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SWORD and PEN

Official Newsletter of the International Combat Martial
Arts Federation (ICMAF) and the Academy of
Self-Defense

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E d i t o r i a l

Fads and Facts are Not

Necessarily Related

THE ever-popular fad of MMA/UFC/BJJ and the **nonsense** (in our and others' professional opinions) that it has spread regarding self-defense and hand-to-hand combat has, sadly, been accepted as "fact" by a large sea of dupes who smugly sneer and guffaw and criticize incessantly those who promulgate the **truth**. That is, while the current fad is certainly *popular*, and

while its enthusiastic participants are certainly entitled to their opinions regarding its merits for actual close combat, the **FACTS** will reveal the **truth**, and every study or investigation into the matter (including cold, objective analysis of hand-to-hand combat in **war**) reveals the incontrovertible:

I.e. In *real combat*. either in warfare or in self-defense, the most effective, reliable, and practical techniques are BLOWS. And for the purpose of defining the contents of “combatives” methods (like *American Combato*) that includes open and closed hand blows; fingertips gouges, thrusts, and jabs; elbow smashes and arm strikes; head butts and biting; knee strikes; low are kicks and stomps; clawing, crushing, and grabbing.

Additional uses of some few *very select* combat throws and strangulation methods, as well as neck-breaking comprise perhaps 5-10 per cent of the overall curriculum — at most. And then only at an advanced level. For police and security professionals we teach holds.

No one can or should argue that accomplished **sportsmen** who train for and compete in MMA/UFC/BJJ “can’t defend themselves”. Nonsense! They probably can defend themselves in many instances very well. Just like boxers, wrestlers, judo men, karate competitors, and kick boxers. That isn’t the point. And we are becoming somewhat tired of having to clarify what **IS** the point, because it should be obvious to any honest, thinking mind: Close combat/self-defense is a field, a study, and undertaking **unto itself**. It cannot be mastered by competitive training and participation in matches. It requires a unique, very specific program of **technical, mental, tactical, and physical training**. Don’t bother to argue this point with us. We are no more interested in listening to either a moronic or commercially-motivated soundrel “argue” against the facts concerning personal combat, than an astronomer is interested in hearing arguments for a flat earth. *Believe whatever you wish*. We are only speaking and writing to — and teaching — those who want the **facts** and who know that it is only the **truth** that is of value when learning.

We received the following in an email from a retired member of the LAPD. He is also a black belt and has had tons of street experience in violent combat

during his career:

“Greetings Brad,

“Have you have seen the Youtube series entitled "How to get disqualified from BJJ Tournaments"? Basically a series of BJJ tournaments where one competitor who is losing, acts out of rage or desperation by retaliating with any number of kicks, or strikes to a vulnerable area (eyes, groin etc) which quickly garners escape as the other stylist releases his submission hold and recoils in pain. These recorded events really refute the claim made by grapplers that vicious counter attacks to vulnerable areas are useless against a determined grappler. . . .”

**“Take care,
XXXXXXXXXXXX**

We hope that many who doubt the truth that we have been teaching and writing since the 1960's will be swayed by *something*, before the nonsense that they have swallowed causes them to fail miserably in a critical emergency and possibly be maimed for life, or killed.

There is another YouTube presentation revealing **accidental** kicks that hit the groin, and hand attacks that hit the eyes. *Instant disability of the participant*. Doesn't *that* tell you something?

We neither gain nor lose if you follow that which has been proven to

work, and dispense with sport, contest, classicism, “art for art’s sake”, and mystical crap. *You* gain if, after accepting what we believe to be commercial nonsense, you turn in the direction of **real world personal combat methods**, like *American Combato*. If you know that it is *sport* and *competition* that satisfies you, and is what you genuinely want, then go ahead and follow that road. Certainly nothing wrong with that. But for heaven’s sake and your own, **if your interest is solely that of close combat and self-defense, get with that, and stop wasting time, energy, money, and effort preparing to fight on the mat or in a ring.**

Just because something is “popular” does not mean that it is your best choice. Sometimes you have to **THINK FOR YOURSELF** in order not to be misled into that which commercial interests want you to believe will give you that which you are after.

Bradley J. Steiner

DVD Course NOW AVAILABLE!



(You Can Learn Self-Defense and Close Combat At Home!)

Here are a few comments about us and what and how we teach, from a handful of the many genuine authorities in the field of close combat and self-defense who are familiar with us and with our work:

“Brad Steiner is one of the three finest instructors of close combat and self-defense that I know of, in the world”

— James R. Jarrett,

Former U.S. Army Special Forces and LAPD SWAT/Protégé of the late, internationally famous defensive tactics and baton master, Robert Koga. Mr. Jarrett holds a 5th degree Black Belt and is a renown firearms, self-defense, and counterterrorist instructor. He is a former university professor and an author.

“ [Brad Steiner] is simply the finest teacher of any subject that I have ever had . . . I feel deeply blessed to be able to know and to study under him”

— Greg Anderson,

Third degree black belt, author of *Weapons At Hand*, accomplished professional athlete (wrestled at the national level and played college football), world-acknowledged authority on physical training, author, and Director of Ideal Exercise, one of the finest fitness facilities in the Western states.

“Brad Steiner knows real self-defense and what works in hand-to-hand combat like no one on earth! His Method is incredible!”

— Detective Ralph Friedman (NYPD Retired),
Ralph was, at the time of his retirement, the most decorated police officer in the history of the NYPD. He has received, among other awards, the coveted ‘Combat Cross’. Ralph was featured, along with his brother — an NYPD Transit Police Officer — on the TV Show Top Cops.

“Your Method is excellent. You have expanded upon and improved considerably the method I learned from Fairbairn and Sykes during WWII and what the USMC taught to the Raider Battalions. And you’re a very good student and teacher”

— Maurice (“Maury”) Geier,
Former U.S. Federal Agent and counterintelligence officer during WWII. Also a combat shooting instructor for FBI and other federal officers, as well as a hand-to-hand combat teacher who was so fierce he earned the nickname “Deathhouse Geier”.

