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SWORD and PEN

Official Newsletter of the International Combat Martial
Arts Federation (ICMAF) and the Academy of
Self-Defense

APRIL 2016 EDITION

www.americancombato.com

www.seattlecombatives.com

www.prescottcombatives.com

LISTEN TO OUR RADIO INTERVIEWS!

Prof. Bryans and ourself each did 1-hour interviews on the Rick Barnabo Show in Phoenix, Arizona. If you go to prescottcombatives.com, click on “home”. When “news media” drops down, click on that — — and there’re the full interviews! . . . and listen to our interview on Coast to Coast am with George Noory and our most recent interview with John B. Wells on Caravan to Midnight on

www.prescottcombatives.com.

Editorial

Age, Training, Self-defense, Realism

WHILE we have no interest or concern whatever with the pig-headed who refuse to see that *sport, classicism, and combat* are completely different, and that participation in one cannot be adequate preparation for either of the other two, we *are* deeply concerned with those involved in the martial arts who have not learned this, and with those prospective students who — seeking serious close combat and self-defense *only* — are being misled and misinformed about the right path of training and study to follow. Remember this:

Real, authentic combat training is for life. As the classicist ages he necessarily dispenses with those techniques in his art that are no longer practicable. Techniques requiring significant flexibility, dexterity, endurance and power are no longer maintained in the individual's training regimen. The serious sportsman/competitor retires from competition and no longer can keep up with the younger, stronger, better-conditioned up-and-coming fellows. *This is the way it is.*

With close combat and defense training *very little ever changes*, regardless of how old the practitioner becomes. The program of skills that the trainee *began* with as a young man, he now continues as a senior! Of course if this trainee has been *at* his combat training since his early years he is now totally adept with his skills, has mastered them reflexively, and can do them under any conditions. He had wasted no time or energy on that which — for *him* — was and is irrelevant. (For the eight thousandth time we are *not* against competitive or classical approaches. We are simply pointing out that if your objective is combat/defense then **THAT** is what you should be training in. Leave classical systems and competition alone.)

The older trainee can certainly use combatives well and effectively, and do so against younger, faster, stronger attackers, but he will not have the speed, strength, and resilience that he had when in his 20's. The fellow in his 60's, 70's, and 80's who must deal with violence needs the element of surprise, the use of deception, instant recourse to the most destructive maiming and killing techniques, and the attitude of a honey badger! He also should avail himself of WEAPONS. *Legally* of course. (We have heard people who have been victimized by violent criminals say that *regardless of whether it was legal or not*, they will carry a gun BECAUSE THEY REFUSE TO BE VICTIMIZED AGAIN. As an adult you must make up your own mind what you will do, and take full responsibility for it.) Fortunately in the United States *most* states grant concealed-carry permits, and we recommend that seniors learn how to safely handle guns and how to use them in combat for self-defense. Find out the legally permissible type of knife your city allows. Learn the basics of knifework and carry a knife!

Training should be realistic at any age. However, it stands to reason that a high school or college student will have much more available time, energy, and strength for training than will a man in his 40's or 50's who works, has a family, and is inevitably "feeling his age". The combatives student *should never stop training*; but he must be mindful as he enters and eventually passes middle age that modifications must be made. NOT modifications in *what* he trains in; but modifications in *how* he pursues training. Shorter practice sessions, intensity varying according to energy available that day, and so forth. Conditioning (weight training) is so valuable when properly done that we regard it as essential. Techniques will be effective even when rendered by un-weight-trained persons; but the advantages gained by weight training are so great that we'd urge everyone of ANY age to follow a consistent regimen geared to his capacity.

When and if a senior must defend himself his predicament is *more serious* than if he were in his 20's. Due simply to his lessened resilience as an oldster, *he always faces the prospect of being maimed*

or killed if attacked. He should use a weapon first, and the most vicious unarmed techniques . . . period. Hesitation to do so could see him lying permanently crippled or DEAD. *No mercy, no restraint, no forbearance, no hesitation.* The scum who attacks reaps the whirlwind!

