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Sword and Pen  
Official Newsletter Of The International  
Combat Martial Arts Federation (ICMAF)

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August 2019 Edition

Editorial

*Some Truths We Learned In 60+ Years Of Training,  
Study, Research, And Teaching*

**AFTER** a lifetime's immersion in the field of close combat, self-defense, physical training, psychological conditioning, and survival methods, we feel confident that those truths that have emerged during the course of our education will assist *any honest and serious student of the martial disciplines and cognate arts who is sensible enough to be guided by them in his training*. We are well aware that commercial interests and unfounded beliefs exist and continue to hold sway over those who refuse to look for or to face facts and accept facts, but we also appreciate that we are (and have always been) speaking to very few people. Anyone in any field, unfortunately, who strives to discover and to present the unvarnished facts, will be speaking to very few people. The majority comes sluggishly over time to accept facts, preferring

stubbornly to be influenced and pushed by that which is popular, and *popularly believed*.

We do note with considerable satisfaction that certain sharp operators who made a fortune by exploiting the gullibility and ignorance of so many in the “martial arts” by insisting on the nonsense that “ground work is crucial in self-defense, and all engagements inevitably go to the ground” appear to be subtly but steadily altering their tune to accommodate *the emerging truth* that had to come (and has come) discrediting this stupid, dangerous, and inaccurate notion. It would seem that this same group is now shifting its shape, so to speak, and endeavoring to garner a new fortune by proclaiming what we and authentic teachers since the early 1900’s have been proclaiming steadily, regarding what **really** constitutes unarmed close combat and self-defense. And, in the field of handgun shooting, the sycophants, morons, yes-men, and cashers-in on the religion begun by their “guru” following WWII (suggesting that a sporting form of competition shooting had now “replaced” and “surpassed” the solidly proven **POINT SHOOTING** method) have begin to turn to the **facts**. Not because facts matter to these individuals per se, necessarily; but because our — and others’ — persistent refusal to stop proclaiming and teaching the facts and the truth has gradually won through. *A whole helluva lot of those who fancy themselves “pistoleros” and “combat shooters” are beginning to wriggle down from their “new technique tower” as they cannot help but learn the truth and the facts: i.e. that point shooting is combat shooting. Period.*

Of course victory is not 100%. Just as there remains in this 21st century of the “Space Age” a hardcore group of (ahem) “thinkers” who insist that the earth is flat, so there remain those hardcore true believers in the mythical “competition-and-groundwork-is-training-for-combat” school of thought, and in the ridiculous idea that the use-of-the-sights and standing upright to engage the enemy is combat shooting horsedung, is proper instruction for the military man, law enforcer, or private citizen who may need to use his handgun at close range to stop an armed, live enemy (and not “kill” nicely setup cardboard cutouts). Okay folks . . .

dream on as you wish. We are glad that we are reaching those who *will* think and who *want* to understand, and as a result will train correctly and thus be truly prepared to deal with the nightmare of real, deadly violence, should it ever come to them.

With a glass raised to and a salute for “the few” then, here are truths we swear by . . .

- Technical learning and practice of skills makes you ***able***. But it does not make you *ready* and *willing*. Only mental conditioning can accomplish that; proper inculcation of *mindset for violent combat*. It is the combination of technical expertise and mental conditioning that makes a man **ready**, **willing**, and **able** to bring the skills that he has acquired into immediate, all-out effective use in an emergency.
- It is not a question of how many techniques you know, but rather how many *good, destructive, simple, adaptable* techniques you have mastered that fit you and that you are capable of rendering with speed, accuracy, power, balance, and fierce, confident determination that matters.
- There is no “nice”, “clean”, “ethical”, “humane”, “fair” or “compassionate” way to defend yourself against a violent, dangerous assailant. Savagery, a war-footing, and unrestrained brutality generated with what is animalistic ruthlessness is what stands the greatest chance of bringing victory.
- No correlation whatever exists between sport and combat. Competition, sparring, match fighting have nothing to do with engaging in hand-to-hand combat for *survival* and protection. A real attack is like an assassination attempt, not like a sparring contest or match event.
- Pain compliance is **not** a reliable or effective way to stop an assailant. Thresholds of pain vary, and pain is subjective. ***Severe injury*** is what stops a violent felon or an enemy in military combat. All control, restraint, arresting, and pain compliance techniques should be left for police and other peace-keepers.
- Build your personal technique repertoire from among simple low kicks, open hand heelpalm blows and chops, fingertips thrusts and

thumb gouges, knee and elbow smashes, head butts, and the automatic seizing of and using *anything at hand* to assist you in the combat action.

- Weapons are integral to combat training and to self-defense. And this means modern weapons (firearms, knives, etc.) not classical “martial arts” weapons.
- It must be embedded in your psyche to *keep on attacking* once you go into action, until your enemy has been neutralized. There is no “rematch” in real combat, and there is no “round two” in a hand-to-hand close-in engagement — armed or unarmed. You stop when your attacker has lost the *will* and the *capacity* to injure you or continue the attack.
- Strength, condition, and fitness are important. So is age. Strive to stay in good shape and as age reduces your effectiveness (as it will), compensate by becoming more vicious, more merciless, utterly ruthless and cunningly deceptive and prepared to do *anything* without a moment’s hesitation, for self-defense.
- While you want to be prepared through alertness to *preempt* any attacker it is possible that a counterattack will be necessary. If you are ever attacked suddenly and by surprise, you must retaliate instantly and like a wild animal, turning *yourself* into the attacker and destroying your assailant. Many types of attack (like wrist, arm, collar, and clothing grabs) can normally be ignored completely and left in place as you go after your enemy’s most vital spots with all of your available strength.
- *Trust no stranger!* Be polite and be respectful, but always remain *wary* and *prepared*. Danger can come from **anyone**, at **any time**, **anywhere**, and for no apparent reason. **Keep your personal radar “turned on”**.
- There are no secrets, mysteries, or hidden techniques. Individual combat relies upon utter disregard for the opponent; fierce, merciless aggression, all-out 100% application of all of your available strength and physical capability, and a fanatical drive and determination to destroy the opponent. All really good combat techniques — with and without weapons — are **SIMPLE**.
- Luck plays a part in all combat, and this is one thing that by definition you cannot control. So hedge your bets by maximizing your

determination to master and perfect all that you *can* control. Then, remain ready, willing, and able to go to war to defend yourself or those you love, while always doing everything reasonable to avoid trouble.

That which we now write and teach easily did not always come to us easily. But the lessons have been learned and with sincere hopes that by passing them on we will enable decent human beings to more than adequately defend themselves against the filth, scum, predatory garbage, troublemakers, bullies, and terroristic manure of the world, we continue to spread the word.