“Your American Combato is a very good System”

— Charles (“Charlie”) Nelson,
WWII hand-to-hand combat judo instructor with whom we trained for nearly three years. It was from Nelson that we learned the O’Neill System, as well as what A.J. Drexel Biddle taught (Charlie was one of Biddle’s students).

“You are indeed a ‘Professor’ of combat arts! I quote you all of the time”

— Grandmaster Jim Harrison,
The premier pioneer in America of the Asian fighting arts of ju-jutsu and karate. The late Bruce Lee once said of Jim

Harrison that he is the one person he would *not* like to fight. It would take a thick pamphlet to describe all of Jim Harrison's accomplishments and contributions to the combat arts in America.

**“From you I learned the valuable lesson of ‘attacking’ instead of ‘defending’ when you have to defend yourself”
— Grandmaster John McSweeney,**

The “Father of Irish Karate”, John was one of Ed Parker's first Black Belts. John also studied boxing, judo, ju-jutsu, and kung fu. The quotation above is from a letter John sent to us after reading our Tactical Skills of Hand-to-Hand Combat. We maintained a correspondence and friendship until John's passing.

**“You certainly do make many excellent points about how mental conditioning for self-defense may be achieved. Although I had never anticipated RET (Rational Emotive Therapy) being utilized for martial arts training, you have done quite an impressive job. I appreciate your outstanding abilities with hypnosis, and I think that your innovative ideas deserve a widespread audience”
— Dr. Albert Ellis,**

One of the most famous psychologists in the world. Of him Dr. Robert A. Harper once wrote that he believed Dr. Ellis' contributions are as significant as those of Dr. Sigmund Freud. We owe a good deal of how we work with students to achieve all sorts of psychological breakthroughs to our intensive study of Dr. Ellis' works.

“ [Y]our articles are read, studied, and saved whenever they are published. You have an understanding and command of the subject of fighting that very few people have”

— George Kalishevich,

Former USMC Sergeant and combat veteran of Southeast Asia. Kalishevich was a multiple Black Belt holder, a boxer, weight trainee, and hand-to-hand combat teacher since the 1960's. He was also an experienced bouncer. He passed away several years ago.

“As a law enforcement officer working dangerous assignments in the most violent parts of the New York metropolitan area in the 1970's, I found that Mr. Steiner's advice was always on the money. The information contained in his articles in Combat Handguns, Handguns, American Handgunner, and Soldier of Fortune magazines was lifesaving. As a professional armed and unarmed combat trainer, I regularly referred to many of the concepts Mr. Steiner wrote about. He often went right to the source to discover how and why certain methodologies worked. Bradley Steiner is one of the few civilians actually certified by Col. Rex Applegate to teach close combat.

The late John McSweeney . . . dubbed the ‘Father of Karate in Ireland’ told me that he also was greatly influenced by Mr. Steiner's writings, especially the idea of paring down close combat techniques to a few essential strikes, trained to perfection. Mr. McSweeney told me that he had a pet name for Brad Steiner. He called him ‘The Monk,’ in reference to Mr. Steiner's vast knowledge of martial arts and mayhem. My own writing about martial realism was inspired by Brad Steiner's”.

— Grandmaster John Perkins,

The brilliant innovator of ‘Guided Chaos’, John Perkins' background in unarmed combat (and armed combat) is the result not only of training but of lots and lots of real world experience.

The First and Only Complete Self-Defense and Close Combat Course in American Combato (Jen·Do·Tao) on High Quality DVDs!

Eleven carefully prepared professional instructional DVDs describe and demonstrate the most practical, powerful, reliable, and authentic skills of no-nonsense realistic and war-proven unarmed and armed hand-to-hand combat methodology and personal defense developed since WWII! This Course, describing methods from that System developed in the early 1970's by Bradley J. Steiner, which crystalized into the American Combato (Jen·Do·Tao)[™] all-in modern close combat/self-defense martial art in 1975, will teach you how to defend yourself and those you love in any situation! Some of these methods have been copied, imitated, and pirated during the last 25 years, but a complete self-defense course derived

directly from the original and authentic System — and the only authorized presentation of American Combato — is now available for home study. All of the techniques, all of the theory, and all of the mental conditioning and related doctrine in these DVDs is presented by the System's originator, Prof. Bradley J. Steiner, himself. Like Fairbairn, Sykes, Applegate, O'Neill, Brown, Begala, and Biddle in the second world war — from whose lineage this modern Martial Art is a direct descendant — Prof. Steiner clearly, simply, and plainly instructs in real world, lifesaving combatives doctrine.

You can order any of the eleven DVDs individually, or you can purchase the entire Course, in which case you pay for only ten DVDs. You receive one FREE!

Each DVD contains the equivalent instruction normally given in four to eight private

lessons. This Course is the equivalent of at least 50 private lessons with Prof. Steiner, personally! And you can review this instruction again and again, and save the DVDs for your children to study when they are old enough.

IMPORTANT NOTICE!:—

The system of martial arts presented in these DVDs is not a "traditional" or "classical" martial art.

These DVDs, and the information, and techniques contained within should not be taught, shown, or divulged to anyone under 18 years of age.

Due to the serious nature and lethality of the techniques shown, no one under 18 should be instructed in the techniques.

Due to potential serious injury or death, minors under the age of 18 should not be allowed to purchase or view the techniques demonstrated on the DVD's and in the system.

Minors lack the proper judgment and emotional restraint and discipline and should not be entrusted with the techniques contained herein.

Please utilize the techniques only in those situations where you would utilize a lethal weapon, similar to using a firearm, an improvised or edged weapon.

Please keep DVDs in a safe place out of the reach of minors, similar to safekeeping of firearms.

