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Sword and Pen  
Official Newsletter Of The International  
Combat Martial Arts Federation (ICMAF)

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July 2018 Edition

Editorial

*Patience*

IT takes far less time to become proficient in practical self-defense if you train in a modern form of *combatives*, like *American Combato*, than if you undertake a classical martial art or competitive martial sport with the goal of self-defense uppermost in your mind. Certainly a highly proficient classical *karate* or *ju-jitsu* student will probably be able to handle a physical attack emergency . . . but it would likely take a solid four or more years of hard training before that was probable. (We are speaking now of *serious* physical attacks by determined, dangerous violent felons.) A young man in hard training and

actively competing in virtually any martial sport — be it boxing, competitive karate, judo, wrestling, kick boxing, MMA, etc. — would also likely have little trouble handling most unarmed attacks by single assailants. But the sportsman is still (despite mythologies that are extant today) at a serious disadvantage against many *real* types of attacks — i.e. armed, attacks from behind, multiple assailants, experienced street fighters whose tactics are good, etc. — and after his competitive years have passed, his acumen for handling genuine criminal violence will diminish further — and drastically.

If self-defense is your objective then practical, real world skills designed and intended for **real individual human combat**, taught with enormous doses of **mental conditioning for combat** and **tactical training**, is the answer. This type of training is not “better than” classical or competition work, but it certainly is *different*. And it needs to be. It needs to be because real close combat is very different than archaic, formalized battle skills that are taught in accordance with strict stylistic prejudices, or carefully regulated competition skills — however rugged and demanding — that do not have knocking an enemy out, maiming an enemy, or — if necessary — killing an enemy, as their ultimate purpose.

Having said all of the above let us hasten to emphasize that, despite practical skills for real combat being easier and quicker to learn, and being capable of placing proficiency in the student’s hands in perhaps one fifth or one sixth the amount of time that classical or competitive skills can hope to *possibly* accomplish this particular purpose, **it still takes time and effort**

**in order to achieve the desired results. PATIENCE is demanded. There are no “shortcuts”, “quick fixes”, or overnight or weekend accomplishments of proficiency.**

Because of their great simplicity and ease of learning, we observe that serious combatives are sometimes taught in brief seminars or weekend programs. You must be cautious here. Certainly it is possible to learn a great deal of practical material in a well-organized seminar, or over the course of a serious weekend’s training. However, it is *not* possible for a reliable all-round level of **proficiency** to be achieved in so short and brief a program. *It takes time.* A good example which we can take from the combat sport of Western boxing: You can teach a serious, intelligent student who is in normal condition and eager to learn, the basics of boxing within a few hours. However, he will by no means then be a “boxer”, nor will he be ready to enter the ring and fight. In fact, it can be months or *years* before a student has developed the techniques of boxing to the point where he is a formidable boxer.

Certainly it will take at the very least **weeks** of hard, daily training before a student who has learned the fundamentals of close combat is able to apply them automatically and reliably in an emergency. It will take at least a year or two before a student can become truly *expert* in unarmed combat; and for someone whose interest in the Art is genuinely deep and dedicated, it will require at last two to perhaps three or four years before he is an all-round expert — with bare hands (on the offense or in defense), and with a stick, knife, handgun, and unconventional (improvised) weapons.

When you consider how *brief* this timespan really is, it is unfortunate that so many who say that they “would love to really master close combat” don’t. The reason why in just about all instances is a failure to **patiently train**; to give it time; to not expect expertise to come easily. Once you *learn* something you must then *train hard* in order to *be able to do it*. **And when it comes to real world self-defense and close combat being able to do it is vitally important! This kind of training is not for esthetic satisfaction, exercise, discipline, or cultural enlightenment. Much of that may indeed come with the development of expertise, but the critical FIRST PURPOSE and PRIMARY OBJECTIVE is to be able to prevail in serious, dangerous interpersonal combat.**

Good things take time. Do not falter in your efforts and discipline after the initial novelty of training wears off. We live in an age where instant gratification is widely sought, and where people expect things *now*; and when they do not get them “now” they become disheartened and disillusioned. They become bored. *But repetition and repetitious drill — over and over and over again, day after day — is the inescapable price that must be paid in order to train the motor memory.* When a situation develops there is no time for careful, conscious, lengthy recollections and deliberation. It’s now or never! And patient daily training remains — in 2018 — as essential as it was when the martial arts were originally taught, hundreds and even thousands of years ago.

**Bradley J. Steiner**

**AMERICAN COMBATO  
JEN-DO-TAO™**



**"The Way of Combat"  
Academy of Self Defense  
DVD # 1 Fundamentals  
and Introduction**

**"ATTACK THE ATTACKER!" - Bradley J. Steiner - 1972**

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**AMERICAN COMBATO DVD #7**

**AMERICAN COMBATO DVD #8**

**AMERICAN COMBATO DVD # 10**

**AMERICAN COMBATO DVD # 11**

# **DVD Course Now Available!**

*You Can Learn Self-Defense and  
Close Combat At Home.*

***Here are a few comments  
about us and what and how  
we teach, from a handful of  
the many genuine authorities  
in the field of close combat  
and self-defense who are  
familiar with us and with our  
work.***

**“Brad Steiner is one of the three finest instructors of close combat and self-defense that I know of, in the world”**

**— James R. Jarrett, Former U.S. Army Special Forces and LAPD SWAT/Protégé of the late, internationally famous defensive tactics and baton master, Robert Koga. Mr. Jarrett holds a 5th degree Black Belt and is a renown firearms, self-defense, and counterterrorist instructor. He is a former university professor and an author.**