Seniors need to be realistic. Yes: the younger, stronger individual has an advantage. But that advantage need not be decisive. Use foul gutter tactics; attack without hesitation; keep attacking and render your assailant kaput before you stop; master the use of distraction, deception, and deceit; **ATTACK BY SURPRISE, AND DO SUCH SERIOUS DAMAGE IMMEDIATELY** that you either drop the bastard in his tracks outright, or set him up so that you can followup with whatever it takes to drop him. *Use weapons!*

Self-defense is for children, adolescents, young adults, mature adults, and seniors! *Everybody*, and both genders.

If you're after self-defense then get started in a combat program and stay with it for the rest of your life.

Bradley J. Steiner

IT does seem from what we have been reading lately on the NY Daily News web site that horrendous violence is again visiting NYC subway riders, with *slashers, knockout punchers, those who fancy shoving people onto tracks, sexual predators, plain violent scum, misfits and crazies*, and other *deviant life forms* coming out of the woodwork.

In 1980 we wrote a book titled *SUBWAY SURVIVAL*. It was published by *Loompanics, Unlimited*. A copy of this long out-of-print publication was recently advertised for sale, along with two other more conventional "martial arts" books, on eBay. Here is what the seller posted:

1. *SUBWAY SURVIVAL! THE ART OF SELF-*

DEFENSE ON AMERICAN PUBLIC TRANSIT FACILITIES. by Bradley J. Steiner. 1980. Loompanics Publishing, USA. 5 1/2 by 8 1/2 inches, 145 pages. English.

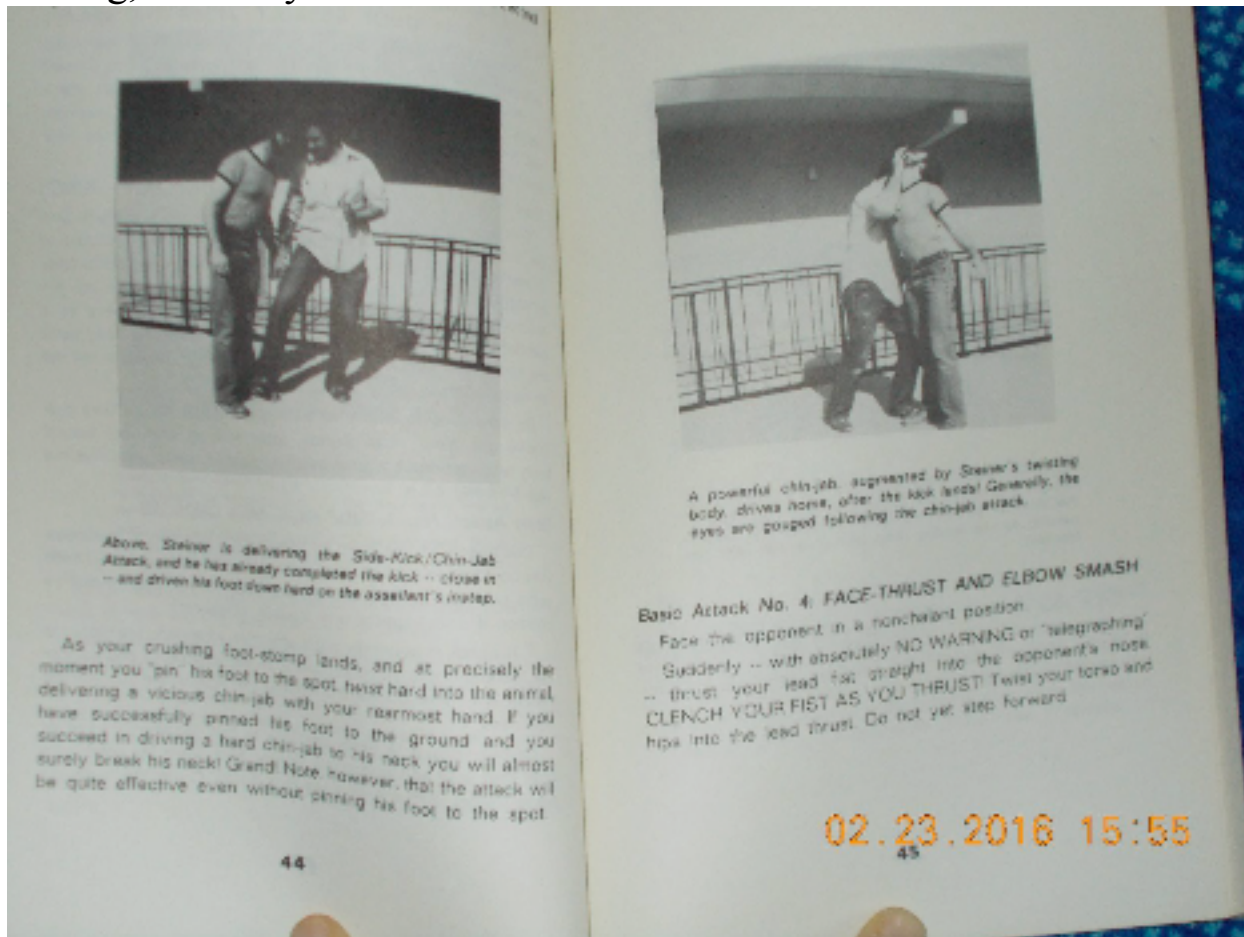
*** The author is a New York City native, and a 5th Dan in Jiu Jitsu. This book was published in 1980 during an extraordinary wave of violence in big cities. In this Awesome Virulently Anti-Criminal Manifesto, Author Bradley Steiner sets one of the toughest lines against criminals and utterly dismantles pacifism as anything but a load of dung, presenting one of the best thought-out explanations of the Street Sociopath and how to protect yourself from him and do the most damage. Covers legal and ethical aspects from the real person (NOT-victim), GREAT book on this subject, I have read it several times! VITAL for anyone who commutes or frequents public places or WORKS on public Transportation. This book teaches a sense of awareness beginning with a fundamental right to NOT be a victim that many people are clueless about. Tells it FOR REAL like it is as only a Native New Yorker can! SUPER BOOK! Photos & narrative.**