Contents:—

DVD #1 FUNDAMENTALS

- How to stand, move, distance, and position yourself
- The combat color code
- Attack mindedness

- Evasive footwork
- How to shield
- “Fairbairn’s Four” —

The chinjab smash, the handaxe chop, the tiger’s claw, and the side kick. All clearly explained and demonstrated so that anyone with no prior experience in any martial art can understand and develop the skills! These are the first four of *American Combato’s* 16 Key Blows (originally regarded by W.E. Fairbairn as the “most essential” basic blows, comprising a complete mini-system of personal hand-to-hand combat, once mastered).

DVD#2 BASIC BLOWS

- Continuing from “Fairbairn’s Four”, this powerful presentation completes your lessons in the remaining 12 Key Blows — the most practical and effective blows — in unarmed close combat.

- The straight heelpalm
- The knee attack
- The front kick
- The elbow smash
- The fingertips *thrust*
- The fingertips *jab*
- The snap kick
- The backfist-forearm smash
- The hammerfist-forearm smash
- The basic straight punch
- The ear box
- The throat lock

DVD#3 ATTACK COMBINATIONS - FIRST SERIES

- Powerful and devastatingly effective combinations of attacking actions which are adaptable to an infinite number of situations and emergency circumstances. These attack combinations utilize the Key Blows, and include additional offensive unarmed combat actions and tactics. which enable you to infinitely combine, and improvise limitless sequences and applications of ferocious attacks of your own.

This DVD focuses on attack combinations leading with *HANDAXE CHOPS* and *THRUSTING ACTIONS*, the first two categories of “attack

combinations” in *American Combato*.

In this and the next DVD you will learn more combinations of each type than you would ever possibly need.

DVD#4 ATTACK COMBINATIONS - SECOND SERIES

- Completing a well-balanced, comprehensive curriculum in vicious, unconventional, yet simple and readily applicable attacking sequences which enable the practitioner to overwhelm and disable any assailant. These combinations continue to expand your capability with the Key Blows and with other actions and tactics, and turn you into a dangerous, unpredictable, offensive combatant in close quarters combat. You’ll be an expert at taking the battle into the enemy’s camp and *attacking your attacker!*

This DVD trains you in *DISTRACTING LEAD ATTACKS, KICKING LEADS, and MISCELLANEOUS LEADS*.

DVD#5 COUNTERATTACKING THE UNARMED FRONTAL ASSAILANT

- No realistic close combat system is worthwhile unless the matter of *counterattacking* (i.e. reacting to attacks which you have been unable to preempt) is covered. In this DVD you will learn:

- How to immediately react with devastating and decisive force against any grabbing type attack from the front
- How to break holds that attackers might apply if they catch you off guard
- How very simply to counter punching or kicking attacks

DVD#6 COUNTERING THE UNARMED REAR ATTACK

- Attacks from behind are *deadly*. Learn first and foremost to guard against leaving access to your rear. However, if caught unaware, learn

- How to counter sudden grabbing attacks from behind
- How to counter holds that may be applied from behind

DVD#7 COUNTERING KNIFE AND CLUB ATTACKS

- The proper tactics and mental plays applicable to these situations is

emphasized. Technically, you will be taught

- How to deal with knife *threats*, from varying positions
- How to save your life if attack by an adversary who is determined to slash or to stab you with a knife
- How to counter overhand club attacks
- How to counter the backhand club or baseball bat swing

DVD#8 COUNTERING HANDGUN AND SHOULDER WEAPON THREATS

• Obviously these, like knife and club attacks, are *deadly* threats and only the simplest, most basic and reliable methods should be studied. No weapon “takeaways” or complicated nonsense here! These are commando type actions and will work under the most adverse conditions. Intended to save lives — not your wallet.

- Frontal handgun threats
- Side handgun threats
- Rear handgun threats
- Frontal shoulder weapon threats
- Side shoulder weapon threats
- Rear shoulder weapon threats

DVD#9 COUNTERING MULTIPLE ATTACKERS

• Key principles and tactics of countering more than a single aggressor

• The core *scenarios* and how to develop counterattacking capabilities against two or more attackers that *really work*.

DVD#10 HOW TO USE THE STICK FOR SELF-DEFENSE

- Basic stick techniques
- The *complete* Fairbairn stick method (beyond what is taught in *ALL-IN FIGHTING/GET TOUGH!*)
- The USMC’s Kengla Technique
- Some advanced stickwork combinations
- How to use the *yawara* hand stick (for modern applications)

DVD#11 KNIFEWORK

- Psychological factors
- The universal grip (for stiletto and Bowie type knives, as well as for kitchen, utility, and all other types of knives, and for improvised stabbing and cutting implements)

- Knife *offense*
- Defending yourself with a knife

The cost of each individual DVD is \$59.95 + \$6. shipping and handling (**\$20. postage and handling for foreign orders**)

If you purchase the complete 11-DVD Course you pay only for 10 DVDs, bringing the total cost to \$599.50. You get one DVD FREE. **Add \$20. for postage and handling (\$40. for foreign orders).** That's just under \$600. for \$7,500. worth of training!

All DVD purchases are of course nonrefundable.

Personal checks may take up to three to four weeks to clear, in some cases. For *immediate* shipment send cash, or a postal money order, bank check or bank money order, payable to Brad Steiner. Send your order to:

**Brad Steiner
P.O. Box 15929
Seattle, Washington 98115
U.S.A.**

You will want to study these DVDs again and again, as they are rich in content and packed with solid, reliable information and instruction!

“Advance And Take Ground!”

“**SELF-DEFENSE,**” we first wrote in the early 1970’s “is war in microcosm.” Effective warfare is waged by attacking and destroying the enemy; by *advancing into* his territory and taking it over.

On the individual combat level “war” (i.e. personal combat) is won by going on the offense and destroying the enemy. In hand-to-hand battle there is almost an exact parallel principle to that axiomatic principle of full-scale war — i.e. “Advance and take ground”. It is “Always advance into the enemy when attacking. Do not stand and throw blows ‘out at’ him. Trading blows is for sport. You might even have quite a number of rounds in sporting context — but in **combat** there is *no round two! Seek to advance and to ‘occupy’ the spot where your enemy is standing. Drive in! Get your entire body behind your steady, relentless attacking into your enemy.* This is one of the key principles of winning in individual combat — in war or on the street, in self-defense.”.