**“ [Brad Steiner] is simply the finest teacher of any subject that I have ever had . . . I feel deeply blessed to be able to know and to study under him”**

**— Greg Anderson,**

**Third degree black belt, author of Weapons At Hand, accomplished professional athlete (wrestled at the national level and played college football), world-acknowledged authority on physical training, author, and Director of Ideal Exercise, one of the finest fitness facilities in the Western states.**

**“Brad Steiner knows real self-defense and what works in hand-to-hand combat like no one on earth! His Method is incredible!”**

**— Detective Ralph Friedman (NYPD Retired),**

**Ralph was, at the time of his retirement, the most decorated police officer in the history of the NYPD. He has received, among other awards, the coveted ‘Combat Cross’. Ralph was featured, along with his brother — an NYPD Transit Police Officer — on the TV Show Top Cops.**

**“Your Method is excellent. You have expanded upon and improved considerably the method I learned from Fairbairn and Sykes during WWII and what the USMC taught to the Raider Battalions. And you’re a very good student and teacher”**

**— Maurice (“Maury”) Geier,**

**Former U.S. Federal Agent and counterintelligence officer during WWII. Also a combat shooting instructor for FBI and other federal officers, as well as a hand-to-hand combat teacher who was so fierce he earned the nickname “Deathhouse Geier”.**

**“Your American Combato is a very good System”**

**— Charles (“Charlie”) Nelson,**  
WWII hand-to-hand combat judo instructor with whom we trained for nearly three years. It was from Nelson that we learned the O’Neill System, as well as what A.J. Drexel Biddle taught (Charlie was one of Biddle’s students).

**“You are indeed a ‘Professor’ of combat arts! I quote you all of the time”**

**— Grandmaster Jim Harrison,**  
The premier pioneer in America of the Asian fighting arts of ju-jutsu and karate. The late Bruce Lee once said of Jim Harrison that he is the one person he would not like to fight. It would take a thick pamphlet to describe all of Jim Harrison’s accomplishments and contributions to the combat arts in America.

**“From you I learned the valuable lesson of ‘attacking’ instead of ‘defending’ when you have to defend yourself”**

**— Grandmaster John McSweeney,**  
The “Father of Irish Karate”, John was one of Ed Parker’s first Black Belts. John also studied boxing, judo, ju-jutsu, and kung fu. The quotation above is from a letter John sent to us after reading our Tactical Skills of Hand-to-Hand Combat. We maintained a correspondence and friendship until John’s passing.

**“You certainly do make many excellent points about how mental conditioning for self-defense may be achieved. Although I had never anticipated RET (Rational Emotive Therapy) being utilized for martial arts training, you have done quite an impressive job. I appreciate your outstanding abilities with hypnosis, and I think that your innovative ideas deserve a widespread audience”**



**— Dr. Albert Ellis,**

**One of the most famous psychologists in the world. Of him Dr. Robert A. Harper once wrote that he believed Dr. Ellis' contributions are as significant as those of Dr. Sigmund Freud. We owe a good deal of how we work with students to achieve all sorts of psychological breakthroughs to our intensive study of Dr. Ellis' works.**

**“ [Y]our articles are read, studied, and saved whenever they are published. You have an understanding and command of the subject of fighting that very few people have”**

**— George Kalishevich,**

**Former USMC Sergeant and combat veteran of Southeast Asia. Kalishevich was a multiple Black Belt holder, a boxer, weight trainee, and hand-to-hand combat teacher since the 1960's. He was also an experienced bouncer. He passed away several years ago.**

**“As a law enforcement officer working dangerous assignments in the most violent parts of the New York metropolitan area in the 1970's, I found that Mr. Steiner's advice was always on the money. The information contained in his articles in Combat Handguns, Handguns, American Handgunner, and Soldier of Fortune magazines was lifesaving. As a professional armed and unarmed combat trainer, I regularly referred to many of the concepts Mr. Steiner wrote about. He often went right to the source to discover how and why certain methodologies worked. Bradley Steiner is one of the few civilians actually certified by Col. Rex Applegate to teach close combat.**

**The late John McSweeney . . . dubbed the ‘Father of Karate in Ireland’ told me that he also was greatly influenced by Mr. Steiner’s writings, especially the idea of paring down close combat techniques to a few essential strikes, trained to perfection. Mr. McSweeney told me that he had a pet name for Brad Steiner. He called him ‘The Monk,’ in reference to Mr. Steiner’s vast knowledge of martial arts and mayhem. My own writing about martial realism was inspired by Brad Steiner’s”.**

**— Grandmaster John Perkins,**

**The brilliant innovator of ‘Guided Chaos’, John Perkins’ background in unarmed combat (and armed combat) is the result not only of training but of lots and lots of real world experience.**

**The First and Only Complete Self-Defense and Close Combat Course in American Combato (Jen·Do·Tao) on High Quality DVDs!**

**Eleven carefully prepared professional instructional DVDs describe and demonstrate the most practical, powerful, reliable, and authentic skills of no-nonsense realistic and war-proven unarmed and armed hand-to-hand combat methodology and personal defense developed since WWII! This Course, describing methods from that System developed in the early 1970’s by Bradley J. Steiner, which crystalized into the American**