A most appreciative reader who clearly got our message! Today — in 2016 — a New Yorker, or anyone else anywhere else, can be fully prepared for dealing with serious violence on public transportation (as well as on the street, in his home, in a public park, or *anywhere* else that anyone cares to name) by studying our DVD Home Study Course. The *SUBWAY SURVIVAL* book provided a selection of techniques from *American Combato* that are especially suited for employment on public conveyances, as well as a truckful of mental and tactical conditioning advice which, like the techniques described, is applicable in many other instances, aside from use on

public transportation.

SUBWAY SURVIVAL is now a collector's item, and we cannot provide copies or say where a copy may be found.

However, to the gentleman who for some reason(?) is now selling his copy, we want to say "Thank you; and we are delighted to know that you enjoyed reading, and that you learned a lot from the book."



ABOVE: FROM THE GENTLEMAN'S ADVERTISEMENT, TWO PAGES FROM *SUBWAY SURVIVAL*, ILLUSTRATING AND DESCRIBING THE "SIDE KICK/CHINJAB" COMBINATION ATTACK WHICH WE DERIVED FROM FAIRBAIRN'S *ALL-IN FIGHTING*. THE MODIFICATION ILLUSTRATED SHOWS ITS DELIVERY CLOSE-IN, AS IT WOULD BE APPLIED IN A CROWDED SUBWAY CAR, ON A BUS, ETC. THE PHOTO ON THE LEFT CLEARLY SHOWS THE STOMPING/SCRAPING KICK, AND THE PHOTO ON THE RIGHT SHOWS ITS FOLLOWUP. NATURALLY, EITHER BLOW CAN BE EMPLOYED INDIVIDUALLY, OR IN CONJUNCTION WITH OTHER BLOWS.

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Forget The Politically Correct Bullshit!