Think about this. Practice it. Master the tactic. Use it with unarmed combat, knifework, and stick combat. **Use it!**

Observe how predatory jungle cats **play**. They use a kind of “boxing” — pawing and “slapping” and “swatting” at each other, or rolling around and biting only softly as they engage in their aggressive play. **BUT** notice how these animals conduct themselves when in actual *combat*. They drive in full bore, all of their weight behind their claws impact, ripping apart their enemy, while also biting into him with their powerful jaws and their bodyweight pressuring their teeth into their foe.

Observe guard dogs — notably German Shepherds and Doberman Pinschers. When playing with their masters they brace themselves and snap out with soft, non-penetrative “bites”. They jump around evading the master’s movements and then snapping harmlessly with their own. **BUT** notice how these marvelous dogs go after their quarry in a combat situation. They charge in and slam into him, using all of their momentum and weight. In fact their coordinated use of force permits these dogs, at an average weight of 90 or so pounds each *to take men weighing nearly three times their weight in*

some instances right off their feet, and to the ground.

Jungle cats and guard dogs intuitively understand how to use their built-in weapons to maximum effect. People have to *learn* how.

Follow the principles of **war**. Defend yourself as a Nation properly does. Avoid how **poor** policies of combat will affect self-defense just as they will affect national success in combat. Embrace how **correct** policies of combat will result in victory — for a nation at war, as they will for an individual in a defense emergency.

“Move in! Advance! Occupy the enemy’s territory! Take his ground! Attack ferociously and keep on attacking until he is kaput!”

Think of the Israeli Six Day War. It was a colossal victory and lasted less time than an office worker’s yearly vacation! Contrast that with the Vietnam War, where a collection of incompetent, ignorant political jerkoffs presumed to send the most powerful military force on earth to war, **but to deny that force military leadership** which would have insured a reasonably short time to win a victory. “Limited war” is — to a sane mind — *unjustifiable* war. “Limited self-defense” is — to a sane mind — *unnecessary* “self-defense”.

Violence is not to be played with. If you are not justified in going all-out and neutralizing the other guy, then keep your hands to yourself.

If you *are* justified in going all-out and neutralizing the other guy, then ***do it at once, and don’t play games! Get in there and destroy the enemy. Take over his ground, smash him to the deck. WIN! And have no regrets about doing so. Use the principles of war.*** The principles of sport are for fun.

Do Not Miss!

An enormous source of instructional articles, professional commentaries, book reviews, and the American Combato System's structure, contents, and philosophy. NEW MATERIAL ADDED EVERY MONTH . . . ALL FREE!

GO TO:

WWW.SEATTLECOMBATIVES.COM

Total of over 400 articles packed with instruction, training tips, suggestions, insights, and technical close-combat and self-defense advice!

After reading the latest entries, check the “archives” (bottom of each page) for lots and lots more FREE material devoted to quality skills, mental conditioning. Years of valuable writings! We've been a pioneer of what today is called “Reality Based Self-Defense” and the purveyance of the “WWII Close Combat Systems” since the late 1960's — long before most of today's “intruc-tors” were born! Our writings reflect

the knowledge, skills, and teaching experiences acquired over a period of 60 years, and of our training, learning, and doing!

BULLSHITSU

● **bull shit' su** = Our term for the sort of nonsense that permeates the martial arts. Frauds, myths, lies, fantasies, misrepresentations by malcontents, acrobatics, classicism or sport masquerading as close combat or practical self-defense, slanders, the spreading of bullshit for commercial gain. etc.

MARTIAL arts has not only declined immensely in quality *in general* in the United States, it has of late become buffoonish in some circles! It was bad enough when the fiction of competition-and-ground-fighting-as-real-combat and defense took hold of the room temperature IQ's, and enjoined the gullible to take up **competition** and to focus on **ground grappling** if they wished to be "really" prepared for "real"(!?) combat. Utter nonsense. We now note, however, thanks to feedback from a correspondent, that matches have been held between **BJJ** experts and **Bodybuilders** . . . apparently to discredit "mere muscle" and to show that a person versed in the fighting sport of BJJ can overcome someone not so versed, but merely well-developed *strength* and *muscle-wise*. Well, duh, the only ones who will be impressed or enlightened by *that* bit of **BULLSHIT** are those simpletons who haven't figured out that such moronicness is **commercialized showmanship of the lowest and most misleadingly dishonest kind!**

What the hell does being a bodybuilder per se have to do with fighting?

It is no more logical to place a bodybuilder in a contest (**what “contest”?**) with a BJJ black belt than it would be to place a parachutist in competition with a deep sea diver.

Would you be surprised if a professional boxer defeated a bodybuilder? Or if a karate expert did? Or if a wrestler did? Or a judo man? Or a fencer? Or an expert kick boxer? Or even a hardened street fighter?

If any of those ridiculous “contests” resulting in an **obvious** win by the trained fighter (regardless of what form of fighting he employed) *convinced you* that “strength wasn’t necessary” and that “muscular development and power are not needed for personal combat” you would have established that you likely have the intelligence of a sand flea. What crap!

Ask yourself this simple question:

“If the bodybuilder in any of these ‘contests’ *also had the technical fighting skill level of the black belt or expert in addition to his power and muscular development, who would win?*” (Not “Who do you *think* would win?” because it is a *certainty*. All other things being equal, the stronger person wins. Fact. Absolute. Incontrovertible fact (except among fools who *want* to believe horseshit.) The “contest” between the fighter and bodybuilder is **STUPID, DISHONEST, MISLEADING BULLSHIT.** Why not “challenge” a BJJ fellow to a weight lifting contest? Would that prove that BJJ is useless, when the bodybuilder out-lifted the black belt?

We ask **none** of these questions, save rhetorically. So, if your keeper has let you out of your cell and given you time to answer our questions, do not bother. Your email will be **SPAMMED** when it is received. We cannot relate to people who, in essence, probably require a booklet of instructions when they purchase toilet paper.