**Combato (Jen·Do·Tao)™ all-in modern close combat/self-defense martial art in 1975, will teach you how to defend yourself and those you love in any situation! Some of these methods have been copied, imitated, and pirated during the last 25 years, but a complete self-defense course derived directly from the original and authentic System — and the only authorized presentation of American Combato — is now available for home study. All of the techniques, all of the theory, and all of the mental conditioning and related doctrine in these DVDs is presented by the System's originator, Prof. Bradley J. Steiner, himself. Like Fairbairn, Sykes, Applegate, O'Neill, Brown, Begala, and Biddle in the second world war — from whose lineage this modern Martial Art is a direct descendant — Prof. Steiner clearly, simply, and plainly instructs in real world, lifesaving combatives doctrine.**

**You can order any of the eleven DVDs individually, or you can purchase the entire Course, in which case you pay for only ten DVDs. You receive one FREE!**

**Each DVD contains the equivalent instruction normally given in four to eight private lessons. This Course is the equivalent of at least 50 private lessons with Prof. Steiner, personally! And you can review this instruction again and again, and save the DVDs for your children to study when they are old enough.**

**IMPORTANT NOTICE!—**

**The system of martial arts presented in these DVDs is not a "traditional" or "classical" martial art.**

**These DVDs, and the information, and techniques contained within should not be taught, shown, or divulged to anyone under 18 years of age.**

**Due to the serious nature and lethality of the techniques shown, no one under 18 should be instructed in the techniques.**

**Due to potential serious injury or death, minors under the age of 18 should not be allowed to purchase or view the techniques demonstrated on the DVD's and in the system.**

**Minors lack the proper judgment and emotional restraint and discipline and should not be entrusted with the techniques contained herein.**

**Please utilize the techniques only in those situations where you would utilize a lethal weapon, similar to using a firearm, an improvised or edged weapon.**

**Please keep DVDs in a safe place out of the reach of minors, similar to safekeeping of firearms.**

**Contents:—**

***DVD #1 FUNDAMENTALS***

- How to stand, move, distance, and position yourself
- The combat color code
- Attack mindedness

- Evasive footwork
- How to shield
- “Fairbairn’s Four” —

The chinjab smash, the handaxe chop, the tiger’s claw, and the side kick. All clearly explained and demonstrated so that anyone with no prior experience in any martial art can understand and develop the skills! These are the first four of *American Combato’s* 16 Key Blows (originally regarded by W.E. Fairbairn as the “most essential” basic blows, comprising a complete mini-system of personal hand-to-hand combat, once mastered).

### **DVD#2 BASIC BLOWS**

- Continuing from “Fairbairn’s Four”, this powerful presentation completes your lessons in the remaining 12 Key Blows — the most practical and effective blows — in unarmed close combat.
  - The straight heelpalm
  - The knee attack
  - The front kick
  - The elbow smash
  - The fingertips *thrust*
  - The fingertips *jab*
  - The snap kick
  - The backfist-forearm smash
  - The hammerfist-forearm smash
  - The basic straight punch
  - The ear box
  - The throat lock

### **DVD#3 ATTACK COMBINATIONS - FIRST SERIES**

- Powerful and devastatingly effective combinations of attacking actions which are adaptable to an infinite number of situations and emergency circumstances. These attack combinations utilize the Key Blows, and include additional offensive unarmed combat actions and tactics. which enable you to infinitely combine, and

improvise limitless sequences and applications of ferocious attacks of your own.

This DVD focuses on attack combinations leading with *HANDAXE CHOPS* and *THRUSTING ACTIONS*, the first two categories of “attack combinations” in *American Combato*.

In this and the next DVD you will learn more combinations of each type than you would ever possibly need.

#### **DVD#4 ATTACK COMBINATIONS - SECOND SERIES**

- Completing a well-balanced, comprehensive curriculum in vicious, unconventional, yet simple and readily applicable attacking sequences which enable the practitioner to overwhelm and disable any assailant. These combinations continue to expand your capability with the Key Blows and with other actions and tactics, and turn you into a dangerous, unpredictable, offensive combatant in close quarters combat. You’ll be an expert at taking the battle into the enemy’s camp and *attacking your attacker!*

This DVD trains you in *DISTRACTING LEAD ATTACKS*, *KICKING LEADS*, and *MISCELLANEOUS LEADS*.

#### **DVD#5 COUNTERATTACKING THE UNARMED FRONTAL ASSAILANT**

- No realistic close combat system is worthwhile unless the matter of *counterattacking* (i.e. reacting to attacks which you have been unable to preempt) is covered. In this DVD you will learn:

- How to immediately react with devastating and decisive force against any grabbing type attack from the front
- How to break holds that attackers might apply if they catch you off guard
- How very simply to counter punching or kicking attacks

#### **DVD#6 COUNTERING THE UNARMED REAR ATTACK**



- Attacks from behind are *deadly*. Learn first and foremost to guard against leaving access to your rear. However, if caught unaware, learn

- How to counter sudden grabbing attacks from behind
- How to counter holds that may be applied from behind

### **DVD#7 COUNTERING KNIFE AND CLUB ATTACKS**

- The proper tactics and mental ploys applicable to these situations is emphasized. Technically, you will be taught

- How to deal with knife *threats*, from varying positions
- How to save your life if attack by an adversary who is determined to slash or to stab you with a knife
- How to counter overhand club attacks
- How to counter the backhand club or baseball bat swing

### **DVD#8 COUNTERING HANDGUN AND SHOULDER WEAPON THREATS**

- Obviously these, like knife and club attacks, are *deadly* threats and only the simplest, most basic and reliable methods should be studied. No weapon “takeaways” or complicated nonsense here! These are commando type actions and will work under the most adverse conditions. Intended to save lives — not your wallet.

