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SWORD and **PEN**

Official Newsletter of the International Combat Martial Arts Federation (ICMAF) and the Academy of Self-Defense

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www.americancombato.com www.seattlecombatives.com

DON'T MISS THE <u>NEW</u> ARTICLES ON THE ELEMENT OF SURPRISE (ARTICLES SECTION) AND NEVER TURNING YOUR BACK (MONTHLY INSTRUCTION SECTION) ON WWW.SEATTLECOMBATIVES. COM!!!!!!

Editorial

What about the rest of your life?

WE would guess that the majority of people who first come to the martial arts

are between the ages of around fifteen and 25 years. Overwhelmingly, those who do commence training in a martial art do so for *self-defense*. The mystique of the Asian systems — somewhat diminished from that which it once was in the 1960's and 70's, but still present — accounts for some of the attraction, but by and large when a young man enrolls in a school teaching a martial art it is his desire to learn how to defend himself well.

Most drop out of training within their first few weeks or months of enrollment. Only the smallest percentage of those who enroll stay with it for a year or more. Practically no one (compared to all of those who begin training) train to black belt first degree - or equivalent - proficiency. And of those who do earn a black belt, fewer still *fully develop the grade*, or remain in training on a permanent, ongoing basis, for life. The commercialization of martial arts in this Country has of course seen standards and requirements for grading drop enormously. We recall, some years ago, one of our beginning students (a purple belt after about two to three years of training) told us of meeting a karate instructor who was teaching at a school where our student's girlfriend had enrolled. "I had to visit this place," he told us. "The instructor was only in his early 20's," he went on, "and was the head instructor at the school!" My student discovered that this teacher had received his black belt after training for considerably less than two years. He said nothing to the teacher, but expressed amazement to me. Our student's girlfriend had been awarded her yellow belt after two weeks' training. Our student had taken more like eight months to get a yellow belt from us. And, our student was a strong, agile, disciplined young man who trained three times weekly. His girlfriend (not surprisingly) was a dilettante who had taken about four classes in all. "How could he *possibly* be a qualified black belt expert and a qualified head instructor?" "He couldn't be," we said simply. "How could my girlfriend possibly qualify — legitimately — for a yellow belt after two weeks of training?" "She couldn't," we said.

Many commercial schools are like this. Now it is true that *basic, functional self-defense* can be taught in a relatively short period of time (in *American Combato* the student who qualifies for Yellow Belt and who thoroughly develops his White Belt techniques will almost invariably be better able to defend himself in the real world than the statistically average black belt).

However, anyone seeking Black Belt level proficiency in our System can expect to invest a solid five to six years or so in hard training. And this is the truth: *You don't need to be a black belt in our System or in any system simply to be able to defend yourself*! Basic, simple, natural, and war-proven skills will do the trick for you in a matter of months *IF* you're in a good system that is practical and combat-oriented.

If you are serious about being able to defend yourself *forget* about belts. As and when you earn them, they will be awarded to you; but concentrate on *mastering the skills that you are taught*, and on making them automatic and reflexive. It will be your unhesitant reaction that saves you in an attack — not the color belt that ties your gi.

And for heaven's sake don't spend time on techniques that are either wholly useless and impractical (though spectacular, acrobatic, and impressive looking) or that require the flexibility and youthful agility of adolescence to be effective! *Self-defense is a lifetime art. It may be needed when you are eighteen or when you are 80!*

If the skills you train in require that you remain in a state of extreme, exaggerated flexibility in order to be functional, or if they work only against a cooperative practice partner, *STOP WASTING TIME WITH THEM*!

You must remember that self-defense training is for *life*. It is not an activity that one follows for a few months or years when one is young and then puts aside. As you become older you become less able to perform acrobatics and more attractive as a target for the sort of inhuman scum who victimize and prey upon people. Thus, even if you are now 20, *if you are concerned about learning self-defense* (as opposed to becoming a competitor or a student of a classical art for *art's sake*) then you want **basic**, **simple**, **warproven** skills that will serve you *now*, and that will continue to serve you, in your 70's, 80's, and 90's!