While we’re on this particular subject, here’s another thing that really should be mentioned regarding the “bodybuilder” question:

It is common knowledge that many serious bodybuilders take jobs as

“doormen” or bouncers. With little besides their raw strength and a rough-and-ready attitude, these bodybuilders do fairly well in handling typical, unskilled aggressors and belligerents. **This in no way provides an endorsement for developing muscles and strength as being any kind of total or complete program per se for self-defense.** However, it does provide evidence that in the real world, since statistically likely opponents in nearly *any* encounter will **not** be accomplished fighters, *overwhelming strength often suffices quite well for those who possess it, in order to stop their hostile conduct.* In an *actual*, unanticipated for-real **battle** between a serious professional bodybuilder and some BJJ black belt the fight might very well see a BJJ black belt snatched up off the ground and smashed into a brick wall *or* into the ground ——— head first.

A n d . . . in the real world . . . if a well-developed bodybuilder lashed out **by surprise** with a full power (albeit unskilled) punch to a BJJ black belt’s jaw (outside of any predetermined “contest”, “match”, or “bout”) the almost certain result would be an instant knockout of, and a probable broken jaw for, the black belt. This assumes an *actual* all-out attack by a 220-pound plus bodybuilder in his 20’s or 30’s against a BJJ black belt (again, outside the context of “competition”, but in a sudden, explosive free-for-all).

Ask yourself this question:

“IF, SOMEHOW, THE BODYBUILDER IN ONE OF THESE FARCICAL DEBACLES *SOMEHOW HAD THE EXACT SAME LEVEL OF FIGHTING SKILL AS THE BJJ MAN WHO WOULD WIN?*” (Not “Who do you *think* would win?” But “Who would win?” The answer is incontrovertible, obvious, certain, provable, and definite.) All other things being equal the **STRONGER** man will win every time. Strength is a **vital** factor when skill levels are equal. But even *suggesting* that skill is “all” that is necessary is preposterous ——— **except in a *contest* where everything begins equally and there are absolute restrictions on what each party in the event can do in order to win.**



NOW *HERE* IS A “BODYBUILDER” WHO THE MORONS WOULD *NOT* HAVE WANTED TO CHALLENGE OR FIGHT!!!! THE LATE KOREAN TAE KWON DO MASTER SANG SOO (“TIGER”) KIM, OF THE BRONX, NEW YORK. IN ADDITION TO POSSESSING A WORLD CLASS PHYSIQUE, BUILT BY LONG AND HARD WEIGHT TRAINING, THIS TERRIFIC TEACHER OF TAE KWON DO WAS A 9TH DEGREE BLACK BELT — AND HIS FIGHTING ACUMEN EXTENDED WAY BEYOND JUST TAE KWON DO.

WE KNEW KIM AND PLEASE BELIEVE US WHEN WE SAY THIS: HE

WAS AS FLEXIBLE, AGILE, LIGHTNING FAST AS A CAT, AND AS POWERFUL AS A STEAM WINCH. ALTHOUGH WE HAVE NOTHING TO DO WITH SPORT OR COMPETITION, WE WOULD HAVE PLACED ANY AMOUNT OF MONEY ON TIGER KIM, *REGARDLESS* OF WHICH “MMA”, “UFC”, OR “BJJ” MASTER HE MIGHT HAVE FOUGHT, IF SUCH ABSURD MATCHES HAD BEEN AVAILABLE IN HIS TIME. *THIS IS WHAT WE’RE TALKING ABOUT WHEN WE SPEAK OF A “BODYBUILDER” WHO POSSESSED SKILLS EQUAL TO OR GREATER THAN SOME FOOL WHO — BECAUSE HIS OPPONENT WAS A “BODYBUILDER” — BELIEVED THAT CHALLENGING HIM WOULD BE A GREAT EGO SATISFACTION.* KIM WAS A TRUE MASTER AND A FINE GENTLEMAN AND TEACHER. HIS HANDS WERE SO LARGE AND POWERFUL THAT HE DELIBERATELY RESTRAINED THE EFFORT WITH WHICH HE DELIVERED A FRIENDLY HANDSHAKE!

P.S. Our caustic remarks, we hope our visitors understand, are directed only toward those who deserve them. We fully appreciate that the majority of those reading our material are *not* gullible, brainwashed, propagandized half-wits.

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**WANT SOME SOLID INSTRUCTION ON DEVELOPING
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MINDSET? CHECT OUT THE LATEST ADDITION TO
THE “MONTHLY INSTRUCTION” SECTION OF**

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The news story that follows is why we have NO MERCY for bullies, and why we take the matter of bullying amongst children so seriously. The lousy little bastard who did this to the younger boy could easily have killed his poor victim.

We look at parents, teachers, school administrators, psychologists, and martial arts teachers who do not advocate serious, decisive defense skills for children to use *against* those scum among them who are bullies, as accomplices and enablers of the bullies' success.

Illinois boy, 14, charged with beating 12-year-old classmate into coma

BY JESSICA SCHLADEBECK

NEW YORK DAILY NEWS Thursday, February 23, 2017, 9:33 AM



A 14-year-old student charged with felony aggravated battery for body slamming a 12-year-old classmate has been assigned a public defender and put on electric home monitoring.

The boy, also charged with two counts of misdemeanor battery, appeared in juvenile court with his parent for the first time on Tuesday. He's not allowed to leave his home other than when he goes to school and was also required to have an evaluation by a diagnostics center, CBS News reported.

The suspect's parents said in court that he's still attending school now, though district officials noted the eighth grader is no longer attending Kenyon Woods Middle School, where the incident occurred.

District Spokeswoman Mary Fergus told the news station the school is "providing educational services for the student."



A 14-year-old boy has been charged with aggravated battery after he allegedly attacked 12-year-old Henry Sembdner. (GOFUNDME)

The 14-year-old is accused of beating fellow student, Henry Sembdner, into unconsciousness on Feb. 3 after his classmate bumped into him between classes.