COPS in many instances are hesitant to use necessary force today when dealing with certain categories of offenders. Insanely, what is a righteous use of deadly force (for private citizens no less than law enforcers) by any rational standard may now trigger demonstrations, riots, and indignation from members of some communities because the people “don’t feel” that the police officer or involved citizen “needed” to use the degree of force that he in fact used. Decisions in a combat situation are made in *split seconds* — not at one’s leisure! We’d estimate that well over 95% of law enforcement use of force is *more* than justified.

Do some police officers and citizens use unnecessary force? Yes, of course they do. But we are not speaking of that tiny minority. Properly, those lawmen who are judged to have used force unnecessarily or excessively are reprimanded by their departments — as they should be. Often they are fired; sometimes they are themselves charged with criminal violence, and arrested and tried. Private citizens, similarly, have no license to do as they please insofar as their implementation of force is concerned — against **anyone**. Their penalty, when and if they do so, is criminal charges. But the truth is that the overwhelming majority of private citizens *want nothing whatever to do with violence*. They avoid it, and *most* live lives in which physical violence plays no welcome part. They work hard, raise families, go to school, and try to spend their leisure time in safe, enjoyable, socially acceptable ways. They live peaceful and productive self-supporting lives *and deserve to be LEFT ALONE*. **It is the impulse-driven, uncivilized, brainless, antisocial savage who is at home with violence, and who sees absurd “reasons” for punching someone, stabbing someone, beating someone, ganging up on someone, shooting someone, and otherwise conducting himself like a rogue jungle animal who needs to be put down.** All of this is true and factual, and virtually everyone **knows** this. But the spineless and the “political types” **won’t ever say it**.

We remember a far better time. The 1950’s and early to mid 1960’s. If you haven’t experienced this time in urban America, that is unfortunate. Life was, at the close of WWII, as life *should be* in a predominantly free, civilized nation. Right here in America. And now it’s gone. We have a population of

simpering fools and uneducated morons being vomited out of our colleges, universities and even high schools with notions that an intelligent ape would reject. “Zero tolerance for violence”, “Guns are the problem”, “Violent gang members need understanding” and “better opportunities” (one might ask “**For what, exactly?**”), “Don’t use too much force in self-defense — be humane”, ad nauseum.

In saner times one victimized others at his own risk. If—— happily —— a violent type got beaten to a bloody pulp because he picked the wrong victim to bully, or got shot because he picked the wrong home to burgle, or the wrong individual to rob, rape, abduct, or murder, it was cause for celebration, as it still is for the person with something more than a room temperature I.Q. *You couldn’t be blamed for defending yourself*—— whether cop or private citizen. The violent offender, not his victim, was **ALWAYS** responsible for his hideous acts, and this was taken for granted. Go back further in our Nation’s history and we see such acts of common sense as hanging horse thieves. There were, not surprisingly, not too many horse thieves around in the old West. Today — in Seattle, for example — a scumbag must be convicted of **SEVEN** car thefts before he goes to jail! ***Is it any wonder that car theft is a problem in Seattle?*** A citizen who has his vehicle stolen (or even vandalized) may face the impossibility of getting to work or to school, **OR TO A PHYSICIAN IN AN EMERGENCY!** **Personally, we like the solution of the 1800’s that the citizens of the West imposed on a horse thief —— and they imposed it after the FIRST offense, not the seventh! Hanging car thieves after their FIRST conviction makes perfect sense.**

But the disgusting situation regarding violent crime takes the proverbial cake. ***NO ONE SHOULD BE AROUND AFTER PHYSICALLY DAMAGING SOMEONE ELSE WITHOUT OBJECTIVELY JUST CAUSE.*** “Just cause” for the sane and decent is **self-defense**. The streets of America’s once great cities see convicted murderers walking free, after their release from incarceration. Is it shocking that these scum reoffend? The so-called “Wild West” was actually the safest place on earth at the time. Kill someone unjustifiably, and you were shortly thereafter hanged from a rope

tied around your neck. Towns needed but a single marshall. Why? Because *everyone* could defend himself ——— with whatever personally owned firearms he possessed, if necessary ——— and whatever law there was rightly had no interest in the justifiable use of force and punishing anyone who was compelled to use it. Violent types did not have a free field of fire and unlimited access to empty-headed homo sapien lemmings who could not understand that the weapon a murderer, rapist, or marauder chose was *never* the issue. Rather the murderer, rapist, or marauder was the problem ——— and when ——— happily — he was *permanently* gotten rid of, he couldn't even get into *verbal* fights with his companions ——— who all lay with him, ***under Boot Hill***.