IF YOU WERE A MUGGER, WHICH ONE WOULD YOU PREFER TO ATTACK?

The odds are that you will not continue to train in what you are taught for the rest of your life — although you certainly would be far better off if you did so — and you will want to be able to retain the fundamentals, at least, so that you will always be able to defend yourself and those you love. *Only a truly practical, realistic, non-sport-oriented and non-classical combatives method will enable you to do this.* Don't be fooled.

When considering what to study, ask yourself how effective your program will be for the rest of your life, not merely for the few months or the year or two that you attend lessons.

Bradley J. Steiner

SOON - Our New DVD Course!

THE full set of eleven DVDs presenting a complete course in unarmed and

armed personal defense and close combat is just about ready for release. Good things take time, and we have been asked "When will the set be ready?" by several anxious visitors to our sites. *We will be announcing it on* www.americancombato.com *and* www.seattlecombatives.com *the moment we have the finished DVDs ready for shipment. AND THIS WILL BE VERY SOON!*

This Course has been professionally produced. and we can tell you the following about what you will *not* receive when you order the program:

• These DVDs are *not* second-hand recordings of classes, seminars, or demonstrations which were intended primarily to entertain, and are now being marketed for sale.

• Nor are these DVDs intended to dazzle, impress, show off, or otherwise "wow" an audience . . . leaving viewers to run the DVD repeatedly in slow motion in an effort to figure out how to do the techniques shown.

• These DVDs are *not* the handiwork of a friend with a camera who amateurishly filmed — as best he could — some haphazard collection of skills.

The Course is:

• A professionally recorded and systematic program that is *intended to teach*. The actions are shown clearly and carefully, and they are explained in meticulous detail, so that — even without a teacher — you will be able to learn and progress, if you practice what is presented.

• A well organized, integrated, balanced course in unarmed and armed close combat and personal defense. It clearly explains the fundamentals: stance, distancing, footwork, shielding, evasions, mindset and mental conditioning. It covers the most powerful, destructive, and effective hand, knee, elbow, and foot blows of unarmed combat. It details many of the exclusive *attack combinations* that we developed and first presented in the early 1970's. It presents counterattacking ("self-defense") actions that can be applied in all

sorts of situations. These actions are fluid, adaptable, and like the WWII methods from which they either derive or which inspired them, once learned, can be adapted to an infinite number of dangerous situations. It also includes *stick fighting* methods that **work** in the real world, and **knifework** that will equip you with a real world, reliable method of using a knife in hand-to-hand combat or personal defense.

Each DVD is a stand alone presentation. Together, the set of eleven presents a complete course in self-defense derived from the all-in combat martial art of *American Combato (Jen•Do•Tao)*.

Watch our two sites daily. The Course will shortly be available for purchase!

If you want a solid system of self-defense that contains no B.S., mystical nonsense, or *hypothetically* "practical" moves that work beautifully with a partner but fail under combat conditions, then you will want to own and study this terrific new Course. The *American Combato (Jen•Do•Tao)* System is the *fountainhead*; it is the pioneering System — founded in 1975 — that has influenced virtually every "real world/no-nonsense/WWII methods" advocate out there; many of whom were either not yet born or only children or teenagers when this System was founded!

This is the **real deal**.

How To <u>Really</u> Shoot A Handgun In

Close Combat

WE have long been a far from silent advocate of The Correct Way to Shoot a Handgun in Combat: i.e. by employing the *point shooting method* as developed by William E. Fairbairn and later perfected by both Fairbairn and Col. Rex Applegate. For commercial and ego reasons many who like handguns and who fancy themselves "pistoleros" cling to the mythology of the so-called "new technique" of the pistol, developed by the late Jeff Cooper and his friends. But any objective assessment of the requirements of close combat and personal defense in lethal confrontations demonstrates that it is **POINT SHOOTING**, and no such animal as any *"new technique"* that must be mastered and relied upon.