The South Elgin 12-year-old suffered multiple facial fractures and

bleeding on the brain after being body slammed by his classmate. He was in a medically-induced coma for about three days before his breathing tube was removed and he was sent home on Feb.7, CBS reported.

The Sembdner family's attorney, Lance Northcutt, has already met with school officials to arrange Henry's return to class. He said the boy hopes to be back at school by St. Patrick's day in March. Northcutt said Henry's parents are grateful for the progression of the case, but couldn't help but still be worried about the boy who attacked their son.

"His parents, certainly they're angry and upset about what happened to Henry, but they're also sympathetic to the extent that there is a young kid out there who clearly has struggles of his own," Northcutt told CBS. "We're hoping that through this process those struggles get addressed."

The boy who attacked Henry could face up to five years in a juvenile detention if convicted."



“ABSURD ‘ZERO TOLERANCE’ POLICIES FOR VIOLENCE ARE AS STUPID, INEFFECTUAL, AND HORRIFICALLY VICTIMIZING OF THE INNOCENT AS ARE GUN CONTROL LAWS. *NO SCUMBAG-VERMIN, WHETHER SCHOOLYARD BULLY OR ADULT SOB TROUBLEMAKER OBEYS SUCH LAWS. ONLY THE DECENT **HUMAN** BEINGS DO; AND THEY ARE THE VICTIMS OF THE **SUBHUMAN** BEINGS WHO DON’T!”*

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Pacifism Will *NOT* Work Against The Violently

Determined

BELOW is an actual copy of what we would describe as one of the most misguided and almost comically useless written communications in world history: A letter from Mahatma Ghandi to Adolph Hitler very politely asking that Germany's dictator take serious giant steps toward peace.

On a grand scale this illustrates that which we pointed out in a recent past edition of *Sword & Pen*: i.e. that there is such a thing as “insane pacifism”. We thank God that Ghandi was not in charge of the Allies' opposition to the Axis powers! Pacifism is the proper philosophy of *every* and *any* properly educated and fully civilized human being ——— **until and unless he or she is attacked or confronted with the certainty of being violated by an assailant or assailants. *THEN* pacifism becomes an impotent, useless, some might say cowardly and DAMN STUPID recourse!**

As at Wardha
C.P.
India.
23.7.'39.

Dear friend,

Friends have been urging me to write to you for the sake of humanity. But I have resisted their request, because of the feeling that any letter from me would be an impertinence. Something tells me that I must not calculate and that I must make my appeal for whatever it may be worth.

It is quite clear that you are today the one person in the world who can prevent a war which may reduce humanity to the savage state. Must you pay that price for an object however worthy it may appear to you to be? Will you listen to the appeal of one who has seliberately shunned the method of war not without considerable success? Any way I anticipate your forgiveness, if I have erred in writing to you.

Herr Hitler
Berlin
Germany.

I remain,
Your sincere friend

M.K. Gandhi

You cannot bring a gang attack, mugging, home invasion, carjacking, rape, kidnapping, attack with a club, knife, broken bottle, razor, chain, or gun to a halt by declaring that you do not believe in violence and wish to be friends.

It doesn't work.

It doesn't work as either national policy or individual philosophy.

Our position: **Never start trouble, and *never* agree to “fight” with anyone physically (unless in a legitimate sporting context). Always strive to avoid trouble or to settle any potential hostility by diffusing it or getting away from the scene. *Be a pacifist* UNTIL OR UNLESS YOU ARE ATTACKED OR REALIZE THAT AN ATTACK IS UNAVOIDABLE AND INESCAPABLE. Then, turn wild animal and do anything and everything possible to you to neutralize your assailant(s). No compassion, no mercy, no forbearance, no more talk, no more apologizing, no more reluctance to injure. No more *NUTHIN'!***

FYI: We found out who originated the quote that we are jealous of not having first spoken, ourself:



Retired USMC General, James Mattis; now U.S. Secretary of Defense. He said:

“Be polite, be professional, but have a plan to kill everybody you meet.”

Thank GOD for American Leaders like General Mattis. OUR KIND OF “PACIFIST”! SEMPER FI!

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— General George S. Patton, Jr.

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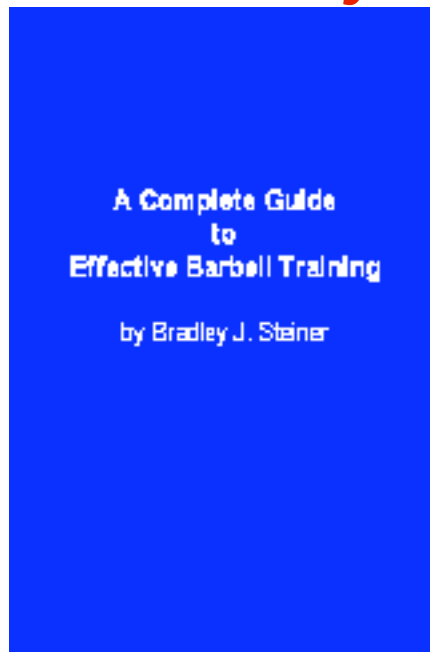
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Long Before the “UFC/MMA” In America