- Frontal handgun threats
- Side handgun threats
- Rear handgun threats
- Frontal shoulder weapon threats
- Side shoulder weapon threats
- Rear shoulder weapon threats

### **DVD#9 COUNTERING MULTIPLE ATTACKERS**

- Key principles and tactics of countering more than a single aggressor

- The core *scenarios* and how to develop counterattacking capabilities against two or more attackers that *really work*.

### **DVD#10 HOW TO USE THE STICK FOR SELF-DEFENSE**

- Basic stick techniques
- The *complete* Fairbairn stick method (beyond what is taught in *ALL-IN FIGHTING/GET TOUGH!*)
- The USMC's Kengla Technique
- Some advanced stickwork combinations
- How to use the *yawara* hand stick (for modern applications)

### **DVD#11 KNIFEWORK**

- Psychological factors
- The universal grip (for stiletto and Bowie type knives, as well as for kitchen, utility, and all other types of knives, and for improvised stabbing and cutting implements)
- Knife *offense*
- Defending yourself with a knife

The cost of each individual DVD is \$59.95 + \$6. shipping and handling (**\$20. postage and handling for foreign orders**)

If you purchase the complete 11-DVD Course you pay only for 10 DVDs, bringing the total cost to \$599.50. You get one DVD FREE.

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That's just under \$600. for \$7,500. worth of training!

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**Brad Steiner**

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Seattle, Washington 98115  
U.S.A.**

You will want to study these DVDs again and again, as they are rich in content and packed with solid, reliable information and instruction!

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### **No “Magic Number” Of Repetitions**

**WE** recall reading an article years ago that maintained that in order to become proficient in any given physical technique (regarding a sport, a discipline of another kind, or a combat technique, etc.) one needed to do *at least* 3,000 repetitions.

We cannot recall the author of this article, nor can we remember what “credentials” he possessed that made his thesis seem correct and unassailable. In point of fact however, *whoever* the hell this author was, and despite his possessing three Ph.D degrees from Harvard (or whatever the hell, if anything, he could lay claim to as evidence of his being an authority) we insist that his entire presentation was pure, unadulterated **b-u-l-l-s-h-i-t**.

We *know* that this nonsense about 3,000 (or 1,000, or 5,000, or ten million, or whatever the hell anyone claims to be the “necessary number of repetitions before proficiency is achieved”) is crap. And we know it from our personal training experiences, and from the experiences we have had with more students over the last half century than we can remember. Both Prof. Bryans and ourself have had the experience of having a student — after only a rudimentary one or two lessons —

render one or more of the techniques that he had been shown against a real adversary, during an actual attack. How many repetitions of, say, the chinjab, handaxe chop, or side kick did the student have under his belt? Maybe 40 or 50 *if* he did his homework between lesson one and two and practiced what he had been taught in his lessons over and above what he was required to do in order to learn the techniques. Three thousand repetitions, our ass!

Now we certainly do not wish to suggest that lots and lots and lots of repetitious practice and drill is *not* necessary in order for well-rounded expertise to form in the individual. The more repetitions, the better. **But it is important to know that every person is different, and, depending upon how any given individual applies himself and focuses during training and review, he may require less or more time to acquire whatever technique is in question.** Some people learn and pick up skills exceedingly fast; others may take a very long time. But stating that some arbitrary fixed number of repetitions is invariably required by *everyone* in order to learn *any* skill, is nonsense of the worst kind.

We advocate that every student get to know himself — his strengths, his limitations, his strong points, his weak points — *and* that he simply endeavor to practice **as much as possible and concentrate and focus seriously and intently** whenever he does practice. The student who does this will learn at his own fastest pace, and he need not have some dumb number in mind which, after racking up that many repetitions, he will *expect* to be proficient. Will he be unable to apply a technique after 2,995 repetitions? Or will he, despite unusual physical irregularities and a far below-average level of physical acumen, be quite able to do whatever any expert can do, once he reaches the 3,000 repetition mark?

Come on.

You will require that number of repetitions necessary for **you** to master the technique. Neither we nor any other teacher can set down a fixed

number and assure you that, somehow, *that* number of repetitions will insure that you will be able to apply what you have been taught.

Train seriously, and train as much and as often as you realistically can. Have no preconceptions regarding “when proficiency will manifest”. If you train earnestly, it **will** come about. Be satisfied with that.

OK?

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**14 New Instructional Presentations - AVAILABLE NOW! *Many more . . .***

**COMING VERY  
SOON!**

## **PDF Informational Briefs**

There are numerous important topics and miscellaneous presentations that are too short for full length manuals or books. We have decided to offer them for the benefit of all martial arts students concerned about **serious, real world self-defense and close combat** — *with and without weapons*.

These Briefs will provide you with valuable information and in some cases little-known but useful items of information that will enhance your knowledge of and your ability in self-defense, close combat, and related fields.