We have been exposed to, trained in, and certified as qualified in, <u>both</u> the Cooper and the Applegate methods. Without any shadow of the slightest doubt whatever we say that point shooting is **the way to go** for actual close combat employment of the sidearm.

While we do instruct our Black Belts in point shooting, we do not run a shooting school, per se. And we suggest that anyone wanting to learn how to defend himself and his family with a handgun *avoid the "name" shooting schools like the plague!* These schools overcomplicate the process of learning how to use a handgun, cost a small fortune, and advocate a method compatible with *sporting competition* and *match shooting - <u>not</u> combat shooting. There are numerous offshoots of these "name" schools (undoubtedly, hoping to become "name" schools, themselves, some day). Avoid them, too.*

One outstanding instructor who we *do* recommend (and we have <u>NO</u> commercial or monetary interest here, at all) is **Jim Gregg**. Jim, who is in semiretirement after 40+ years of training local and federal enforcement officers, RCMP, etc., operates out of Moses Lake, Washington. Like all real combat instructors, Jim teach *POINT SHOOTING* — with sidearms and with the shotgun. Purely because we know how terrific this fine man is, we have for many years been referring our own serious students to Jim Gregg for firearms training. Every one of them has been delighted with his learning experience.

Just recently two of our Black Belts attended Jim's dynamic two-day program They agree: *This stuff is <u>real</u> combat shooting!*

In a deadly confrontation (which, more than 50% of the time occurs at a distance from the aggressor of not more than five *feet*) you automatically look at the aggressor. *Stare* at him, in fact. Something known in psychology as the *peripheral optic dysfunction phenomenon* occurs involuntarily, and <u>you</u> <u>cannot shift your focus to the handgun's front sight</u>. The advocacy that you *do* make such a shift is one of the foundational elements of the "new technique": i.e. Students are admonished to "*keep your eye on the front sight*". It *is* possible to make this shift when shooting at the range. It is *NOT* possible when you are confronting a human adversary who is closing with you — knife, club, or gun in hand — to kill you. to shift from that focus on him - the enemy - to your front sight. Absolute nonsense.

Jim Gregg, like Fairbairn, Applegate, and our self, **knows** this. He panders to no commercial interests and seeks no accolades in the gun magazines and their Walter Mittyish readership. Those who do it for real know the facts, too; and such men go with point shooting for combat survival, every time.

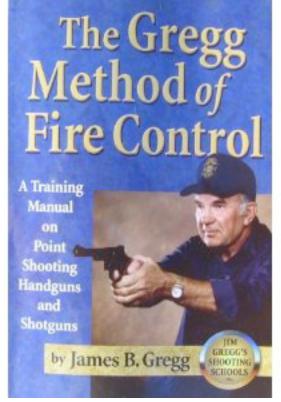


TWO OF OUR HIGHLY ESTEEMED STUDENTS, BOTH BLACK BELTS, PAUSING IN THEIR TRAINING FOR A SNAPSHOT WITH THEIR TEACHER. JIM GREGG. (JIM

GREGG IS AT THE LEFT, WITH THE CAP), BRIAN SNODDY (MIDDLE), AND DAVE SMITH (RIGHT).

For nine and a half years we had a monthly column in a mainstream gun magazine. During those years (as well as prior to them, and since) we have always pushed the truth of point shooting.

In addition to his outstanding teaching, hands on, Jim Gregg has written an outstanding text on his point shooting methods, experiences, teaching background, and students' experiences. We highly recommend the book.



JIM GREGG'S BOOK, *THE GREGG METHOD OF FIRE CONTROL*. A HIGHLY RECOMMENDED WORK FOR THOSE INTERESTED IN <u>REAL</u> COMBAT SHOOTING.