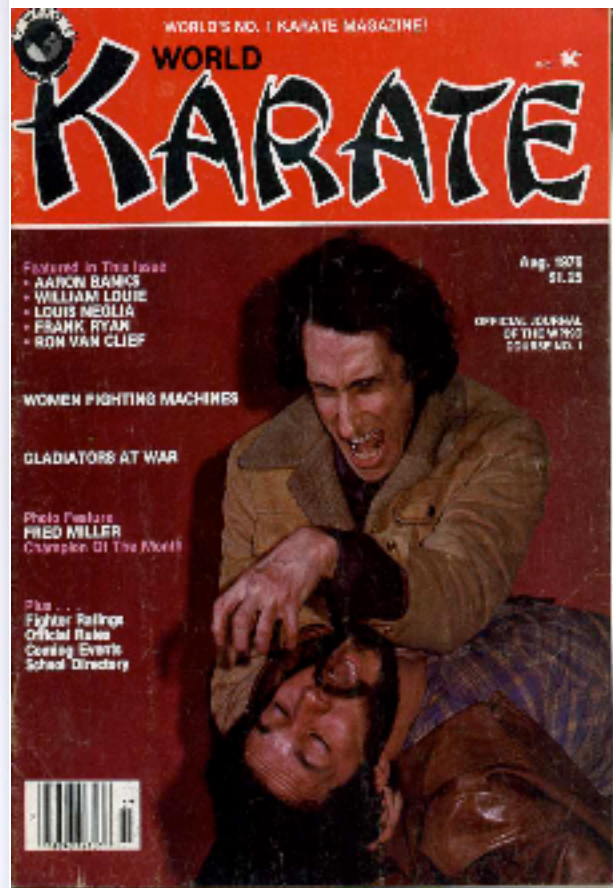
... **THERE** were really dedicated, expert martial arts experts who departed from the beaten path in an effort to maximize practicality and realism, and provide and approach to training that radically outperformed the sporting and contest concept, and that **refuted that concept totally and thoroughly** as being even partially reasonable for the hand-to-hand/close combat devotees and self-defense seekers.

Without hesitation we believe (and so do a lot of others) that our *American Combato (Jen•Do•Tao)* System provides the **pinnacle** of such training ——— but we want to educate those members of the public (who are educable, and not brainless, propagandized sycophants, or followers of plagiarists and frauds) about some of the **real** combat masters who preceded *us*, and who, unlike the commercializing promoters of sport-as-combat, honestly *did* do all that they were able to do in order to fulfill the need of the practical and reality-minded who **ONLY WANTED DOWN-AND-DIRTY COMBAT**, with no sport, mysticism, tradition-for-its-own-sake, or adaptation of Asian culture as *their* way of life.

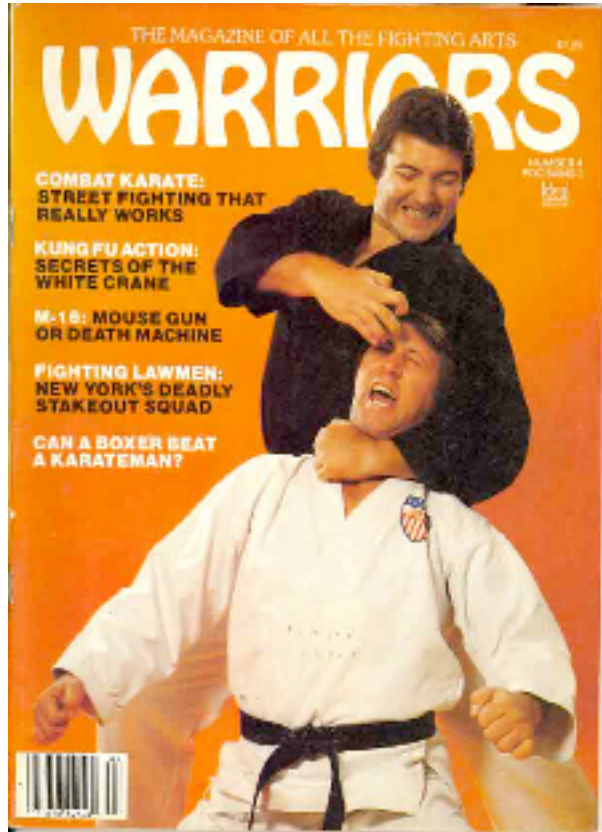
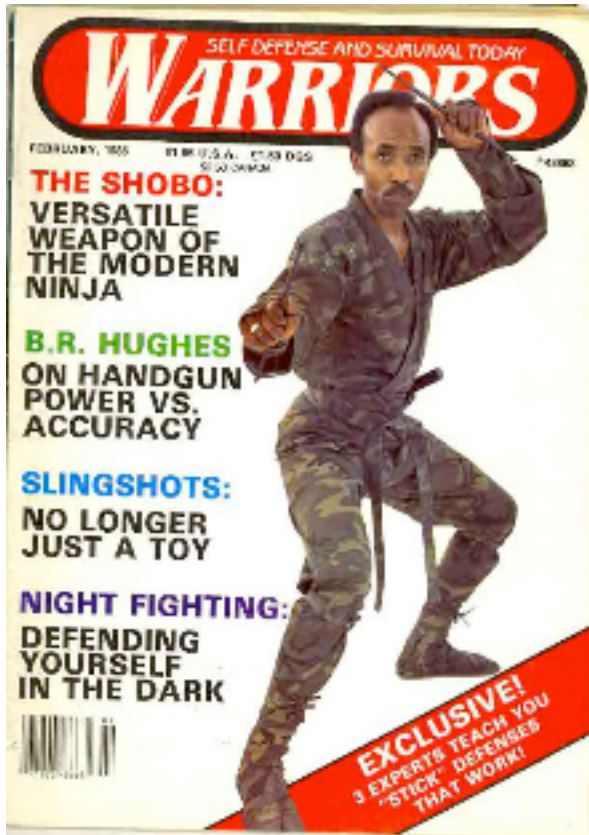
We have utilized the covers of then popular magazines presenting their pictures. The **dates** on the magazine covers vouch for the *time* in which their terrific contributions were made ——— and flourished. Doubtless few today will remember or know much about these great teachers and devoted practitioners. But it is **THEY**, and no promoters of some other nation’s ju-jitsu, or commercial match events, or application of sporting/ground-grappling who once were part of the mainstream, but had the courage and devotion to truth to break away from it.

We are not concerned here and now with Fairbairn, Applegate, Sykes, Brown, O’Neill, Biddle, Nelson, Carlin, Styers, Cantor, Feldenkrais, Leather, Dempsey, Cosneck, or others of the strict **wartime era** who developed pure combat courses of an abbreviated kind for members of the armed services. Our emphasis is on postwar “**martial arts**” teachers who, although in our opinion missing certain necessary things, nevertheless succeeded in improving formalized martial arts training so that it became more of a modern-era practical study, and espoused less elaborate and exotic training, such as the majority wanted (and apparently still want, in many instances).