We will have three categories of “PDF Briefs” for sale:

- 1. Self-defense and close combat**

2. **Urban survival and spy tradecraft**
3. **Physical training**

*Here's how this works:*

- Select the PDF Briefs that you want.
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*“How can we afford to sell these training briefs for such little cost?”*  
*Answer: There is no printing cost to us, and no cost to mail. So we simply email the PDF to you, and you can print all the hard copies you wish, and/or read the information on your computer screen!*

Our *first* PDF Briefs are listed below. **Make your selection!**

**Brief #1: *The Last Speech Given By Col Rex Applegate***

*(Full unedited speech with accompanying commentary)*

**\$4.**

**Brief #2: *Total Readiness For Self-Defense And Close***

***Combat — With and Without Weapons***

*(Provides a guide to the personal attributes,*



*capabilities, and skills that make for well-rounded, comprehensive readiness for “close range interpersonal confrontations” {U.S. Pentagon} )* **\$4.**

**Brief #3: Fairbairn’s “Silent Killing Course”**

*(Original and full outline as Fairbairn drafted it — with commentary)* **\$4.**

**Brief #4: “Stay On Your Feet!”**

*(The truth about real individual combat vs. sporting matches, and why the myth of ground fighting for self-defense and military close combat is misleading many regarding effective combatives)* **\$4.**

**Brief #5: Rules Of Self-Defense**

*(Of course there really are no “rules” in a self-defense emergency; but this Brief synthesizes those precepts that will guide you to realism in your training)* **\$4.**

**Brief #6: Close Range — Quick Reaction!**

*(What you don’t learn in the shooting schools, but what has been proven to be the right way to use a handgun in personal defense and in war)* **\$4.**

**Brief #7: Remembering Charles Nelson And His Valuable Lessons**

*(We remember our years with “Charlie”; including some of the actual self-defense tips he taught, and a copy of the Men’s Magazine article about Charles Nelson, from 1960)* **\$4.**

**Brief #8: *Most Common Street Attacks - Per Dept. Of Justice And Other Studies - And Tips On Defense***

*(Here are the most likely ways in which you may expect to be attacked; with powerful tips on how best to be prepared to defend against them)*      **\$4.**

**Brief #9: *Kicking In Close Combat And Self-Defense***

*(The war-proven kicking techniques that will work in real combat — and serve you for a lifetime! Absolutely devastating kicks requiring no stretching or loose clothing)*      **\$4.**

**Brief #10: *The Really Vital Vital Points***

*(No nonsense about “secret” nerve centers or bullshit about hidden targets. This teaches all of the truly reliable vital points that really stop strong, determined aggressors — not merely cooperative students in practice sessions)*      **\$4.**

**Brief #11: *Interactive Tactics — The Approach (1)***

*(Learn exactly how to be ten steps ahead of anyone who approaches you with dangerous intentions. Be ready without appearing ready)*      **\$4.**

**Brief #12: *Interactive Tactics — The Threat (2)***

*(Never be shaken again when some punk or troublemaker makes it clear that he intends to beat your head in. Instead, be ahead of him, by mastering the right tactical skills for dealing with the threat)*      **\$4.**

**Brief #13: *Interactive Tactics — The Attack (3)***

*(When and if some troublemaker actually initiates violence you want to have your mind and body programmed to nail him instantly. This PDF Brief covers exactly what you need)*      **\$4.**

**Brief #14: *How To Really Handle A Physical Bully***

*(Bullying is always a cowardly act; but people have been injured or killed by bullies, and many people are scarred for life by a scumbag bully. This most*

*politically incorrect presentation will teach you the truth about how to handle a violent bully. Here's the unvarnished truth!)* **\$4.**

These valuable presentations are perfect compliments and supplements to our DVD Home Training Course!

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### **“Life In Prison” For Murder**

**WHILE** lynch mobs cannot be justified, they certainly can be understood. To a decent, civilized human being the taking of a human life for any reason other than self-defense is truly an abomination; an unforgivable, evil crime that *demand*s the elimination of the murderer. The only rational objection to the death penalty ever advanced in history is that the wrong person might be executed. **(We say this should encourage those who can think at all to advocate citizen mastery of self-defense — of course to include firearms, and other weapons. If some piece of s—t is killed by the person whom he intended to murder, WONDERFUL! There can be no question at all of the ‘guilt’ or ‘innocence’ of the scum who is killed as he attempts to murder his victim.)**

On 22 June 2018 the NY Daily News reported a fifteen year old boy slaughtered in the street by a group of machete-wielding attackers. **IF** the attackers are ever caught (fifty-fifty chance of that, at best) it is almost certain that the absolute *most* anyone of them could receive as a penalty is “life in prison”. What a f—ing slap in the face to decency, and to the dignity of every citizen of New York City . . . not to mention how this amounts to a basically corrupt criminal justice(?) system **SPITTING** on the family of that murdered child.

“Life in prison” means that the tax-paying citizens of the jurisdiction where the scum committed its crime — the *very people who the scum*

*chose to victimize!* — must fund the sewer animal’s upkeep (to include food, clothing, shelter, education, legal assistance, and lots of miscellany) to a cost that **BY FAR** exceeds the cost of four years at any top ivy league college, *plus* graduate school at a university, *plus* a living wage earned during the animal’s lifetime . . . should the crawling bacteria manage to survive to a ripe old age (which many in prison do). This of course only if the monster is sentenced to “life in prison without the possibility of parole”. If the s—t is paroled, then the citizenry gets to accept the risk of having a murderer loose amongst them (as if life is not difficult enough without having members of your own species looking to kill you for their personal gratification, fun, or enrichment).