**Bradley J. Steiner**

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**When you finish reading this Edition of S&P be sure to go to [www.seattlecombatives.com](http://www.seattlecombatives.com) and check the monthly Articles section for an article exploding the myths of armed and unarmed combat! And read the latest article in the Monthly Instruction section on what's missing today that we need in order to protect ourselves.**

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**Why Explosive 100%+ All-Out Violence Is Necessary In A  
Self-Defense Emergency**

**SOME** have questioned why we advocate such ferocious, all-out, unrestrained violence when reacting to a sudden, unprovoked attack by a

violent offender, as we certainly do advocate. “What about *mild* attacks?” “What if an attacker’s intention is merely to intimidate more than injure you?” “Suppose your attacker is only a youngster — or maybe even a female, and you are a male?” “Surely as a black belt expert you can apply minimum force first, and only become destructive if that fails to work” . “It seems that by being so aggressive you are only becoming like the person who is attacking you”. These are among the questions that have from time to time, by one or another person, been put to us. (It is worth noting that we have *never* been asked any such questions by anyone whose background had included actual experience with serious, *for real* violence.)

We have always been amazed at how uneducated so many are in our Country — including many who train in martial arts — regarding actual, real world violence and violent troublemakers. The fairness ethics that dominates all combat sports bears a significant degree of responsibility for this when its proponents insist that their fighting *sport* prepares participants for close combat and self-defense. Classical teachers (some, not all) also have a hand in giving a lot of misinformation to students about what their traditional art training can reasonably enable them to accomplish. By infusing in students the idea that their art somehow enables them to defeat all comers via the use of its “secrets” and “hidden methods”, enabling a milktoast to defeat any hardened tough or criminal offender, students simply don’t understand the *serious* limitations of most “classical” training when measured against the experience and ability of a seasoned, determined killer.

Realism and honesty compel us to advocate that which is truly needed to give the decent individual who must defend against dangerous criminal violence the chance that he needs to be successful.

No matter how much training you have had in *anything* (including that which we teach) you will *never* be able to accurately determine ahead of time, the **INTENTIONS** and the **CAPABILITIES** of a violent offender. The guy who appears to be relatively small and less powerful than yourself might turn out to be a very dangerous antagonist, indeed.

Reading minds (and that bullshit psuedo-science of reading “body language” — which is at best only *partially* accurate) cannot be relied upon in emergencies.

The truth is . . .

— There are *no* “mild attacks” in the street or anywhere else. To assume that there are, and to impose upon yourself the task of determining if this scumbag before you “only intends to intimidate” you, rather than beat you to death, is stupid, to say the least. Too goddamn many “mild attacks” have resulted in the unintended **death** or **maiming** of the victim.

— When a physical action is initiated against you it may *seem* to be merely “intimidating” (like a grab at your jacket or arm), but it very well could be the setup or prelude to being stabbed, shot, or punched. Because of this, you must react decisively to neutralize this offender and forestall any threat to your life *the second he attacks*.

— Plenty of “youngsters” are conscienceless killers. A band of them recently seized and hacked to death a young teenage boy in New York City. “Youngsters” shoot people, rape people, do home invasions, beat people to death, provoke all sorts of mindless violence and trouble, **and many of them possess the strength and size of adults — with superior agility, due to their age**. Normal youngsters do not attack people. Those youngsters who do so belong in the exact same category as adults who do so. They deserve the same mercy given to toxic bacteria.

— There are plenty of insane, out-of-control, violent *females* out there, too. “Never hit a lady” is of course basic to the counsel given any young man by halfway civilized parents. *However*, the screeching, mindless bitch who pulls a knife or who starts an unrelenting attack of any kind against another person is **NOT** a “lady”. She is a violent offender, and we suggest — just as you do not check the gender of a waterbug before

crushing it with your shoe — you do not pay attention to the gender of any attacker. *Just defend yourself!*

— Being a martial arts or combatives expert offers no *guarantee* that you will overcome a dangerous aggressor. Yes, the odds are with you if you've mastered quality techniques and possess the combat mindset, but fundamental to all authentic combat training is the idea that *no one is unbeatable; no one becomes a superman; you are still vulnerable and susceptible to being defeated*. Assuming that because you are trained you can afford to “go easy” or follow some insane “force continuum” and restraint if suddenly attacked, is bullshit. **By *not* making such an unrealistic assumption, but by being a realist, your chances of success increase.** This is because you will underestimate *no one*, and not *overestimate* yourself.

— It is only a recent thing for idiots and manipulative liberal jackasses to whimper that merciless, furiously aggressive reaction to an attack simply makes you no better than the attacker. This has led to the **child abuse** and **child neglect** by which so-called school “educators” have come to insist upon a zero tolerance for violence, and *actually punish a kid for defending against a bully*. The blood of those poor kids who have committed suicide because of being unable to find a solution to being bullied is on the hands of those goddamn bureaucrats **and** on the hands of *any* adults — be they parents or whatever — who fail to teach the young **a)** that self-defense is their perfect right, and **b)** *how* to defend themselves.

No child, and no adult is “as bad as the offender” if, in response to being set upon by one or more predators, he vanquishes the scum! *Good for him or her!* And the violent troublemakers — whatever the hell their age — be **damned!** As recently as the 1970's this was understood to be self-evident. Today, one needs to be *reassured* of it, or instructed in it, outright.

Quality self-defense is not brutal and destructive because we want defenders against attack to be *vindictive* or *cruel*. Such self-defense is brutal and destructive *because that is what is necessary when dealing*



*with human predators.* Attackers recognize no decency. They have no regard to or respect for the well-being, dignity, or lives of their victims. In fact, they often think that the result of their or of others' unconscionable acts of mindless aggression are *funny*. The scum that appears in court dressed like a human being and verbally "repentent", beside a lawyer that has advised the worthless sh-t to make his court appearance looking like a civilized human being, **is putting on an act**. If in point of fact a predator had the character to *really* feel such remorse and regret for committing such an act, ***THEN THE GODDAMN SCUM WOULD NEVER HAVE DONE IT IN THE FIRST PLACE!***

One of our objectives in teaching and in writing is to reach those who can be reached and who deserve to be reached, and convey to them the truth about self-defense and personal combat. Get a solid grip on reality. Stop drinking the societal kool aid that the bleeding heart liberal fools keep pumping out. You need a few belts of realism!

Violent offenders understand only greater violence. And that is all that they deserve. So forget about concerns over being "too aggressive". **Become so aggressive that anyone deciding to prey upon you or your loved ones discovers that he must now *choke* on the unanticipated excess he has bitten off! To give you and all decent people that ability is *why* we advocate that which we advocate.**

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**DVD Course Now  
Available!**

## *You Can Learn Self-Defense and Close Combat At Home.*

***Here are a few comments about us and what and how we teach, from a handful of the many genuine authorities in the field of close combat and self-defense who are familiar with us and with our work:***

**“Brad Steiner is one of the three finest instructors of close combat and self-defense that I know of, in the world”  
— James R. Jarrett, Former U.S. Army Special Forces and LAPD SWAT/Protégé of the late, internationally famous defensive tactics and baton master, Robert Koga. Mr. Jarrett holds a 5th degree Black Belt and is a renown firearms, self-defense, and counterterrorist instructor. He is a former university professor and an author.**



**“ [Brad Steiner] is simply the finest teacher of any subject that I have ever had . . . I feel deeply blessed to be able to know and to study under him”**

**— Greg Anderson,**

**Third degree black belt, author of Weapons At Hand, accomplished professional athlete (wrestled at the national level and played college football), world-acknowledged authority on physical training, author, and Director of Ideal Exercise, one of the finest fitness facilities in the Western states.**

**“Brad Steiner knows real self-defense and what works in hand-to-hand combat like no one on earth! His Method is incredible!”**

**— Detective Ralph Friedman (NYPD Retired),**  
Ralph was, at the time of his retirement, the most decorated police officer in the history of the NYPD. He has received, among other awards, the coveted ‘Combat Cross’. Ralph was featured, along with his brother — an NYPD Transit Police Officer — on the TV Show Top Cops.

