unarmed* combatives — incorporated with handgun techniques — so often needed in real world engagements (This integration of handgun *and* unarmed methods parallels the type of wartime training that military and intelligence personnel received. *Sometimes you need more than a gun!*)**

Cost for the three-day Course is \$999.

Call Prof. Mark Bryans for more particulars, and if you wish to secure a spot in this excellent forthcoming Program.

928-308-2285

9mm or .45ACP?

WE recently read an article in which a panel of fourteen “experts” presented their personal choice for a combat handgun: i.e. 9mm or .45ACP. And they all gave their reasons.

We only recall two of these experts declaring that they chose *both*, apparently because they felt each had great value in its own right. But the hands-down incontestable winner was the 9mm. (For anyone who’s interested, our personal choice is the .45ACP).

What made us smile were some of the reasons for the selection of the 9mm. “No recoil problem”, “Higher magazine capacity”, “Less expensive ammo”. Hmmm. *Sounds to us like these are opinions likely to have come from extremely avid shooters who are shooting competitors.*

Recoil can be easily controlled by correct pistol handling when firing.

Handguns are rarely if ever fired more than *three* times in actual combat engagements. Frankly, we’d prefer to have two or three spare magazines on our person each loaded with seven .45ACP rounds, and settle for our initial seven (or eight) rounds in a cocked and locked 1911. Twenty-eight or 29 available rounds will do it for a *self-defense weapon*. Who the hell really needs more than that? Or are you expecting your handgun to serve as a battle rifle or carbine?

For personal protection *nothing* (in our opinion) surpasses the full metal jacketed .45ACP hardball round 230 grains. So, we really don’t care if we have to pay \$10 or \$20 — or even more — for a box of 50 rounds that we will load for defense purposes. (Hell, for the range, use

cheap reloads.)

The shooting public seems to be as fickle (and malleable) as silly schoolgirls. When Jeff Cooper reigned as the mob's "guru", anything but the .45ACP was from hunger. Now, the 9mm is King!

Thanks children. We'll take the good old .45ACP.

FYI (if you were one of the mob) **FAIRBAIRN** expressed the fact that the Colt .45ACP handgun was the all-round best a generation *before* Jeff Cooper (we think **correctly**) also endorsed this magnificent combat weapon.

Take your choice. It's you and yours that you'll be protecting, after all.

Do Not Miss!

An enormous source of instructional articles, professional commentaries, book reviews, and the American Combato System's structure, contents, and philosophy. NEW MATERIAL ADDED EVERY MONTH ... ALL FREE!

GO TO:

WWW.SEATTLECOMBATIVES.COM

Total of over 400 articles packed with instruction, training tips, suggestions, insights, and technical close-combat and self-defense advice!

After reading the latest entries, check the "archives" (bottom of each page)

for lots and lots more FREE material devoted to quality skills, mental conditioning. Years of valuable writings! We've been a pioneer of what today is called "Reality Based Self-Defense" and the purveyance of the "WWII Close Combat Systems" since the late 1960's — long before most of today's "intruc-tors" were born! Our writings reflect the knowledge, skills, and teaching experiences acquired over a period of 60 years, and of our training, learning, and doing!

The Error Of "Force Continuums" In Self-Defense

ONE of the truly significant figures in the field of self-defense was the late Bruce Tegnér. We have always recognized Tegnér as a man ahead of his time and, unfortunately, much maligned by many in the martial arts who weren't one fiftieth as competent, practical, and sensible, but who — so typical of humans who are second-handers — enjoyed disrespecting one who clearly was their superior.

In our bibliographic study of the literature of the close combat and self-defense arts (ie *Manuals On Mayhem*) we gave Bruce Tegnér what we felt — and still continue to feel today — was long over do recognition and credit. Tegnér's books on **practical self-defense** are excellent. His *Jukado* System was a giant advance in the 1970's toward **practical realism** in the

field of martial arts.