Here we go . . .



ABOVE LEFT THE KNIFE-WIELDING MARTIAL ARTIST IS THE OUTSTANDING FRANK RYAN. RYAN WAS A TOUGH GUY (BUT A GOOD TEACHER) AND TAUGHT HIS — AND JOHN KEEHAN'S — BRAND OF MAYHEM AT HIS KUNIGOSHI DOJO IN THE BRONX (1960'S-70'S). RYAN WAS ALL COMBAT. RIGHT IS AARON BANKS ADMINISTERING SOMETHING AKIN TO THE TIGER'S CLAW. ALTHOUGH BANKS' MAIN STYLE WAS GOJU, HE DID FORMULATE SOME PRACTICAL AND SIMPLER APPROACHES TO SELF-DEFENSE FOR SOME WHO ATTENDED HIS N.Y. KARATE ACADEMY IN NYC. BANKS WAS VEHEMENTLY OPPOSED TO "MMA" AND ITS RELATED ACTIVITIES. BANKS WENT BACK TO THE 50'S AND PASSED AWAY ONLY RECENTLY. HE WAS THE GREATEST MARTIAL ARTS PROMOTER OF DEMONSTRATIONS IN THE WORLD.



THE LATE MASTER RONALD DUNCAN ON THE LEFT. DUNCAN WENT BACK TO THE EARLY 60'S AND ALWAYS TAUGHT "PURE COMBAT". AS A FORMER U.S. MARINE DUNCAN READILY APPRECIATED THE NEED FOR SCHOOLS LIKE HIS WHERE SPORT PER SE WAS *NEVER* THE OBJECTIVE OF TRAINING. RIGHT IS JOHN KUHL — FOUNDER OF "COMBAT KARATE" WHICH EVOLVED FROM HIS BASE IN GOJU KARATE. ANOTHER HERO OF THE MARTIAL ARTS WHICH ENDEAVORED TO PROMOTE REALISM AND PRACTICALITY (AND NOT COMPETITION, BECAUSE KUHL — LIKE ALL REAL EXPERTS — KNEW THE DIFFERENCE. SADLY, JOHN TOO HAS PASSED ON, BUT HIS NAME WILL ALWAYS REMAIN RESPECTED AMONGST THOSE WHO KNOW THE CLOSE-COMBAT/SELF-DEFENSE.



ABOVE LEFT: PETER SIRINGANO. DEMONSTRATING A RIDICULOUS BIT OF NONSENSE FOR

THE COVER PHOTO, SIRINGANO WAS A WAR HERO WHO HAD LEARNED THE MOST VICIOUS FIGHTING SKILLS AS A MEMBER OF THE AMERICAN RANGERS IN WWII. HE RAN A MARTIAL ARTS SCHOOL FOLLOWING THE WAR IN WHICH HE TAUGHT JU-JUTSU AND GOSHINDO KEMPO ——— ORIENTED STRICTLY TOWARD SELF-DEFENSE. THE MATERIAL THAT SIRINGANO TAUGHT TO HIS DEDICATED STUDENTS WAS FEROCIOUS AND SUPER-PRACTICAL. ABOVE RIGHT: DAN IVAN. A KARATE MAN, IVAN DEVELOPED HIS OWN EXCELLENT ADAPTATION OF KARATE TO REAL WORLD STREET VIOLENCE AND DEFENSE. HE WAS A FORMER MILITARY POLICE OFFICER AND HAD NUMEROUS OPPORTUNITIES TO OBSERVE HOW THE REAL WORLD DIFFERED FROM THE FORMAL DOJO.



ABOVE: THE MAN WHO BRUCE LEE DECLARED HE WOULD *LEAST* WANT TO FIGHT! OUR FRIEND, THE UNEQUALED JIM HARRISON. NOW SEMI-RETIRED AND LIVING IN MONTANA, JIM HARRISON'S BACKGROUND IN THE MARTIAL ARTS WOULD NOT BE BELIEVED IF IT WERE PRESENTED IN A WORK OF FICTION! LAW ENFORCEMENT COMBAT SITUATIONS PEPPERED HIS EXTENSIVE TRAINING IN JU-JUTSU, KARATE, AND RELATED DISCIPLINES. THANK GOD JIM IS STILL WITH US. HE TEACHES SELF-DEFENSE LIKE FEW MEN EVER COULD, AND WASTES NO TIME ADVOCATING PRETTY OVER PRACTICAL. ABOVE, IN AN OLD PHOTO, HE CONVERSES WITH THE FAMOUS TAEKWONDO TEACHER JHOON RHEE. JIM HARRISON IS ONE OF THE TRULY GREAT PIONEERS OF AMERICAN MARTIAL CULTURE AND ART. HE IS AN ICON AND GOES BACK MANY DECADES.

We have written elsewhere about Bruce Tegnér, who developed *Jukado*. Another WWII teacher who trained airborne troops was judo/ju-jutsu man Clifford Freeland. Both these men began with judo, and their personal

backgrounds were heaviest in *this* type of martial training. Each went on to discard the competitive stuff in favor of his own brand of self-defense.

Our personal opinion is that the contributions of the aforementioned martial arts men *by far* outstrips the (in our opinion) *misleading* advocacy today of “MMA” ——— a *sport* that is more plain brawling than martial art, and has far too many rules and restrictions to qualify it for serious self-defense or close-in military combat, and that grew out of UFC and the so-called BJJ; *both of which* have as their key aspect ground fighting, which historically has always been recognized as one entire *branch* of martial arts to be left relegated to **SPORT**. Our opinion, yes; but we invite *anyone* who is honest and serious enough to do so to **check the facts and the history**.

Otherwise, believe whatever you wish. It’s none of our concern.

As we receive numerous requests to quote items and passages that appear here in *SWORD & PEN* and on our other web site, www.seattlecombatives.com, from the various sections there, we will again state the terms by which our material may be used **and used only non-commercially**:

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