**“Your Method is excellent. You have expanded upon and improved considerably the method I learned from Fairbairn and Sykes during WWII and what the USMC taught to the Raider Battalions. And you’re a very good student and teacher”**

**— Maurice (“Maury”) Geier,**  
Former U.S. Federal Agent and counterintelligence officer during WWII. Also a combat shooting instructor for FBI and other federal officers, as well as a hand-to-hand combat teacher who was so fierce he earned the nickname “Deathhouse Geier”.

**“Your American Combato is a very good System”**

**— Charles (“Charlie”) Nelson,**  
WWII hand-to-hand combat judo instructor with whom we trained for nearly three years. It was from Nelson that we learned the O’Neill System, as well as what A.J.

**Drexel Biddle taught (Charlie was one of Biddle's students).**

**“You are indeed a ‘Professor’ of combat arts! I quote you all of the time”**

**— Grandmaster Jim Harrison,**

**The premier pioneer in America of the Asian fighting arts of ju-jutsu and karate. The late Bruce Lee once said of Jim Harrison that he is the one person he would not like to fight. It would take a thick pamphlet to describe all of Jim Harrison's accomplishments and contributions to the combat arts in America.**

**“From you I learned the valuable lesson of ‘attacking’ instead of ‘defending’ when you have to defend yourself”**

**— Grandmaster John McSweeney,**

**The “Father of Irish Karate”, John was one of Ed Parker's first Black Belts. John also studied boxing, judo, ju-jutsu, and kung fu. The quotation above is from a letter John sent to us after reading our Tactical Skills of Hand-to-Hand Combat. We maintained a correspondence and friendship until John's passing.**

**“You certainly do make many excellent points about how mental conditioning for self-defense may be achieved. Although I had never anticipated RET (Rational Emotive Therapy) being utilized for martial arts training, you have done quite an impressive job. I appreciate your outstanding abilities with hypnosis, and I think that your innovative ideas deserve a widespread audience”**

**— Dr. Albert Ellis,**

**One of the most famous psychologists in the world. Of him Dr. Robert A. Harper once wrote that he believed Dr. Ellis' contributions are as significant as those of Dr. Sigmund**

**Freud. We owe a good deal of how we work with students to achieve all sorts of psychological breakthroughs to our intensive study of Dr. Ellis' works.**

**“ [Y]our articles are read, studied, and saved whenever they are published. You have an understanding and command of the subject of fighting that very few people have”**

**— George Kalishevich,**

**Former USMC Sergeant and combat veteran of Southeast Asia. Kalishevich was a multiple Black Belt holder, a boxer, weight trainee, and hand-to-hand combat teacher since the 1960's. He was also an experienced bouncer. He passed away several years ago.**

**“As a law enforcement officer working dangerous assignments in the most violent parts of the New York metropolitan area in the 1970's, I found that Mr. Steiner's**

**advice was always on the money. The information contained in his articles in Combat Handguns, Handguns, American Handgunner, and Soldier of Fortune magazines was lifesaving. As a professional armed and unarmed combat trainer, I regularly referred to many of the concepts Mr. Steiner wrote about. He often went right to the source to discover how and why certain methodologies worked. Bradley Steiner is one of the few civilians actually certified by Col. Rex Applegate to teach close combat.**

**The late John McSweeney . . . dubbed the 'Father of Karate in Ireland' told me that he also was greatly influenced by Mr. Steiner's writings, especially the idea of paring down close combat techniques to a few essential strikes, trained to perfection. Mr. McSweeney told me that he had a pet name for Brad Steiner. He called him**

**‘The Monk,’ in reference to Mr. Steiner’s vast knowledge of martial arts and mayhem. My own writing about martial realism was inspired by Brad Steiner’s”.**

**— Grandmaster John Perkins,**

**The brilliant innovator of ‘Guided Chaos’, John Perkins’ background in unarmed combat (and armed combat) is the result not only of training but of lots and lots of real world experience.**

**The First and Only Complete Self-Defense and Close Combat Course in American Combato (Jen·Do·Tao) on High Quality DVDs!**

**Eleven carefully prepared professional instructional DVDs describe and demonstrate the most practical, powerful, reliable, and authentic skills of no-nonsense realistic and war-proven unarmed and armed hand-to-hand combat methodology and personal defense developed since WWII! This Course, describing methods from that System developed in the early 1970’s by Bradley J. Steiner, which crystalized into the American Combato (Jen·Do·Tao)<sup>™</sup> all-in modern close combat/self-defense martial art in 1975, will teach you how to defend yourself and those you love in any situation! Some of these methods have been copied, imitated, and**

**pirated during the last 25 years, but a complete self-defense course derived directly from the original and authentic System — and the only authorized presentation of American Combato — is now available for home study. All of the techniques, all of the theory, and all of the mental conditioning and related doctrine in these DVDs is presented by the System's originator, Prof. Bradley J. Steiner, himself. Like Fairbairn, Sykes, Applegate, O'Neill, Brown, Begala, and Biddle in the second world war — from whose lineage this modern Martial Art is a direct descendant — Prof. Steiner clearly, simply, and plainly instructs in real world, lifesaving combatives doctrine.**

**You can order any of the eleven DVDs individually, or you can purchase the entire Course, in which case you pay for only ten DVDs. You receive one FREE!**

**Each DVD contains the equivalent instruction normally given in four to eight private lessons. This Course is the equivalent of at least 50 private lessons with Prof. Steiner, personally!**



**And you can review this instruction again and again, and save the DVDs for your children to study when they are old enough.**

**IMPORTANT NOTICE!—**

**The system of martial arts presented in these DVDs is not a "traditional" or "classical" martial art.**

**These DVDs, and the information, and techniques contained within should not be taught, shown, or divulged to anyone under 18 years of age.**

**Due to the serious nature and lethality of the techniques shown, no one under 18 should be instructed in the techniques.**

**Due to potential serious injury or death, minors under the age of 18 should not be allowed to purchase or view the techniques demonstrated on the DVD's and in the system.**

**Minors lack the proper judgment and emotional restraint and discipline and should not be entrusted with the techniques contained herein.**

**Please utilize the techniques only in those situations where you would utilize a lethal weapon, similar to using a firearm, an improvised or edged weapon.**

**Please keep DVDs in a safe place out of the reach of minors, similar to safekeeping of firearms.**

**Contents:—**

**DVD #1 FUNDAMENTALS**

- How to stand, move, distance, and position yourself
- The combat color code
- Attack mindedness
- Evasive footwork
- How to shield
- "Fairbairn's Four" —

The chinjab smash, the handaxe chop, the tiger's claw, and the side kick. All clearly explained and demonstrated so that anyone with no prior experience in any martial art can understand

and develop the skills! These are the first four of *American Combato's* 16 Key Blows (originally regarded by W.E. Fairbairn as the “most essential” basic blows, comprising a complete mini-system of personal hand-to-hand combat, once mastered).