You who wish to master self-defense **forget the bullshit!** You need the attitude that was once held by the majority of Americans. View the violent offenders for what they are, and forget all about such irrelevant factors as: How old are they? What is their ethnicity? Is that gun they are pointing at me *real?*— or does it just *look* real? If I go after this bastard will I be sued? Arrested? Condemned by my (moronic) fellow citizens? Or **WHAT?**

In an emergency ***TAKE CARE OF BUSINESS!*** Urban (and even suburban) America has never been so fraught with peril as it is today. Determine to survive. Determine to do whatever you need to do to protect yourself and those you love. **REJECT VICTIMHOOD, WEAKNESS, AND THE PHILOSOPHY OF BULLSHIT THAT HAS BEEN ERODING THE CHARACTER AND QUALITY OF LIFE OF ALL DECENT HUMAN BEINGS IN THIS COUNTRY FOR THE LAST 40 YEARS OR SO.**

No matter what the prevailing idiotic philosophies may be, ***DETERMINE THAT YOU AND YOURS WILL NOT BE HELPLESS VICTIMS. DETERMINE NOT ONLY THAT YOU WILL RESIST TO THE LIMIT; BUT ALSO THAT YOU WILL NOT HESITATE TO DO SO ——— WHETHER YOU ARE A COP OR A PRIVATE CITIZEN.***

Better to lose your job, your neighbors' approval, the "friendship" of

politically correct bacteria, or you-name-it, than your life or the life of someone dear to you.

Be sure to visit ...

www.seattlecombatives.com for over 400 articles OF FREE INSTRUCTION, COMMENTARY, and BOOK REVIEWS!

Check each section on this web site, and when you've scrolled down to the bottom of each page don't miss clicking on the previous (archived) pages containing many articles!

There is a lot of free material on here that is solid close-combat and self-defense oriented. No B.S., no sport, no nonsense, and all FREE; with new articles and instructional pieces added EVERY MONTH!

DVD Course NOW AVAILABLE!



(You Can Learn Self-Defense and Close Combat At Home!)

Here are a few comments about us and what and how we teach, from a handful of the many genuine authorities in the field of close combat and self-defense who are familiar with us and with our work:

“Brad Steiner is one of the three finest instructors of close combat and self-defense that I know of, in the world”

— James R. Jarrett,

Former U.S. Army Special Forces and LAPD SWAT/Protégé of the late, internationally famous defensive tactics and baton master, Robert Koga. Mr. Jarrett holds a 5th degree Black Belt and is a renown firearms, self-defense, and counterterrorist instructor. He is a former university professor and an author.

“ [Brad Steiner] is simply the finest teacher of any subject that I have ever had . . . I feel deeply blessed to be able to know and to study under him”

— Greg Anderson,

Third degree black belt, author of *Weapons At Hand*, accomplished professional athlete (wrestled at the national level and played college football), world-acknowledged authority on physical training, author, and Director of Ideal Exercise, one of the finest fitness facilities in the Western states.

“Brad Steiner knows real self-defense and what works in hand-to-hand combat like no one on earth! His Method is incredible!”

— Detective Ralph Friedman (NYPD Retired),

Ralph was, at the time of his retirement, the most decorated police officer in the history of the NYPD. He has

received, among other awards, the coveted 'Combat Cross'. Ralph was featured, along with his brother — an NYPD Transit Police Officer — on the TV Show Top Cops.