We personally believe in a **swift death sentence** for a convicted murderer. We *also* believe in a swift death sentence for anyone convicted of forcible rape, kidnap, home invasion, driveby shooting, or physically attacking another person for reasons other than self or another’s defense. Don’t wince. We are much more lenient than our (far more sensible) forebears who **HANGED** horse thieves. *We hesitate* to put car thieves to death (but *we are open to discussion!!!!*). We definitely think that places like Seattle, Washington — where auto thieves must have seven convictions *before doing any jail time!* — are being absurd. After the second theft we’d change our mind and string the bastard up!

For any society to maintain its civilized, moral integrity, it *must* be guided to a large degree by just laws. It is not just for anyone to commit murder and get away with it, by the grace of the legal system. **AND ANYONE WHO COMMITS MURDER AND WHO IS NOT PUT TO DEATH SWIFTLY FOR HIS CRIME HAS GOTTEN AWAY WITH MURDER.** Period. Don’t speak to us about “life in prison”, or sentencing someone to *multiple* life sentences (which to our mind brings the sanity of the court completely into question; not to mention the complete inbecility of the citizenry who feel that “now the bastard will *really* pay for his crime — with *three life sentences!*”) We will borrow from the late George Carlin: **BULL - SHIT!**

If, God forbid, anyone ever murdered someone we loved, we would want to be the one to torture the murderer(s) to death. The howling screams of agony of anyone who killed our loved one would be like music played by angels, to our ears. And the incinerated remains of this monster — when it finally died — would be mingled with rat droppings before it was heaved into a garbage dumpster or city garbage dump. *And we do not apologize for feeling this way.* We assume — we *hope* — that many, many others share our outrage and indignation when it comes to the slap on the wrist that “life in prison” — as a “punishment” for murder — really means.

We feel immense compassion and sympathy for *any* victims of violent crime. Our heart goes out to the those who suffer when their loved one — a child, sibling, parent, spouse, or dear friend — is murdered. But we damn to hell those who *victimize* others and who cause their torment or unjust demise.

Our philosophy of self-defense reflects our conviction that every decent person who is set upon has the absolute right to defend him or her self, and that violent criminals, by virtue of their actions when they act, have no more “rights” and are entitled to no more consideration, than the Marburg virus. (Look it up).

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**Your Reaction To Injury — Learn From Wild Animals!**



**ONE** fact about real world self-defense is that it cannot be undertaken risk-free, and frankly it is just about certain that in a truly dangerous encounter with one or more determined aggressors you will surely be hurt. Many schools of martial art apparently fill students' heads with notions of invincibility, and fail to equip them for the realities of anything goes personal combat.

We prefer to get all of our cards out on the table, as it were. *Yes . . .* we can and do teach the finest and most reliable methods of interpersonal mayhem (“self-defense” if you prefer) and if you become expert in our methods you will absolutely stand an excellent chance — probably better than 95% — of successfully stopping a violent attacker from injuring you badly, or from doing the same to someone you need to protect. *But some injury is just about inevitable.* If an attacker comes at you with a knife, **he has the advantage**. Do everything right and you stand a good chance of surviving and dropping the attacker; but if you escape without so much as a minor cut or a stab wound somewhere on your body — requiring at least some out-patient care, and a dose of antibiotics, — then you can chalk the outcome up to **LUCK**. Excellent as our training is, we make no claims for its being miraculous!

The wise student of self-defense and close combat *expects to get hurt*. Illusions of being some kind of superhero or “unstoppable warrior” must never be allowed to cloud a student’s mind. No matter how expert you are, no matter how strong you are, no matter what excellent level of agility and fitness you may enjoy . . . serious individual combat will almost certainly result in injury to yourself, should you ever be so unfortunate as to find yourself immersed in it. So here’s the big question: “Are you mentally conditioned for the reality of being hurt, when and if you undertake to defend yourself? More: “Are you working at conditioning yourself so that your immediate reaction to being hurt in an encounter is one that actually *enhances* your chance of survival and victory?”

There are two things that such conditioning requires:

- The acceptance of the fact — at gut level — that engaging in close combat is risky, regardless of what you know, how competent you are in your skills, and how long you have been training. Therefore, the idea that you will be hurt during an encounter, while not a *welcome* thought, is nonetheless an *accepted idea*. You're reconciled to it. You ***simply do not expect things to be any different, and you are undeterred by this knowledge in any dangerous predicament.*** With this settled and finalized in your psyche, you will be uninhibited about carrying out the most essential thing for your success, survival, and victory: i.e. ***Taking the war to the enemy and destroying him.***
- Being conditioned so that your *immediate* reaction and response to experiencing injury and its attendant pain is a **KILLING RAGE**. Like a lion or tiger or cape buffalo or other jungle creature whom Nature has programmed to become ***more dangerous when injured than it was prior to being hurt, your injury kicks you into a fanatical, aggressive, frenzy!*** You might not think so at first, but you **can** achieve this mindset. In fact you probably already have — but not in regard to human

combat.

Ever stub your toe, bang your shin on a piece of furniture or hit your hand accidentally with a hammer? If so you more than likely became **enraged**. Pretty silly, but nevertheless true. Injured by insentient matter and you cursed, and perhaps even kicked, smashed, or broke something.

***Humans*** who hurt you, perhaps, have caused you mixed feelings.

Possibly fear, confusion, wondering what to do; *hesitating* to do anything for fear of legal repercussions, and **control of your rising** desire to strike back, etc.

This is what's gotta **GO**.