### **DVD#2 BASIC BLOWS**

- Continuing from “Fairbairn’s Four”, this powerful presentation completes your lessons in the remaining 12 Key Blows — the most practical and effective blows — in unarmed close combat.
  - The straight heelpalm
  - The knee attack
  - The front kick
  - The elbow smash
  - The fingertips *thrust*
  - The fingertips *jab*
  - The snap kick
  - The backfist-forearm smash
  - The hammerfist-forearm smash
  - The basic straight punch
  - The ear box
  - The throat lock

### **DVD#3 ATTACK COMBINATIONS - FIRST SERIES**

• Powerful and devastatingly effective combinations of attacking actions which are adaptable to an infinite number of situations and emergency circumstances. These attack combinations utilize the Key Blows, and include additional offensive unarmed combat actions and tactics. which enable you to infinitely combine, and improvise limitless sequences and applications of ferocious attacks of your own.

This DVD focuses on attack combinations leading with *HANDAXE CHOPS* and *THRUSTING ACTIONS*, the first two categories of “attack combinations” in *American Combato*.

In this and the next DVD you will learn more combinations of each type than you would ever possibly need.

### **DVD#4 ATTACK COMBINATIONS - SECOND SERIES**

- Completing a well-balanced, comprehensive curriculum in vicious, unconventional, yet simple and readily applicable attacking sequences which enable the practitioner to overwhelm and disable any assailant. These combinations continue to expand your capability with the Key Blows and with other actions and tactics, and turn you into a dangerous, unpredictable, offensive combatant in close quarters combat. You'll be an expert at taking the battle into the enemy's camp and *attacking your attacker!*

This DVD trains you in *DISTRACTING LEAD ATTACKS, KICKING LEADS, and MISCELLANEOUS LEADS.*

### **DVD#5 COUNTERATTACKING THE UNARMED FRONTAL ASSAILANT**

- No realistic close combat system is worthwhile unless the matter of *counterattacking* (i.e. reacting to attacks which you have been unable to preempt) is covered. In this DVD you will learn:

- How to immediately react with devastating and decisive force against any grabbing type attack from the front
- How to break holds that attackers might apply if they catch you off guard
- How very simply to counter punching or kicking attacks

### **DVD#6 COUNTERING THE UNARMED REAR ATTACK**

- Attacks from behind are *deadly*. Learn first and foremost to guard against leaving access to your rear. However, if caught unaware, learn

- How to counter sudden grabbing attacks from behind

- How to counter holds that may be applied from behind

### **DVD#7 COUNTERING KNIFE AND CLUB ATTACKS**

- The proper tactics and mental ploys applicable to these situations is emphasized. Technically, you will be taught
  - How to deal with knife *threats*, from varying positions
  - How to save your life if attack by an adversary who is determined to slash or to stab you with a knife
  - How to counter overhand club attacks
  - How to counter the backhand club or baseball bat swing

### **DVD#8 COUNTERING HANDGUN AND SHOULDER WEAPON THREATS**

- Obviously these, like knife and club attacks, are *deadly* threats and only the simplest, most basic and reliable methods should be studied. No weapon “takeaways” or complicated nonsense here! These are commando type actions and will work under the most adverse conditions. Intended to save lives — not your wallet.
  - Frontal handgun threats
  - Side handgun threats
  - Rear handgun threats
  - Frontal shoulder weapon threats
  - Side shoulder weapon threats
  - Rear shoulder weapon threats

### **DVD#9 COUNTERING MULTIPLE ATTACKERS**

- Key principles and tactics of countering more than a single aggressor
- The core *scenarios* and how to develop counterattacking capabilities against two or more attackers that *really work*.

### **DVD#10 HOW TO USE THE STICK FOR SELF-DEFENSE**

- Basic stick techniques

- The *complete* Fairbairn stick method (beyond what is taught in *ALL-IN FIGHTING/GET TOUGH!*)
- The USMC's Kengla Technique
- Some advanced stickwork combinations
- How to use the *yawara* hand stick (for modern applications)

### **DVD#11 KNIFEWORK**

- Psychological factors
- The universal grip (for stiletto and Bowie type knives, as well as for kitchen, utility, and all other types of knives, and for improvised stabbing and cutting implements)
- Knife *offense*
- Defending yourself with a knife

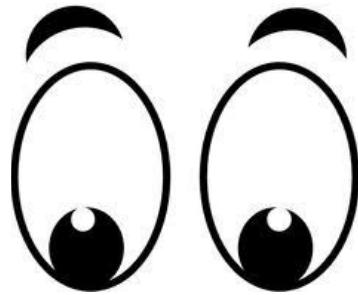
The cost of each individual DVD is \$59.95 + \$6. shipping and handling (**\$20. postage and handling for foreign orders**)

If you purchase the complete 11-DVD Course you pay only for 10 DVDs, bringing the total cost to \$599.50. You get one DVD FREE. **Add \$20. for postage and handling (\$40. for foreign orders).** That's just under \$600. for \$7,500. worth of training!  
All DVD purchases are of course nonrefundable.

**Personal checks may take up to three to four weeks to clear, in some cases.** For *immediate* shipment send cash, or a postal money order, bank check or bank money order, payable to Brad Steiner. Send your order to:

**Brad Steiner  
P.O. Box 15929  
Seattle, Washington 98115  
U.S.A.**

You will want to study these DVDs again and again, as they are rich in content and packed with solid, reliable information and instruction!



**BE SURE TO FOLLOW PROF.  
MARK BRYANS ON INSTAGRAM!**

### **In The Event Of Social Chaos**

**IF** we are correct then the term for those who are rather constantly concerned about the prospect of society's collapse, and of subsequent urban chaos, is "preppers". Obviously, we believe in being prepared, and so we respect those who occupy themselves with activities that are intended to see to their and to their loved ones' survival and protection. And while we tend not to feel that everything may be unravelling shortly, and anarchy will be the way of things throughout America, we definitely understand that from time to time neighborhoods and even entire cities can be caught in the throes of rioting and insane violence and looting. We do not believe that people are over-reacting when they acknowledge this, and when as a result they proceed to make preparations for it . . . *just in case.*

Here are some tips in no particular order that you might find valuable to help you and yours if, God forbid, some real urban lunacy hits your area. These hardly offer any kind of “complete plan”, but we think that they could provide some good tactical readiness. Students of our System will recognize that these tactical skills derive from the core instruction that all of our students are given over time; instruction that enable them to not merely defend themselves in typical “self-defense situations”, but that enable them to deal with and have a better-than-excellent fighting chance of surviving whatever may come.