Admire and respect the late Bruce Tegnér as we do, we nevertheless have certain point of disagreement with his philosophy of self-defense. One thing that we definitely take exception to is Tegnér's continued insistence in virtually all of his works that one must judge attacks according to their severity, and deliver punishment *in accordance with the degree of the threat*.

This idea, which, without calling it such, was Tegnér's advocacy of a **force continuum**. That is: You measure the degree of severity of your "defense" based upon the degree of severity of your assailant's "attack". This would seem to be in keeping with that component of English common law that says you may use that amount of force, and *only* that amount of force necessary to stop your attacker. **We insist that this is arrant nonsense and constitutes a dangerously inappropriate regulation of innocent people's self-defense actions.** Perhaps *well intentioned*, the idea of following this nonsense in the face of a sudden, violent and dangerous attack, should be disregarded by those serious about survival and personal protection. **Here's why:**

- It is impossible to know the precise *intentions* of any assailant;
- It is impossible to know the *capabilities* of any assailant;
- You do not know the history and background of any assailant;
- Murders, hideous maimings and beatings, rapes, and abductions have been initiated by what at first might be perceived to be "mild" or very "simple" and by no means "deadly" offensive actions.
- If you react with a mild defense to what proves immediately thereafter to be a **dangerous and deadly** attack, you will almost certainly be unable to "ratchet up" in time, and elevate your own counteroffensive soon enough to save yourself or a loved one. Attempting this approach to "self-defense" is in essence playing **catch up**, and the aggressor always gets first shot! On the other hand if you explode with a ferocious counter and see that your attacker

is now running away or has given up due to the injury he sustained (thus allowing you to escape), fine. Scaling *down* is easy and safe.

Violent physical attacks are ***ALL*** potentially lethal; even those that the attacker intends only to be mildly injurious or intimidating. **You do not play with violence.**

Fools have used guns and knives to intimidate and to facilitate robberies ***while having no intention whatever to use their weapon to kill their victim.*** Rapists, murderers, and vicious violent felons who intend to brutalize and kill, on the other hand, often *begin* their lethal violence with a mere push, relatively simple wrist, clothing, or arm seizure, etc. Sometimes an abduction, murder, beating, or rape begins with the scumbag “merely” blocking the intended victim’s way. (Ladies: Ted Bundy’s brutal rapes and murders normally began with the friendliest of approaches . . . even asking for the victim’s assistance, while falsely appearing to be injured or helpless.)

You have no way on earth of evaluating and analyzing the precise degree of danger you are in when confronting a violent troublemaker. NONE. Common sense therefore dictates (as far as *we* are concerned, anyway) that the private citizen who is suddenly confronted by physical danger from any extralegal assailant **act and act fast, *always assuming:***

- That he is in serious danger of being knocked out, maimed, or killed, because his attacker intends the worst degree of harm toward him, ***regardless of the initial aggressive gesture;***
- That the attacker is his (ie the victim’s) physical superior and is the most dangerous individual in the world;
- That the attacker is almost certainly **armed** (even though no weapon is presently in the attacker’s hand), and that he has access to a knife, gun, or other lethal implement . . . likely concealed on his person;
- That, although perhaps not immediately apparent, the attacker

is *not* alone, and that a second or even a third assailant may well be a party to this outrage

Those who find our approach uncomfortable simply do not understand or appreciate just how *violent* and just how *dangerous* a **violent, dangerous** physical attack really is. Such outrages must be dealt with using the most severe and decisive countermeasures.

There is no time to check the attacker's history and background.

There is no way to read the attacker's mind (and certainly no reason to *believe* anything that he says! (Ie "Do what I say and I won't hurt you", etc.).

There is no way to check (with X-ray vision?) to see if the attacker is armed with a knife or gun.

There is no way to know how strong, fast, vicious, and experienced in injuring people any physical attacker may be.