**Your injury must become the instant tripwire that sets you into**

**a killing frenzy reminiscent of that of a Great White!**

**You can do this if you work on it and at it in training!** A quality teacher who knows what he's about will help you greatly . . . but failing to have the good fortune of finding a qualified teacher, ***make up your mind to do this for yourself.***

While jungle beasts and other dangerous animals are programmed by Nature to be this way (for their survival) *you* will need to program yourself this way. And it is for your survival.

Violent offenders are extremely dangerous. The shock, fear, or momentary disbelief that your being hurt can cause, will likely be the only opening your adversary needs to do whatever he wishes to you — and it won't be pleasant.

On the other hand, if your reaction to being hurt is **explosive rage** and the ferocity and ruthless disregard for your enemy that this easily makes possible, then — short of administering a knockout blow or lethal injury — your assailant will almost certainly be triggering his own destruction when he hurts you. And that's the way it should be.

You want to react to your injury and pain in any dangerous encounter by

— *Exploding with maniacal rage. In fact you turn into a murderous, wild animal*

— *Hatred — cultivated by studying violent crimes and violent criminals and coming to resent their existence. Repeating and repeating and repeating to yourself as you study these monsters that they **are in fact** subhuman s—t and that they do not deserve to exist*

— *Indignation. This comes from appreciating your own worth as a decent human being and resenting the idea that anyone might attempt to harm you or yours, and violate you in any way. You are **not** a violent offender, so how **dare these scum** intrude upon your normal life with their evil!*

— *A desire to destroy. You **want** to damage and drop your adversary. He is no damn good, he is a monster, he does not deserve any consideration as a human being, and you will not give him any. This filthy and substandard excuse for a “human being” must be stopped by whatever means you have at your disposal — right now! To hell with the f—ing bastard! **Your** life and well being are more important by far than his!*

— *An attitude of ruthless disregard for your enemy. No one who attacks another person without justification (i.e. acting in self-defense) deserves any consideration whatever. So give him none. Unleash full fury and keep on attacking and attacking and attacking and attacking until your foe is harmless and you are safe.*

Your attitude and mind-setting resembles, in this regard, that of not only a wild animal, but also of one of man’s most intelligent and highly trained best friends: the guard or protection dog. There have been cases where these marvelous protectors have absorbed five and six bullets, and kept right on coming until the enemy was destroyed! An intelligent, well-trained dog who is normally friendly and loving possesses the ability to shift into an attitude of terrifying, totally focused, unrestrained aggression . . . and to savage whomever he must in order to defend himself, his master, and home and hearth! We all can learn a lot from these great animals.

And that’s our message:

Be a realist. There are no supermen or unbeatable warriors. We are all human and we are all subject to injury. We must be conditioned to become as great, as severe, as instantaneous, and as dangerous a threat to any extralegal vermin who undertake to prey upon us, as a jungle cat. And we must **expect** to get hurt, and **be conditioned ahead of time to react being hurt *exactly* as the most dangerous wild animals on the planet react.**

One day you may owe your life to having absorbed this lesson.

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## Weapons Vs *Unarmed* Assailants?

**SELF-DEFENSE** bears not the slightest relation to competition or sport of any kind — regardless of popular present mythology — and no matter how “tough”, “rugged”, “demanding”, or supposedly “devoid of rules” any sport or competitive venue may be. People who fail to understand this will simply pay for their error one day when the reality of violence confronts them. Or, they will simply remain the dupes of con artists and commercializers, and continue to enrich the coffers of these entrepreneurs for years to come, believing nonsense, and training in irrelevant contest material while believing they are preparing for close combat and self-defense emergencies.

The idea that arises when we view self-defense emergencies objectively is that the dirtiest, foulest, most destructive, ruthless, and ferociously vicious *attitude*, coupled with **warlike skills** is everybody’s solution to felonious criminal violence when and if it ever intrudes into their lives. The idea of introducing “compassion”, “mercy”, “forebearance”, “ethical consideration”, “humanity”, “decency”, ad nauseum into a training program intended to save innocent life from criminal predation is **insulting, stupid**, and (except for what we would hope is only a small minority of braindeads) **repugnant**. After all, *compassion, mercy, forbearance, ethical consideration, humanity, decency*, etc. is **exactly what violent offenders toss out when they gleefully ply their despicable trade of predation!** By what twisted, moronic, asinine, shameful process of botched “thinking” do members of the human species accept the politically-motivated **BULLSHIT** that enjoins them to remain on a **peace**-footing when dangerous predators who, in our opinion, have given up their right to live, move on them in a **war**-footing — often murdering, maiming, raping, terrifying, impoverishing,

kidnapping, humiliating, and in general destroying them (or trying to do so)?

If you sense outrage hear, we are on the same page.

While the current wave of propaganda would have you recoiling at the mere thought of *weapons* (**especially guns!**) it is important for you and all decent human beings to remember that weapons — including guns — are **TOOLS**. Tools enable a person to better accomplish, to more efficiently accomplish, and in some cases simply to accomplish in the first place, some necessary task. With the knowledge of how to do it, you can build a lean-to in the wilderness and create temporary emergency shelter with nothing but your bare hands. But if you want to build a **house** you will need *tools*. Hell, with a good knife you can build a better lean-to!