If you can own a handgun legally and wish to avail yourself of the right way to employ that handgun to save your life, then you want to learn point shooting!

In addition to personal instruction from Jim Gregg, our self, or any of the other few legitimate teachers of this doctrine, you should obtain *SHOOTING TO LIVE*, by Fairbairn, *KILL OR GET KILLED*, by Applegate, and *QUICK*

OR DEAD, by Cassidy.

All the facts are there, and the method is clearly explained.





DAVE (LEFT) AND BRIAN (RIGHT) STAND BESIDE THE METAL TARGETS WHICH THEY FIRED AT — *WITHOUT THE USE OF THE SIGHTS!* — AND YOU CAN SEE THAT THEIR ROUNDS ALL STRUCK LETHALLY AND CLOSE.

And before we forget: What about the idea that "autopistols are the best combat pistols, and revolvers are obsolete"? You will note that our students both employ autopistols.

Contrary to the commercial B.S. *BOTH* automatics *and* revolvers are excellent and reliable weapons. Each has certain advantages and disadvantages. Ideally, you should train so that you are completely comfortable with both types of handguns. As to the question of which one is best for *you* and will better meet *your personal requirements*, that is a question that, after suitable education and training, only *you* can answer. *Point shooting is employed with either type of weapon, and is equally effective with either type,* however.

Building A Worthwhile Reference Library

YEARS ago we wrote a book titled *Manuals on Mayhem: A Complete Guide to the Literature of the Combat Arts*. Loompanics, Unlimited published the work and it quickly sold out. Today, Loompanics no longer exists, and *Manuals on Mayhem* is out of print. Many have asked us if we would do an updated bibliographic study that expanded upon what *Manuals on Mayhem* offered, and possibly one day — time permitting — we will.

Since people e-mail us often about recommended reading and references that we would endorse, we thought that we'd present a brief listing here of those books in the "close combat and practical defense" field that we'd regard as being the best.

Some of the following titles are difficult to locate and are, if located, pretty costly. In our opinion they are worth it. Some have been reprinted. One thing we assure the reader of: This listing provides a most fruitful personal library, and there is something in every single one of these works that is valuable and that contributes to effective skills development, when applied in training.

Happy book hunting!

- 1. Kill or Get Killed, by Rex Applegate
- 2. All-In Fighting/Get Tough!, by William Fairbairn
- 3. Hands Off!, by William Fairbairn
- 4. Scientific Self-Defence, by William Fairbairn
- 5. Shooting to Live, by William Fairbairn
- 6. Arwrology, by Gordon Perrigard
- 7. U.S. Navy V-5 Hand-to-Hand Combat, by U.S. Naval Institute
- 8. Do or Die!, by Anthony Biddle

- 9. Cold Steel, by John Styers
- 10. Combat Judo, by Robert Carlin
- 11. American Combat Judo, by Bernard Cosneck
- 12. My Method of Self-Defence, by Mikonosuke Kawaishi
- 13. Self-Defence Complete, by Pat Butler
- 14. Field Manual 21-150 Combatives 1971 edition, by U.S. Army
- 15. Unarmed Close Combat, by Malcolm Harris
- 16. Handbook of Self-Defense, by John Martone
- 17. 36 Secret Knockout Blows, by Sven Jorgensen
- 18. How to Fight Tough, by Jack Dempsey

19. <u>All</u> of those works by Bruce Tegnér dealing with *practical self-defense*, *Jukado*, and stick fighting for self-defense

20. A Defense Manual of Commando Jiu-Jitsu, by Irvin Cahn

- 21. Defend Yourself!, by Jack Grover
- 22. Self-Defense, by Wesley Brown
- 23. Combat Conditioning, by R.E. Hanley
- 24. U.S.M.C. Combat Conditioning, edited by Charles Melson
- 25. Close Combat Files of Rex Applegate, by Applegate (edited by Melson)