Train to react with explosive, crippling, decisive force the very second that you realize you are in danger. Give no quarter, have no mercy, show no compassion or forbearance. JUST DEFEND!

We will close by acknowledging that law enforcement officers *do* have a practical need for training according to a force continuum, when it comes to applying force. But the private citizen is not out there hunting and deliberately confronting suspects. So . . . leave arrest and control methods to the police, and leave "non injurious self-defense", "humane self-defense", and all sorts of ridiculous "force continuums" to those fools who think that handling violent predators is occasionally a cakewalk.

Be real.

Determine to *never* succumb to *any* street scum — **ever**.

Live In The Seattle Area?

Call Us About Our Standard Course, Or About Short-Term Intensive Training. Group Classes And/Or Private Lessons. Complete Beginners Always Welcome.

Live Anywhere Else?

Call Us About Our Intensive Courses For Out-Of-Towners. Or check out our Home Study DVDs!

Practical, Effective, Reliable, No-Nonsense

Training In Real Self-Defense!

53 years teaching experience: Including law enforcement, military, security professionals, bodyguards.

We customize courses for anyone with special personal or professional requirements.

206-523-8642

Don't put it off. Start building lifesaving skills and self-confidence before you need it.

An absolute must for city living!



Shoulder And Cross-Draw Holsters

COMPETITION shooters, like practitioners of weaponless martial *sports*, train for and function in an exciting and enjoyable, but far from realistic setting. Excellent target marksmen as some competition shooters are, the use of the handgun **for real** against living, breathing, fast-moving, unpredictable predatory felons who are themselves armed, presents an entirely different challenge than match and range shooting presents.

For competition shooting a small variety of pistols and holsters have proven to be best. Thus an individual whose objective it is to excel in competition is well advised to become expert with the best pistol/holster combination for the purpose of winning matches that is available.

Unfortunately, the widespread myth that competition shooting equals preparations for combat shooting has led many to assume — in addition to that myth — that the specific handguns and specific holsters that are best for sporting matches are also best for practical use. **W R O N G.**

In the United States we have the widest and most extensive selection of *excellent* revolvers and semiautomatics in the world. These many different handgun configurations exist precisely because *varying needs exist*. And while a certain type of semiautomatic of a certain caliber may be regarded as wholly undesirable for the aspiring competition champion, **that same weapon of that same caliber may suit some individual's need for a carry weapon *perfectly*.**

Years ago the idea was advanced (by someone who should have known better and **would have**, had he not become a true believer in “competition as the acid test of combat ability”) that the revolver would soon become obsolete. **CRAP!** Revolvers are every bit as important today as personal weapons of self-protection as semiautomatics. *It is true that*

semiautomatics dominate open competition, but so what? We are not concerned with “open competition” now . . . we are concerned with **combat** and with **self-defense**, and with the practicality of various weapons and carry modes for that purpose! Revolvers are valuable, reliable, excellent weapons. (And they probably will remain so until, at some distant future date, we start using Buck Rogers type ray guns!)

This same philosophy applies to holsters. It is probably true that the “high hip” (or FBI) carry method, using a holster designed for that purpose is the all-round fastest access holster you can use. **But it is neither comfortable nor practical for everyone, all of the time. It is certainly the holster of choice for competitive shooters, and the outside or inside-the-pants versions are what the “champions” use in matches.** But match requirements do *not* equal **REAL WORLD** requirements — for holsters *or* for handguns.

We are a strong advocate of two holster types that we have found to be outstanding for practical, everyday carry: **shoulder holsters**, and **crossdraw holsters**. we would say at this point that we cannot conceive of any single holster that could possibly fill any individual’s needs for concealed carry *all of the time*. The person who goes armed daily will almost certainly need and want to avail himself of *at least* two different holster type. Clothing, climate, comfort and terrain need to be accommodated; and in our opinion no single carry mode and no single handgun will do it for anyone who goes constantly armed.