## **Firearms**

An absolute necessity when you are planning for serious disasters of a violent kind, where looters, rioters, and invaders plague a neighborhood or an entire city. Depriving private citizens of their right to keep and bear arms (a right which *used to be* protected by our Nation’s Constitution, via its second amendment) amounts to nothing less than a tyrannical abuse of power, and a clear violation of the individual’s right to life. (Having the “right to life”, but being deprived of the right to possess and to employ the tools, equipment, weapons, facilities, means, or skills that enable the individual to **protect** his life, makes a cruel farce of the very concept of “justice”.)

There was a case reported in the news years ago of a gang of martial arts students, led by their rogue “teacher”, who executed a home invasion in almost military style. While one group of bastards knocked on the door and gained forcible entry thereby when the resident opened the door, a *second* group of rodents burst through the home’s *rear* door, executing a two-pronged attack on the terrified residents.

Lesson 1: Do not open your door to anyone without identifying who it is and feeling completely safe that you *know* them and are in no danger *from* them. We say never open a door to a stranger.

Lesson 2: **If** or **when** your area is under threat of people-turned-animals, with rioting and home invasions, etc. taking place, then go to your door and check who is there *with a loaded gun in your hand*; perhaps a jacket or a magazine tossed over it to conceal its presence. **AND ALWAYS UNDER SUCH CONDITIONS HAVE ANOTHER PERSON GO TO YOUR HOME’S BACK DOOR — GUN IN HAND — IN**

**CASE THE FRONT DOOR APPROACH IS A DISTRACTION, AND/OR IN CASE THIS IS AN ALL-OUT INVASION ON BOTH FRONTS.** Forcible, violent entry of your home by invaders *must be met by opening fire and shooting them*. This is no time to play cop and attempt an arrest, or to hope that they will abandon their plans if you tell them to do so in an assertive voice!

Lesson 3: In such a dire situation of literal societal breakdown you will need to have one family member remain awake, and **armed**, while the other family members sleep. And they must sleep with loaded weapons within reach.

And a reminder . . . do not fire “warning” shots. Ever.

### **Your Vehicles**

It is wisest if they are not parked outside, but instead are parked *inside* your garage. It is not a bad idea to park them inside the garage by backing them in, so that you can readily depart the garage and be on your way (to a safe area, a medical facility, etc.) if necessary.

### **Beware Terrorist-Type Traps**

If while driving you approach what appears to be an accident victim lying in the road, *proceed beyond that point*, do not stop. Call for emergency police or ambulance assistance, but during times of chaos **never** place yourself or loved ones in potentially deadly threat situations by being a “good samaritan” and stopping to help.

If someone comes to your door, baby in hand, crying and asking for help because there has been an accident, do **not** open the door (you may live just long enough to regret doing so, if a gang of crazies burst in and wipe out your family). Go to your phone and call for assistance, and tell them through the door that you are summoning an ambulance and the police. And for heaven’s sake never stop for hitch-hikers!

### **If You Must Go Outside**

If you are forced to remain in a location where social chaos is rampant then try to remain in your home as much as possible. (Sadly, right now, people living in certain neighborhoods in certain of America’s major



cities *already* have become acclimated to staying inside unless they must go somewhere. Disgraceful, but true.)

A couple of helpful rules: If go outside you must then carry a loaded gun. Do *not* go out alone if at all possible, but go with at least one other person, and that person — or those people — should also be armed. When you go outside look unassuming and shabby (without actually appearing to be a bum). Wear no jewelry and do not make eye contact with anyone. Be supremely alert and give **no one** the chance to put a hand on you without decking him.

### **Have Supplies On Hand**

Survival foods is a good investment. Having the ability to feed yourself and your family for three to six months without having to go to the store can be a blessing if the you-know-what hits the fan in your city. Storing water can be a problem, but it's not a bad idea to have three or four days supply of *drinking* water on hand. We'd recommend having water purification tablets so that you will be able to drink the tap water even if its safety becomes questionable.

Depending upon where you live you might want to have a good supply of extra blankets for the winter months, as well as thermal underwear and other warm, protective clothing so that no matter how severe the winter weather gets, you and yours can keep warm if there is no heat. Fantastic lanterns that provide thousands of hours of light, and that run on batteries can now be purchased from a number of sources. These are more desirable than any candle light or fuel-operated lanterns, because they are *far* safer. Keep lots of batteries on hand, and have a couple of high quality flashlights in your home, too.

### **Bugging Out**

This option could prove to be more hazardous than remaining ensconced in your home.

*If* you have a safe place to go (and we mean **really safe**; not some easily overrun cabin a few miles out of the city), and *if* that place has adequate supplies and living accommodations, and *if* that place is safe, and *if* you and your loved ones can escape to it safely and in time, well . . . then bugging out might make sense. But don't let the romantic image of

“roughing it” and living off the land make a fool out of you. What might be a lot of fun for a weekend when times are normal, can be a terrifying way to commit suicide in times of chaos, when you literally have to live off the land and hope that a roving band of armed crazies do not discover your little hideout!

Just some input if there is any “preppy” in you.

Two final cautions: 1. Do not be the kind of polyannish horse’s ass who snickers at the idea of horrific events transpiring because you personally live peacefully and sanely, and 2. Do not be the kind of fool who believes “it can’t happen here” (wherever “here” happens to be). History has confirmed that it **can** happen **anywhere**. Yes, some of those who live in dread of an apocalypse taking modern civilization back to the stone age sometime this year *are* nutjobs. But **no one** who wishes to be realistically prepared for the kind of man-made horrors that the brainless of our species bring about from time to time in history is a “crackpot”. Far from it. In fact, aside from those scummy nutjobs who *cause* and who *participate* in the fomenting of violence, disaster, destruction, and chaos, the only nutjobs are those who think that it can’t and certainly won’t ever happen!

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There are numerous important topics and miscellaneous presentations that are too short for full length manuals or books. We have decided to offer them for the benefit of all martial arts students concerned about **serious, real world self-defense and close combat** — *with and without weapons*.

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*(Full unedited speech with accompanying commentary)*

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**Brief #2: *Total Readiness For Self-Defense And Close Combat — With and Without Weapons***

*(Provides a guide to the personal attributes, capabilities, and skills that make for well-rounded, comprehensive readiness for “close range interpersonal confrontations” {U.S. Pentagon} )*

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**Brief #3: *Fairbairn’s “Silent Killing Course”***

*(Original and full outline as Fairbairn drafted it — with commentary)*

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**Brief #4: *“Stay On Your Feet!”***

*(The truth about real individual combat vs. sporting matches, and why the myth of ground fighting for self-defense and military close combat is misleading many regarding effective combatives)*

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**Brief #5: *Rules Of Self-Defense***

*(Of course there really are no “rules” in a self-defense emergency; but this Brief synthesizes those precepts that will guide you to realism in your training)*

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**Brief #6: *Close Range — Quick Reaction!***

*(What you don't learn in the shooting schools, but what has been proven to be the right way to use a handgun in personal*

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**Brief #7: *Remembering Charles Nelson And His Valuable Lessons***

*(We remember our years with “Charlie”; including some of the actual self-defense tips he taught, and a copy of the Men's Magazine article about Charles Nelson, from 1960)*