26. Complete Book of Knife Fighting, by William Cassidy

27. Your Personal Handbook of Self-Defense, by Gene Le Bell

28. Modern Self-Defense, by Robert J. Sigward

And, for those who are seriously doing in-depth studies and researches into close combat and self-defense, the following books on classical/traditional martial arts will prove additionally valuable:

1. Kenpo-Karate: The Law of the Fist And the Empty Hand, by Ed Parker

- 2. Dynamic Self-Defense, by Sam Allred
- 3. Kempo Self-Defence, by Russel Kozuki
- 4. Dynamic Karate, by Masatoshi Nakayama
- 5. Practical Karate (Series), by Masatoshi Nakayama

6. Dynamic Judo Grappling Techniques, and Dynamic Judo Throwing Techniques (2 volumes), by Kazuzo Kudo

7. Techniques of Self-Defense, by R. Figueroa and C. Lee

8. Karate: The Art of "Empty Hand" Fighting, by Hidetaka Nishiyama

- 9. U.S. Navy V-5 Boxing, U.S. Naval Institute
- 10. U.S. Navy V-5 Wrestling, U.S. Naval Institute
- 11. Championship Fighting, by Jack Dempsey
- 12. My Study of Judo, by M. Koizumi

Get <u>REAL</u> In Your Training, Now!

REGARDLESS of what you may be studying or training in at present — even if you are selfteaching, via books and DVDs — you can benefit beyond measure by availing yourself of the CD text materials we have prepared and are offering for sale:

1. THE MOST EFFECTIVE BLOWS OF UNARMED COMBAT — \$13.

This concise Manual, which may be read on your computer screen or printed out in a hard copy, describes the **16** most crucially important blows which comprise the "basic blows" syllabus of *American Combato (Jen•Do•Tao)*. You'll learn what the blows are, how to execute them, which targets to strike, and the best ways to perfect their development as natural hand-to-hand battle weapons.

2. *ATTACK COMBINATIONS* — \$15. Here in one powerful Manual is described **30** of

the most reliable, effective, destructive combination sequences that we teach in *American Combato*. The descriptions are easy to understand, and anyone who really masters a half dozen of these unique attack combinations will be a thoroughly formidable person, indeed, in hand-to-hand combat!

3. *MENTAL CONDITIONING FOR CLOSE COMBAT AND SELF-DEFENSE* — \$30.

A brand new **214 page** self-instruction book that is available *nowhere else*. It is copyrighted, but you may print out a hard copy for your personal use or read it on your computer screen. This is the first book to actually teach a comprehensive program of mental conditioning for the combatives student or professional.

<u>FREE</u> with this book, on the same CD, is a copy of Jack Grover's classic, *DEFEND YOURSELF!*, and Robert Carlin's impossible-to-find gem, *COMBAT* JUDO. These two books should be printed out n hard copies for serious study.

4. RULES OF SELF-DEFENSE — \$17.

Perhaps the most politically INcorrect presentation of 20 "rules" (ahem!) for winning in anything-goes close combat and self-defense. Each rule is presented with sufficient descriptive force so that you will definitely "GET IT", and a few dramatic illustrations help to get the point across.

This Manual is for anyone practicing any martial art who wishes to gear his training and his mental preparedness for the REAL THING! Students in our Classes, and those who take private lessons from us are pounded relentlessly with these concepts; they will be a healthy reminder for students of American Combato. However, for anyone practicing ju-jutsu, karate, judo, boxing, etc. and who wants to get ready for those "contests" played for KEEPS, this Manual is a "must have" reference!

5. THREE MONOGRAPHS — \$22.

Here are three monographs you will not want to miss:

1. The Myth of Groundgrappling, 2. An Annotated Copy of Fairbairn's WWII Silent Killing Course, and 3. The Physical and Psychological Factors required For Success In Hand-to-Hand Combat.