The finest shoulder holster for defensive and combat carry in our opinion was the one designed by the late Col. Jeff Cooper and a colleague. This “Hardy Cooper Shoulder Holster” was available in the 70’s through Milt Sparks in Idaho. Today, the Company continues to make fine holsters. but Mr. Sparks has passed on, and the Hardy-Cooper rig is no longer manufactured by them.

We were delighted recently to discover that another first class holster company produces the closest thing to the old Hardy-Cooper rig; its product being of virtually identical design! **Nevada Gun Leather** is the place to go.



ABOVE IS NEVADA GUNLEATHER'S EXCELLENT SHOULDER HOLSTER. THEY CALL IT THE "SPRINGCLIP SHOULDER HOLSTER", AND — FOR CONCEALED COMBAT CARRY — WE RECOMMEND IT HIGHLY. THE PHOTO ABOVE IS FROM THIS EXCELLENT COMPANY'S WEB SITE:

WWW.NEVADA GUNLEATHER.COM

A quick combat draw from this holster can be achieved with practice. Although not a "competition rig", we'd strongly recommend this holster for the person with a practical need for a practical rig.

Crossdraw holsters are extremely practical — and for many (including this writer) are very comfortable.

De Santis and Galco — two outstanding holster manufacturers — offer very well-made, practically efficient crossdraw holsters.

We cannot honestly recommend either the De Santis *or* the Galco crossdraw holster over the other. Both are really well made and excellent products. We believe that either one will admirably serve the purchaser who wants this type of holster.

It may be of interest to know that one of the greatest authorities in the world on combat handguns, combat shooting methodology, and close combat —

i.e. the late Col. Rex Applegate, who was one of our personal teachers and a beloved colleague for more than 25 years — opted for a crossdraw holster for his .38 (later .38 Special) carry revolver.

It also may be of interest to know that the Father of Close Combat Shooting Technique — the late Lt. Col. William Fairbairn — was a strong advocate of *both* crossdraw *and* shoulder holsters. Like ourself and Col. Applegate, Fairbairn had no interest in or concern with “competition shooting”. The forte of these men was **COMBAT**, pure and simple. And their methods grew out of **combat necessity, experience, and research**.

Combat and self-defense employment of the handgun has nothing to do with *competition* handgun shooting. We certainly respect the often amazing shooting acumen demonstrated by “champion” shooters; but we distinguish — as one must — between **sporting/recreational** shooting and what Fairbairn so aptly called, *shooting to live*.

If **your** concern and interest lies in the use of your sidearm for personal protection or military combat remember that **having that weapon with you when you need it, all the time, and being able to access it properly from a reliable and comfortable holster, makes at least the consideration of shoulder and crossdraw rigs something you would be foolish to ignore.**

**Now You Can Train Your
Mind As Well As Your Body, With Our ...
New And Exclusive Self-Hypnosis Programs!
(The *Perfect* Compliment to Our DVD Training Course!)**

“If you are going to win any battle, you have to do one thing. You have to make the mind run the body.”

— General George S. Patton, Jr.

Mental Conditioning is at *least 50%* of what is required to be successful in close combat, hand-to-hand battle, and self-defense emergencies. And there is *nothing* so effective in conditioning the mind as **HYPNOSIS**. However, the hypnosis must be professionally rendered, and unless the hypnotist is a genuine expert in and authority in the specific field in which the subject is being assisted, he can be of very little help.

Prof. Steiner has been a State licensed hypnotherapist for more than **25 years**. He has been immersed in the martial arts, weaponry, self-defense, personal survival, and physical readiness fields for *more than half a century!* Now you can enjoy the finest self-hypnosis programs designed to condition the minds of students for all aspects of personal protection, combatives, and readiness!