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**Brief #8: *Most Common Street Attacks - Per Dept. Of Justice And Other Studies - And Tips On Defense***

*(Here are the most likely ways in which you may expect to be attacked; with powerful tips on how best to be prepared to defend against them)*

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**Brief #9: *Kicking In Close Combat And Self-Defense***

*(The war-proven kicking techniques that will work in real combat — and serve you for a lifetime! Absolutely devastating kicks requiring no stretching or loose clothing)*

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**Brief #10: *The Really Vital Vital Points***

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**Brief #11: *Interactive Tactics — The Approach (1)***

*(Learn exactly how to be ten steps ahead of anyone who approaches you with dangerous intentions. Be ready without appearing ready)*

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*(Never be shaken again when some punk or troublemaker makes it clear that he intends to beat your head in. Instead, be ahead of him, by mastering the right tactical skills for dealing with the threat)*

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*(When and if some troublemaker actually initiates violence you want to have your mind and body programmed to nail him instantly. This PDF Brief covers exactly what you need)*

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**Brief #14: *How To Really Handle A Physical Bully***

*(Bullying is always a cowardly act; but people have been injured or killed by bullies, and many people are scarred for life by a scumbag bully. This most politically **incorrect** presentation will teach you the truth about how to handle a violent bully. Here's the unvarnished truth!)*

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**Brief #15: *Spontaneous Reaction, Not "Lightning Reflexes"***

*(Action is always faster than reaction. The real secret to being able to handle any attack is to cultivate an immediate and spontaneous reaction. Do not depend upon blocking.)*

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**Brief #16: *How To Hit With Great Power***

*(Genetics sets limits on how powerful you can ultimately become — and eventually train yourself to hit. Your realistic goal should be to master the principles of hitting powerfully, so that you actualize your own maximum possibility.)*

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**Brief #17: *Adopting Classical Karate To Modern Close Combat***

*(Although a powerful martial art, classical karate has numerous drawbacks for the person seeking self-defense exclusively. This Brief explains in detail how to modify any classical method you are studying so that it meets the necessary standards for real combat and street survival.)*

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**Brief #18: *Adopting Kodokan Judo To Realistic Self-Defense***

*(Although judo is much more than a mere “sport”, it is not an all-in combat method. Some judo experts may be able to apply their training in real combat, but to make judo really effective in an emergency the modifications enumerated in this Brief are necessary.)*

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**Brief #19: *The Two Biggest Technical Errors Made In Self-Defense Training***

*(Essential instruction for anyone training in any system or style for self-defense. Teaches how to overcome those errors that result in nearly 100% useless “self-defense” techniques.)*

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**Brief #20: *Self-Defense Training For Senior Citizens***

*(A truly complete compendium of guidelines and technical instruction that works for senior citizens who want to be able to defend themselves. No “feel-good, socially palatable, politically correct bullshit”. Here is the truth about how to be truly prepared to defend against some of the lowest scum on the planet.)*

**\$4.**

**Brief #21: *Fighting Vs. Self-Defense***

*(Legally, morally, technically, tactically, mentally, and physically, “fighting” and “self-defense” are different. This Brief teaches how and why this is so — and explains to every student and teacher of self-defense just why it is so important to understand the difference.)*

**\$4.**

**Brief #22: *The Importance Of Solo Training***

*(Training without a partner is essential for the fullest development of self-defense skill and mental preparedness. This Brief teaches why this is so, and how to train solo with optimum benefits and maximum practical skill development.)*

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**Brief #23: *Find And Depend Upon Your Best Techniques***

*(Every student and expert is different and everyone serious about self-defense must discover and perfect his own best skills, which need to be drawn from combat-proven doctrine. Here's how to do it.) \$4.*

**Brief #24: *Observations, Thoughts, Notes, And Miscellany About Self-Defense And Close Combat***

*(A potpourie of insights and tips covering all aspects of practical self-defense and close combat as garnered in over 60-plus years of immersion in and passion about the subjects.) \$4.*

**Brief #25: *Tactics For Countering A Gun Or Knife Threat***

*(There are numerous “techniques” for dealing with an enemy who threatens you with a knife or gun. We believe, and many agree, that the American Combato methods are — hands down — the best. But regardless of what particular techniques you train in, unless your psychological/tactical interface is correct, the odds for you being successful are not at all that good. This Brief explains clearly what interfacing tactics you need to develop.) \$4.*

**Brief #26: *Triple Your Learning And Retention With Mental Review***

*(Few give any thought to the importance and value of mentally reviewing the physical skills that they acquire and wish to be able to use. Fewer still do their “mental reviewing” correctly. Learn how from this Brief, and start to enjoy much greater progress in your personal skills and confidence building.) \$4.*

**Brief #27: *The Fighting Knife: A “Must Master” Weapon***

*(This is a unique instructional work for all students of self-defense and close combat. It offers a complete analysis of the significance of the fighting knife — its indispensable role in the combat arts curriculum — and valuable training advice for achieving mastery.) \$4.*

**Brief #28: *Finding The Right Teacher And Method For Yourself***



*(There are more martial arts schools and teachers in the State of California or New York alone than in all of Asia! And today there are hundreds claiming to be teaching practical, reliable close combat and defense. From the Founder of the first comprehensive and authentic all-combat American martial Art here is a **complete** guide to locating and evaluating the right teacher for you. Also — what to do if you have limited recourse and can't find a teacher.)*      **\$4.**

**Brief #29: Conditioning The Natural Weapons**

*(In this 21st century the student of practical self-defense needs impact practice more than the kind of comprehensive natural weapon hardening typical of the classical “karate” schools. Still, for the super-enthusiastic self-defense/close combat student there are some efficient toughening approaches that should be used if hardening of the **practical** weapons is desired.)*      **\$4.**

**Brief #30: Analyzing The Combat Merits Of A System**

*(All of the martial arts are good; but they are not all good for the same thing. Very definitely, there are distinctive characteristics that make a system in question better for combat and personal defense than another system. This Brief provides the information needed to properly assess a given system's value for combat — not for competition or tradition.)*      **\$4.**

**Brief #31: Repetition And Attitude: The Real “Secret” Of Developing Ability**

*(Most who take up martial art training of any kind do not succeed in achieving their desired objectives. And the reason is simple: They do not do enough, and they do not do what they do with the right spirit and attitude. Ninety five percent of those who consider themselves “martial artists” spend more time on backyard-gossip type “forums” and other idiotic*

*medium instead of training hard with the right mindset. Here's how to do it right!)* **\$4.**

**Brief #32: *The Moscow Rules***

*(Principles of intelligence tradecraft are extremely valuable to those who are serious about self-defense. During the Cold War secret agents working in the most difficult denied areas for CIA [and England's MI6] were guided by an above-Top Secret set of rules called the "Moscow Rules". Now declassified (but still in use by secret servants) these Rules are valuable for all seriously concerned self-defense students. \$4.*

**Brief #33: *Tiger Moves***

*(The late John McSweeney was a close friend and colleague of ours for many years. He is correctly known as "The Father of Irish Karate", and in addition to being a marvelously practical and realistic teacher of armed and unarmed self-defense, John was the creator of a System of exercise which he called "Tiger Moves". We recommend that everyone — including those who train with weights or some other medium — learn this excellent Program.) \$4.*