“Your Method is excellent. You have expanded upon and improved considerably the method I learned from Fairbairn and Sykes during WWII and what the USMC taught to the Raider Battalions. And you’re a very good student and teacher”

— Maurice (“Maury”) Geier,
Former U.S. Federal Agent and counterintelligence officer during WWII. Also a combat shooting instructor for FBI and other federal officers, as well as a hand-to-hand combat teacher who was so fierce he earned the nickname “Deathhouse Geier”.

“Your American Combato is a very good System”

— Charles (“Charlie”) Nelson,
WWII hand-to-hand combat judo instructor with whom we trained for nearly three years. It was from Nelson that we learned the O’Neill System, as well as what A.J. Drexel Biddle taught (Charlie was one of Biddle’s students).

“You are indeed a ‘Professor’ of combat arts! I quote you all of the time”

— Grandmaster Jim Harrison,
The premier pioneer in America of the Asian fighting arts of ju-jutsu and karate. The late Bruce Lee once said of Jim Harrison that he is the one person he would *not* like to fight. It would take a thick pamphlet to describe all of Jim Harrison’s accomplishments and contributions to the combat arts in America.

“From you I learned the valuable lesson of ‘attacking’

**instead of ‘defending’ when you have to defend yourself”
— Grandmaster John McSweeney,**

The “Father of Irish Karate”, John was one of Ed Parker’s first Black Belts. John also studied boxing, judo, ju-jutsu, and kung fu. The quotation above is from a letter John sent to us after reading our Tactical Skills of Hand-to-Hand Combat. We maintained a correspondence and friendship until John’s passing.

“You certainly do make many excellent points about how mental conditioning for self-defense may be achieved. Although I had never anticipated RET (Rational Emotive Therapy) being utilized for martial arts training, you have done quite an impressive job. I appreciate your outstanding abilities with hypnosis, and I think that your innovative ideas deserve a widespread audience”

— Dr. Albert Ellis,

One of the most famous psychologists in the world. Of him Dr. Robert A. Harper once wrote that he believed Dr. Ellis’ contributions are as significant as those of Dr. Sigmund Freud. We owe a good deal of how we work with students to achieve all sorts of psychological breakthroughs to our intensive study of Dr. Ellis’ works.

“ [Y]our articles are read, studied, and saved whenever they are published. You have an understanding and command of the subject of fighting that very few people have”

— George Kalishevich,

Former USMC Sergeant and combat veteran of Southeast Asia. Kalishevich was a multiple Black Belt holder, a boxer, weight trainee, and hand-to-hand combat teacher since the 1960’s. He was also an experienced bouncer. He passed away several years ago.

“As a law enforcement officer working dangerous assignments in the most violent parts of the New York metropolitan area in the 1970’s, I found that Mr. Steiner’s advice was always on the money. The information contained in his articles in Combat Handguns, Handguns, American Handgunner, and Soldier of Fortune magazines was lifesaving. As a professional armed and unarmed combat trainer, I regularly referred to many of the concepts Mr. Steiner wrote about. He often went right to the source to discover how and why certain methodologies worked. Bradley Steiner is one of the few civilians actually certified by Col. Rex Applegate to teach close combat.

The late John McSweeney . . . dubbed the ‘Father of Karate in Ireland’ told me that he also was greatly influenced by Mr. Steiner’s writings, especially the idea of paring down close combat techniques to a few essential strikes, trained to perfection. Mr. McSweeney told me that he had a pet name for Brad Steiner. He called him ‘The Monk,’ in reference to Mr. Steiner’s vast knowledge of martial arts and mayhem. My own writing about martial realism was inspired by Brad Steiner’s”.

— Grandmaster John Perkins,

The brilliant innovator of ‘Guided Chaos’, John Perkins’ background in unarmed combat (and armed combat) is the result not only of training but of lots and lots of real world experience.

**The First and Only Complete Self-Defense
and Close Combat Course in American
Combato (Jen·Do·Tao) on High Quality**

DVDs!