There are **20 Complete Self-Hypnosis Programs** available:

- 001 - “Fear Into Fury!” — Mastering Fear Energy**
- 002 - Embedding The Combat Color Code**
- 003 - Eliminating Your Fear of Being Physically Beaten**
- 004 - “Warrior’s Heart” — Desensitize Yourself For Combat**
- 005 - Tapping In Instant-Violent-Response Capability**
- 006 - Building The Determination to Prevail In Close Combat**
- 007 - Become Attack Minded**
- 008 - Develop An**
- 009 - Develop Ruthlessness For Self-Defense**
- 010 - Sharpening Your Situational Awareness**
- 011 - The Anticipatory Attitude - Overcoming Astonishment**
- 012 - Developing Real Courage**
- 013 - Build Confidence When Facing A “Tough Guy”**
- 014 - Develop Coolness And Nerve in the Face of Danger**
- 015 - Mastering the Ability to Take an Enemy by Surprise**
- 016 - Becoming Convinced That it Really Can Happen to You!**
- 017 - Banishing The Fear of Bullies *Forever***
- 018 - Become Ready, Willing, and Able to Do *Anything* In Self-Defense**
- 019 - Eliminating Hesitation and Becoming Decisive**

020 - Raising Your Threshold of Pain to Your Vital Reserves

Each Program Is \$25. Plus a \$5. Shipping and Handling Fee. \$12. for foreign orders.

Send cash or money order (payable to Brad Steiner) to:

Brad Steiner

P.O. Box 15929

Seattle, Washington 98115

New Release!

In Stock and Ready to Ship!



A beautiful 6 x 9 softcover book with 112 pages, 15 chapters, including 73 photographs of the author posing for each exercise!

ALTHOUGH written decades ago this book, originally published by Peary Rader in the *original* Iron Man Magazine, contains everything you need to know to use weights sensibly and effectively to develop strength, muscularity, and the kind of solid, all-round condition you need for self-defense and close combat.

“You can order a copy directly from us. If you order this book from us, I will autograph it personally to you.” ***Bradley J. Steiner***

Twenty-eight dollars (that ***includes*** shipping and handling). For ***all foreign orders*** total cost is \$35. (in U.S. funds) to:

Brad Steiner
P.O. Box 15929
Seattle, WA. 98115
U.S.A.

***MENTAL CONDITIONING FOR CLOSE
COMBAT AND SELF-DEFENSE — \$30.***

A brand new **214 page** self-instruction book that is available *nowhere else*. It is copyrighted, but you may print out a hard copy for your personal use — or read it on your computer screen. This is the first book to actually teach a comprehensive program of mental conditioning for the combatives student or professional.

FREE with this book, on the same CD, is a copy of Jack Grover's classic, *DEFEND YOURSELF!*, and Robert Carlin's impossible-to-find gem, *COMBAT JUDO*. These two books should be printed out in hard copies for serious study.

RECORDED IN THE HIGHEST QUALITY SPEED, AND ON THE FINEST QUALITY CD DISCS IN "PDF" FORMAT FOR YOUR CONVENIENCE AND LIFETIME LEARNING.

\$30. + \$3. Postage, cash or money order, payable to Brad Steiner. Send order to:

**Brad Steiner
P.O. Box 15929
Seattle, WA. 98115
USA**

As we receive numerous requests to quote items and passages that appear here in *SWORD & PEN* and on our other web site, www.seattlecombatives.com, from the various sections there, we will again state the terms by which our material may be used **and used only non-commercially**:

- 1. We must be quoted in context.**
- 2. Credit must be given for that which is quoted/referenced.**

3. Neither obvious nor implied endorsements of *any* teacher, system, product, publication, course, school, or method may be made by using any of our material, or by suggesting that we, personally, endorse same. **ONLY** that which we specifically endorse *in writing* may be utilized as an endorsement or suggestion of our personal approval or agreement.

PLEASE be sure to tell others about this site and about our other web sites.

We would like as many as possible to benefit from the information and instruction that we provide!

YOURS IN DEFENSE,

Professor Bradley J. Steiner

www.americancombato.com

www.seattlecombatives.com

www.prescottcombatives.com

—end—