**Brief #34: *How To Evade Foot Surveillance***

*(Tradecraft that teaches you how to ditch a tail; discover if you are being followed. Escape foot pursuit. How to do it for real.) \$4.*

**Brief #35: *How To Evade Vehicle Surveillance***

*(Outside an intelligence training center this is the most detailed and complete exposition of the subject. Complements Training Brief #34, and is priceless information for self-defense in a modern urban setting.) \$4.*

**Brief #36: *"73 Rules Of Spycraft"***

*(After his death a paper by Allen Dulles (Head of CIA) was found among his effects. Titled "Some Elements*

*Of Intelligence Work” this Document was an unpublished goldmine of tradecraft. Here it is reproduced in full. A marvelous companion to The Moscow Rules.)*

**\$4.**

**Brief #37: “Going Gray” (Secrets Of Clandestinity)**

*(In secret intelligence work it is often essential to “go gray”; that is, to become anonymous, low profile, uninteresting. The opposite of James Bond! This Brief explains how to do it for the private citizen who is concerned about autonomy, security, privacy, and low-profile living.)*

**\$4.**

**Brief #38: Secret Communications — Part 1**

*(The methods used by secret operatives to communicate securely may be of value to private citizens who are merely concerned about privacy, security, and protection. This is tradecraft the pros use!)*

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**Brief #39: Secret Communications — Part 2**

*(Much more solid tradecraft enabling you to engage in secret communications with the efficiency of a trained intelligence officer!)*

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**Brief #40: How To Conduct Secret Meetings**

*(Methods employed by trained agents and underground warriors who fight in resistance to tyranny.)*

**\$4.**

**Brief #41: Training Your Observational Skills**

*(Spies are taught to notice everything. You can learn to be as alert and observant as the finest secret agents, if you’ll follow the guidance in this Training Brief.)*

**Brief #42: Urban Escape And Evasion**

*(Escaping from captivity is a fascinating aspect of tradecraft training for secret intelligence and special operations military people. It takes courage, fitness, resolve, ingenuity, and a mastery of that which is described in this Brief.)*

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**Brief #43: Developing The Spy’s Attributes**

*(In this turbulent 21st century when Western Civilization itself is being destroyed, the unconventional and unusual attributes of the secret intelligence agent can serve to equip the serious individual for survival by teaching him what history's great secret agents relied upon to survive and win while operating amidst hostile forces.) \$4.*

**Brief #44: Resisting Interrogation (Including The Polygraph)**

*(An encapsulation of all you need to know in order to effectively resist even professionally qualified interrogators — short of their using torture. And the polygraph section will surprise you; the method works!) \$4.*

**Brief #45: How To Manipulate Humans**

*(Stop being manipulated and learn to manipulate those who seek to control or to use you by employing the tactics and tricks of intelligence professionals. Manipulation — used exclusively for self-protection and the safeguarding of that which is rightfully yours — is an important, valuable skill.) \$4.*

These valuable Training Brief presentations are perfect compliments and supplements to our DVD Home Training Course and/or to any martial art you may be training in!

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**Realities That The Media Does Not  
Present And That The Braindeads Don't Seem  
To Care About Facing**

**VIOLENCE** is epidemic and insane in our major cities today. The news reports but a tiny percentage, and even then, hardly gives it the attention and detailed analysis that it deserves.

The solution to this problem is obvious but not palatable to the moron/majority: Stamp these goddamn predators out! Enable the potential victims (i.e. the decent human beings who are the target of these savages and scum) to defend themselves with and without arms — and with impunity, for God's sake! Violent filth does not fear legal consequences. It simply indulges its base, animalistic impulses. It obtains firearms and edged weapons illegally. It runs amok and uses those weapons. Or, in packs like wild dogs or jackals, this scum attacks lone persons or couples who are minding their own business and whom these animals know stand just about no chance of defending themselves, then beats and stomps them without mercy. It conducts home invasions. It raids honest business establishments in herds, and steals and destroys and physically causes harm to the innocent.

The odds are good that this will become worse. We have our opinion as to why this is so, but it is certainly not our “opinion” that it *is* so. And it **IS**.

In our own City, Seattle, which we love and feel was once one of the most beautiful cities in the world to live in, some of our best law enforcement officers are leaving the Seattle Police Department. Not because they don't want to do their proper job and go after the dregs of society . . . but because the goddamn imbecilic policies now guiding our citizens' thinking and the Department's guidelines for patrol enforcement procedures do not *permit* them to do their job. What we would love to see is leadership with teeth in it, and an attitude of seriousness take over, and enjoin our City's uniformed officers to get the swine off the street, and protect the public. In addition, there is a push to control — by increasingly small steps — firearms in the hands of the citizens of Seattle. This is an outrage. Citizens should be obtaining CCW's and arming in droves. They have a right to defend themselves and they should defend themselves, but sadly the liberal bullshit

philosophy is seeping into more of their psyches, and the idea that using violence in self-defense is somehow “wrong” has become popular. What stupid morons! And these fools complain about violent crime and wonder why it is spreading. They simper and bellyache and moan whenever a police officer uses necessary force against some piece of street sh-t, or whenever a homeowner shoots and kills an intruder, but howl to high heaven because predation is increasing!

The media cannot be trusted. It manipulates, it lies, and it spreads the agenda of those who would rob us all of our liberty and our dignity, and subordinate us to the level of slaves.

A recent presentation that is available on YouTube, *Is Seattle Dying?* very clearly presents and bemoans the dreadfully serious problems that beset our City. However, the thing to note is that this presentation does not mention for one second that homeless vagrants living in our once clean and beautiful parks and other public areas **SHOULD NOT BE TOLERATED**. Period. It is not “cruel” or “inhumane” to insist that deranged, shiftless vagrants not be allowed to urinate and defecate wherever they wish, to intimidate and violate normal citizens, to disrupt small businesses, and to enjoy the donations of despicable corporate establishments who provide them with tents and other amenities, so that they can turn what used to be a beautiful and safe city into a filthy, disease-ridden dump.

Why is a \$100,000. fine not levied for each and every tent or item of creature comfort donated by some goddamn corporate entity to the vagrants? (And yes, a large Seattle Company has the f---king balls to give outdoor tents and equipment to these creatures.) Imposing such fines might discourage pouring gasoline onto a very destructive social wildfire that is slowly destroying Seattle (and a few other cities, as well, as we understand it) and that is being permitted to burn out of control.

Probably the worst example of our societal lunacy is to be observed in San Francisco. Check into it. You’ll see what we mean. A jury of a—holes actually acquitted a piece of sh-t who, using a stolen gun, shot a

young lady and killed her. He didn't know the young lady. Nor did he know her father, who, tragically, was with her when the killer took her life. Oh, yes, we forgot to mention, this f—king toxic lump of sh-t was an illegal — here in one of our once-great Cities illegally. If you have adopted the euphemism "undocumented citizen" to replace illegal alien, you obviously have drunk deeply of the kool aid and are too far gone to help.