ALL OF THE ABOVE RECORDED IN THE HIGHEST QUALITY SPEED, AND ON THE FINEST QUALITY CD DISCS IN "PDF" FORMAT FOR YOUR CONVENIENCE AND LIFETIME LEARNING.

Also available is the quality revised *Paladin Press* reprint of our 1970's Classic that "started it all" in this "WWII methods/practical combat/offense based fighting, etc." movement:

The Tactical Skills of Hand-to-Hand Combat — \$14.

We will autograph your copy, and we will include a document available from no other source, explaining the significance and role of this little Classic in making the martial arts seeking public aware of an entirely new and more effective approach to personal combat than had hitherto been taught or recognized, outside the military and intelligence training circles of the Allied Forces, during the second world war.

We pay first class postage on <u>all</u> purchases, except foreign orders. Please include **\$3.00** per item, additional (U.S. dollars) to cover air mail shipping overseas. Send your orders, with cash or money order <u>only</u> payable to:

BRAD STEINER P.O. BOX 15929 SEATTLE, WASHINGTON 98115

What Is The Role Of "Self-Defense"

Techniques In An Offense-Based Close Combat System?

JUST as in the case of wars between nations, wars between individuals (i.e. close quarters and hand-to-hand engagements) are won by going on the offensive, pressing the attack, and continuing to attack until the enemy ceases aggressive action, and has lost the will and the capacity to remain a further threat.

There is no "nice" way to accomplish this objective. It must be done with ruthlessness and with brutality. The "art" of doing it, while most definitely *martial* art, is a far cry from the elaborate acrobatics and complex histrionics so commonly demonstrated today in those popular, commercialized methods of what the public now euphemistically refers to being "*martial arts*". (jujutsu, hapkido, kuk sool won, kenpo-karate, etc.). While in their origins these arts may in some cases have been entirely or predominantly *martial*; they are today primarily *art* — and their applications in hand-to-hand combat and real

world self-defense emergencies is limited.

In the same way that the ridiculously artificial ritual and structured spit and polish formality and pecking order of West Point has nothing whatever to do, in the final analysis, with priming fighting men to kill and to destroy in **war**, so the ridiculously artificial ritual and structured formality and pecking order so commonly practiced and accepted in the "martial arts" field today has *nothing whatever to do* with preparing a man to prevail over a deadly enemy in a dangerous encounter.

The bottom line in preparing for close combat and self-defense is to acquire a fierce, aggressive, attack minded *mindset*, along with brutally efficient, simple, destructive, and *adaptable* physical combat skills. Mastery of proper tactics and maintaining a high level of fitness and physical strength bolster and supplement the essentials and make for the well rounded practical combatant. **Remember:** *The effective practitioner of self-defense relies primarily upon going after his attacker, not upon being able to specifically neutralize or react to every conceivable variant of aggression that attacker might throw against him.*

Nevertheless, no one training in self-defense, in military-oriented combatives, or in such a system as *American Combato* that teaches both, in depth, is doing it right unless his training includes methods of dealing with more-or-less successful actions that have been undertaken against him by an assailant, and which momentarily prevent him from going full bore on the offensive.

Acquiring a practical ability to counter physical attacks that catch him off guard is necessary for anyone wishing to possess a rounded ability to win in close combat.

Thus, *counterattacking* ("self-defense") techniques are an essential part of the trainee's curriculum.

We who train in the combat arts seriously strive to be eternally *alert* and *aware*; but being human beings we cannot always remain so, and in some moment of inattentiveness when we do not see it coming, we need a

response/reaction capability that will enable us to thwart that attack that has "gotten through" our perimeter of tactical security.