Weapons enhance your ability to defend yourself. They are *tools* designed for the purpose of increasing your ability to handle interpersonal confrontations. And while many so-called “martial arts teachers” and students eschew modern weapons and believe — stupidly — that they must, as “great warriors”(?) deny themselves anything but their unarmed abilities, *maybe* supplemented by a stick, or some antiquated bullshit weapon. A sword *might* be OK . . . but a **handgun** or a **shotgun** or a **fighting knife**, *oh, my no, no, no!*

Jackasses.

We listened to one example of self-induced retardation exclaim, when we told him that we teach firearms, knifework, how to employ a walking stick, tomahawk, and objects-at-hand — all in self-defense — “Yeah, man, but that’s not true martial arts.” Oh no? *The fact is that nothing is a truer form of modern martial art than a modern school of unarmed combat and its accompanying modern array of weapons.* No, we didn’t say this to the retard; why argue with a window dummy? But it is important for *you* who are a seeker-after-reliable-and-practical instruction and training to appreciate the truth of what we say.

“But Brad,” you might object, “if I use a weapon — a gun — on an attacker who is unarmed, I’m going to prison!” Not necessarily. You need to check into the law where you live in order to determine (and there *ARE* circumstances) when the law would allow a victim of violent attack to use a firearm against an apparently unarmed assailant. However, as far as a firearm is concerned, it is wise to tread carefully. Necessarily, the use of what is clearly and obviously deadly force is strictly regulated everywhere. And it should be. But there are weapons other than firearms that are readily available (at least in the United States) and that we would use without hesitation if we believed that our safety and well-being was being threatened by an attacker, *even if all he was using were his bare hands*. **Walking sticks head the list, with folding, legal-size lockblade knives a close runner-up.**

The advantages of a walking stick that you know how to use as a weapon are really amazing. Proficiency permits you to inflict severe injury *without* killing — and injury that produces pain beyond belief! Owning and carrying a walking stick is, as far as we know, legal virtually everywhere. **The weapon is always in your hand.** This makes it faster into action than a holstered gun under your coat, and faster than a knife that you must produce and open. The walking stick gives you *reach, power*, and the ability to use force up to and including deadly levels, should that become necessary (vs. a gang attack; a much younger, larger, stronger attacker; or knife-wielder, etc.).

Another excellent weapon from WWII is the *spring cosh*. To date we are aware of **no one** who manufactures a worthwhile example, so — until someone produces an exact reproduction of the old SOE/OSS weapon, we urge that you simply keep an eye out for it. The versions we have seen are junk.

A yawara hand stick is excellent; but you need to be well-versed in its use, and possess a fair degree of strength to employ it well.

There are really two points requiring attention when it comes to the use of weapons vs. an unarmed attacker: 1. Morality, and 2. Legality.

Morally, we have no problem using any weapon to stop any attacker. But we would not act on this belief, and we certainly would never teach anyone that such was a desirable guide to action. It is not. Legally, we must be aware that strict laws regulate our ownership and use of weapons, and so we urge **ONLY** the lawful use of *any* and *every* weapon you might consider.

But we do see something dreadfully wrong with anyone who finds the idea of using a weapon against *any* assailant, armed or not, somehow “wrong”, if an emergency arises.

For self-defense you must have the right attitude. And that attitude is one of wrath and hatred toward violent offenders. They are bad people (more akin to wild animals than to **humans**, actually) and **morally** it is appropriate to see them as toxic bacteria, deserving of nothing but destruction.

If you are one of our students then you already have heard us repeatedly advocating that combination of mindset and skills set that you definitely need in order to deal with the dregs of human society who choose violence and predation as their way of life.

Factor in what we’re saying here. If you are serious about self-defense and protecting those you love, then stop thinking of martial arts as unarmed contests, and start thinking of **real** martial art as **PREPARATION FOR WAR.**

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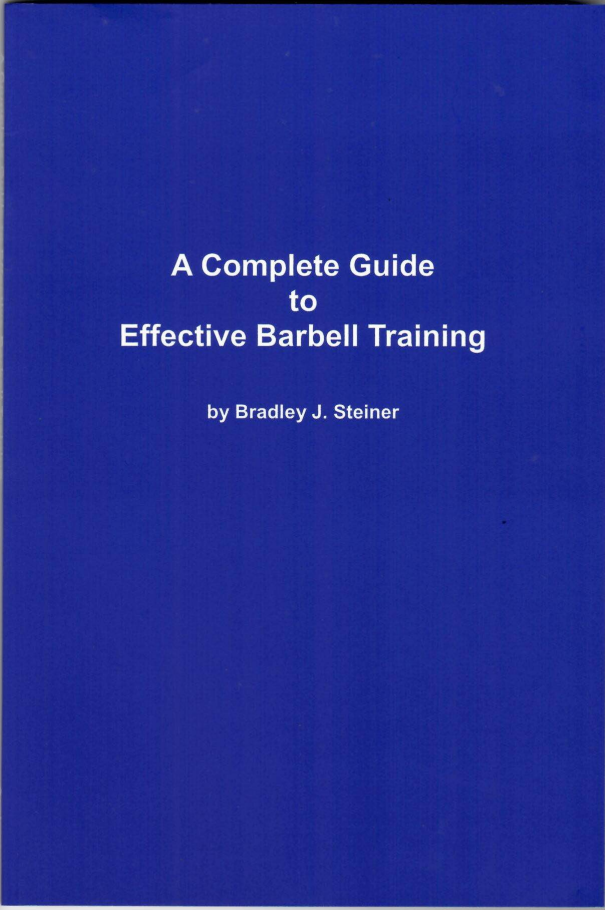
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