The simple truth is that our society — all of Western society — has become feral. Much, much more so than in decades past, and you are not being informed of this. Instead, you are kept up to date on what some Hollywood slut is doing of late, and of how some jerkoffs who hail from monied or celebrity families are wasting their useless lives.

Self-defense, self-responsibility, self-reliance, careful, tactical living, skill-at-arms, understanding the nature of predatory types, and living in the real world has never been so important. When we moved to Seattle in 1982 there was a plethora of wonderful used bookstores virtually everywhere in the City! We made our rounds of them at least once a week, and thoroughly enjoyed the pleasant, friendly atmosphere that existed in each of these establishments. Now, in 2019, there are few bookstores but everywhere you go you can find marijuana shops, dispensing their crap.

You can pooh pooh our message. We couldn't care less. We aren't speaking to, and we do not care in the least about, our critics or ideological opponents. We never argue with or waste a moment “debating” our opposition . . . for the same reason we will not get into a heated debate and argue against the existence of the tooth fairy, or attempt to refute mother goose. While still a youngster in high school we came across a Poem that has continued to guide and to inspire us, and to make pristine sense in a world wreaking of nonsense: IF, by Rudyard Kipling. From that great Poem:

**“ . . . If you can bear to hear the truth you've spoken**

twisted by knaves to make a trap for fools . . .”

We easily bear it with a smile. We do not give a damn about knaves, and we do not seek to address fools

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***Why We Advocate The Protocol That  
We Espouse In American Combato***

**SELF-DEFENSE** technique number one is **AVOIDANCE**; if that fails, then **PREEMPTION** is the next step; and the last resort (if you are taken off-guard and unable to preempt) is **COUNTERATTACKING** — or the employment of a decisive “*defense*”.

To a percentage of mentally challenged jackasses, unfortunately some of whom train in martial arts, “avoidance” as a first resort whenever possible, seems like *cowardice*. “Never back down . . . *yeah!*” and so on. The philosophy of the anthropoid (or, put in a simpler term, the a—hole).

While never avoiding a *fight*, so long as the “fight” is a sporting contest, makes sense, since one achieves preeminence in a fighting sport by winning the sporting fights. But these are *competitive contests*, not violent, combative engagements (which only the fools of the world think are okay to indulge in to “settle scores”, or in order to “teach someone else a lesson”).

***Real*** combat always entails serious potential consequences. People get maimed and killed unintentionally. People “unintentionally” involve innocent bystanders, or/and they often destroy the private property and business domains of people who, unlike their worthless and stupid selves, are **working hard in order to earn a living**. People end up with criminal records. Jail sentences. And, ***even the most innocent and justifiably aggressive defenders MIGHT end up confronting a lawsuit.***

It is bad enough when you consider that, after *legitimately* defending yourself, you could end up facing criminal charges and have to flush a small fortune down the toilet paying for a defense attorney, while going through a nightmare — wondering if the twelve simpletons who are Monday morning quarterbacking will find you “Guilty”! This is a risk, unfortunately, that *all* of us face, even we who are absolutely determined never to engage in *any* level or form of violence except in unavoidable self-defense, or defense of a loved one. (**Note:** Without the funds to hire a legal genius like the magnificent defense attorney Gerry Spence, you might be relegated to having some indifferent, halfassed mouthpiece “defend” you . . . and thanks to his utter indifference and incompetence, you’ll end up convicted. God forbid you should get a “Public Defender” who probably will advise you to plead guilty — making his assigned task of defending you quicker and simpler — and take a reduced sentence instead of the stretch of years you face.) ***Being innocent is no guarantee of being acquitted!***

Then there is the nightmare of a civil suit. You end up being impoverished either because your defense attorney has charged you through the nose, ***or/and*** because you lose the civil suit!

The late defense attorney Clarence Darrow hit the nail on the head when he said, **“There is no justice, inside or out of court.”**

The American system of juris prudence is the best in the world — but as a practicing criminal defense attorney who was a student of ours years ago acknowledged about the outcome of any criminal trial, *“It’s a crapshoot,”* he said.

Want to **UNNECESSARILY** place your freedom, your finances, your home, your business, and your record on a crapshoot? If so, then go right ahead and “Don’t take no sh–t from no one!” and never, ever “back down”. Don’t let your frail, infantile ego and *machismo* be offended! No, you show the world that you’ll “throw down” with anyone who pisses you off. That’s it, moron. Go ahead.

For those who have the intellect to appreciate that they live in a society governed by rules, customs, and laws, our protocol for sensible, sane self-defense action will become their mantra:

**AVOID** all trouble if you possibly can. *Never* start or agree to any fight, and keep your hands to yourself unless you are forced to act in lawful self-defense. Go to every reasonable length to avoid violence.

**PREEMPT** any obvious, present, overt, imminent threat of serious harm. “Attack the attacker!” as we first wrote in the early 1970’s. Do not wait to be defensive when confronted by what is clearly *danger*. Remember: ***Your motive must always be defense; but your finest means of defense is offense.***

**COUNTERATTACK** the very second you realize that an assailant is moving on you, after catching you off-guard and rendering you unable to preempt his onslaught. Your goal in such a dangerous emergency is to *turn the tables on your attacker*, and neutralize him as efficiently as possible.

Now . . . if you are one of those sane people who practices serious self-defense, remember this:

Your purpose should not be to “win in court”. Ideally what you want is to be **UNINDICTABLE**. That is, when law enforcement presents its report to the District Attorney’s Office after you have effectively used your bare hands or a weapon to protect yourself or your family, the Assistant District Attorney who reviews the police report will conclude that ***you acted in lawful self-defense, and no charges will be brought against you.*** *That*, and not “winning your case” should be your primary, over-riding goal and objective.

Those possessing a room temperature I.Q. may not get this, but those who are the kind of decent citizens we wish to reach, teach, and help ***will*** get it, most assuredly. And while there can be no guarantees of anything in this life, at least the following of *American Combato’s* self-defense

protocol will go far toward helping a legitimate defender avoid persecution by a very unpredictable system.

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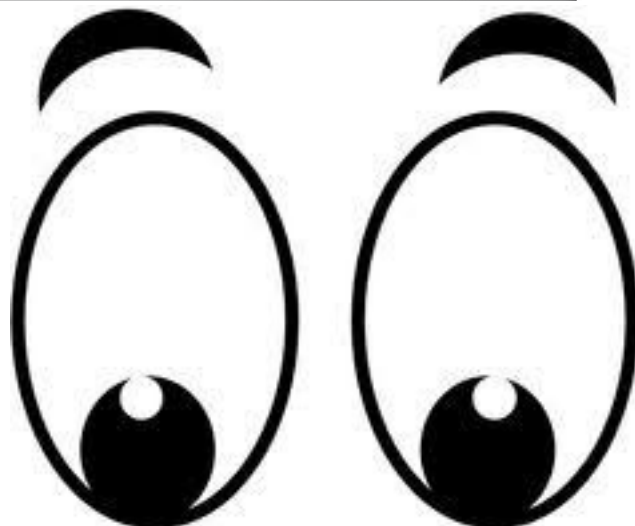
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