Counterattacking techniques should always be regarded as last ditch measures. They are called upon when **avoidance** was not possible, and when **preemption** could not be brought into play. *And when such skills are called upon they had better be <u>simple</u>, <u>ruthless</u>, <u>destructive</u>, and <u>adaptable</u>. Techniques that are not simple will not work under combat conditions. Techniques that are not ruthless will fall short against any attacker who is ruthless. Techniques that are not destructive will fail to drop a serious, determined, dangerous adversary. And techniques that are not <i>adaptable* are *USELESS*.

Systems of martial art that teach between 500 and 3,000 (or more!) specific, situationally precise defenses against as many specific, situationally precise attacks may be interesting arts to train in for esthetic satisfaction, fitness, and "art's" sake; but they are utterly impractical methods of real world self-defense. Self-defense repertoires that are composed of so many individual techniques cannot even be *remembered* (let alone *utilized*!) unless a person devotes many hours every single day for the rest of his life to their retention. *And even then, if an actual attack occurred unexpectedly it would be a literal impossibility for him to select the precise "answer" (i.e. technique) for it from that endless catalog of actions within a realistic time frame — i.e. less than a quarter of a second! — so as to be able to actually <u>use</u> the technique.*

Just as it is the height of folly to evaluate the merits of any "combat" system via reference to how it enables participants to win in contests, so it is foolish to judge the merits of a technique by how well you can perform it under ideal conditions with a cooperative practice or training partner. Real combat skills have no place in contests; and the venue in which they may ultimately have to be applied will not resemble in any manner the environment of the practice hall. *Get real!*

An offense-based self-defense system properly includes sufficient

counterattacking or self-defense techniques to enable the practitioner to adequately deal with such surprise attacks as may be realistically dealt with. The *total number* of these techniques in *American Combato* — and they include variations — is about **125**. And that is **P-L-E-N-T-Y**. We have had students who had attained a reasonable level of practical skill in a dozen such techniques or less successfully defend against attacks that caught them momentarily off-guard.

Quality outstrips mere quantity. Just as the firearm with the simplest construction and the fewest moving parts is the superior choice for the battlefield, so the system of close combat and self-defense that relies upon the most solid core of simple and durable *proven* principles, and that has the *least* number of **necessary** techniques is the hands down best for actual combat use.

Self-defense techniques are relegated to a backup role in any good combat system. But they are necessary, and when they fulfill the standards outlined above, they are valuable potential lifesavers!

Our DVD Course will be available <u>soon</u>! Keep visiting this and our other site for notification when the Course is ready to be shipped. (You will be able to order individual DVDs or the entire set). Each DVD is a stand alone set of lessons, and the full set of 11 is a comprehensive Course which you can study *without* the aid of a teacher!

DON'T MISS THE <u>NEW</u> ARTICLES ON *THE* ELEMENT OF SURPRISE (ARTICLES SECTION) AND NEVER TURNING YOUR BACK (MONTHLY

INSTRUCTION SECTION) ON WWW.SEATTLECOMBATIVES. COM!!!!!!

As we receive numerous requests to quote items that appear here in *Sword* & *Pen* and on our other site, **www.seattlecombatives.com**, from the various sections there, we will again state the terms by which our material may be used **and used** <u>only *non-commercially*</u>:

1. We must be quoted in context.

2. Credit must be given for that which is quoted/referenced.

3. Neither obvious nor implied endorsements of *any* teacher, system, product, publication, or school may be made with our material, or by suggesting that we, personally, endorse same. <u>ONLY</u> that which we specifically endorse <u>in writing</u> may be utilized as an endorsement or suggestion of our personal agreement.

It must be remembered that *Sword & Pen* and the entirety of **www.americancombato.com** and **www.seattlecombatives.com** is copyrighted, private intellectual property. Anyone interested in the *commercial* use of any of our material should contact us directly, in writing.

PLEASE be sure to tell others about this and our other web site. We would like as many as possible to benefit from the information and technical advice that we provide!

Until next month, we wish you good training! Stay combat ready!

YOURS IN DEFENSE,



www.americancombato.com www.seattlecombatives.com

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