Eleven carefully prepared professional instructional DVDs describe and demonstrate the most practical, powerful, reliable, and authentic skills of no-nonsense realistic and war-proven unarmed and armed hand-to-hand combat methodology and personal defense developed since WWII! This Course, describing methods from that System developed in the early 1970's by Bradley J. Steiner, which crystalized into the American Combato (Jen·Do·Tao)[™] all-in modern close combat/self-defense martial art in 1975, will teach you how to defend yourself and those you love in any situation! Some of these methods have been copied, imitated, and pirated during the last 25 years, but a complete self-defense course derived directly from the original and authentic System — and the only authorized presentation of American Combato — is now

available for home study. All of the techniques, all of the theory, and all of the mental conditioning and related doctrine in these DVDs is presented by the System's originator, Prof. Bradley J. Steiner, himself. Like Fairbairn, Sykes, Applegate, O'Neill, Brown, Begala, and Biddle in the second world war — from whose lineage this modern Martial Art is a direct descendant — Prof. Steiner clearly, simply, and plainly instructs in real world, lifesaving combatives doctrine.

You can order any of the eleven DVDs individually, or you can purchase the entire Course, in which case you pay for only ten DVDs. You receive one FREE!

Each DVD contains the equivalent instruction normally given in four to eight private lessons. This Course is the equivalent of at least 50 private lessons with Prof. Steiner, personally! And you can review this

instruction again and again, and save the DVDs for your children to study when they are old enough.

IMPORTANT NOTICE!:—

The system of martial arts presented in these DVDs is not a "traditional" or "classical" martial art.

These DVDs, and the information, and techniques contained within should not be taught, shown, or divulged to anyone under 18 years of age.

Due to the serious nature and lethality of the techniques shown, no one under 18 should be instructed in the techniques.

Due to potential serious injury or death, minors under the age of 18 should not be allowed to purchase or view the techniques demonstrated on the DVD's and in the system.

Minors lack the proper judgment and emotional restraint and discipline and should not be entrusted with the techniques contained herein.

Please utilize the techniques only in those situations where you would utilize a lethal weapon, similar to using a firearm, an improvised or edged weapon.

Please keep DVDs in a safe place out of the reach of minors, similar to safekeeping of firearms.

Contents:—

DVD #1 FUNDAMENTALS

- How to stand, move, distance, and position yourself
- The combat color code
- Attack mindedness
- Evasive footwork
- How to shield
- “Fairbairn’s Four” —

The chinjab smash, the handaxe chop, the tiger’s claw, and the side kick. All clearly explained and demonstrated so that anyone with no prior

experience in any martial art can understand and develop the skills! These are the first four of *American Combato's* 16 Key Blows (originally regarded by W.E. Fairbairn as the “most essential” basic blows, comprising a complete mini-system of personal hand-to-hand combat, once mastered).

DVD#2 BASIC BLOWS

- Continuing from “Fairbairn’s Four”, this powerful presentation completes your lessons in the remaining 12 Key Blows — the most practical and effective blows — in unarmed close combat.

- The straight heelpalm
- The knee attack
- The front kick
- The elbow smash
- The fingertips *thrust*
- The fingertips *jab*
- The snap kick
- The backfist-forearm smash
- The hammerfist-forearm smash
- The basic straight punch
- The ear box
- The throat lock

DVD#3 ATTACK COMBINATIONS - FIRST SERIES

- Powerful and devastatingly effective combinations of attacking actions which are adaptable to an infinite number of situations and emergency circumstances. These attack combinations utilize the Key Blows, and include additional offensive unarmed combat actions and tactics, which enable you to infinitely combine, and improvise limitless sequences and applications of ferocious attacks of your own.

This DVD focuses on attack combinations leading with *HANDAXE CHOPS* and *THRUSTING ACTIONS*, the first two categories of “attack combinations” in *American Combato*.

In this and the next DVD you will learn more combinations of each type than you would ever possibly need.

DVD#4 ATTACK COMBINATIONS - SECOND SERIES

- Completing a well-balanced, comprehensive curriculum in vicious, unconventional, yet simple and readily applicable attacking sequences which enable the practitioner to overwhelm and disable any assailant. These combinations continue to expand your capability with the Key Blows and with other actions and tactics, and turn you into a dangerous, unpredictable, offensive combatant in close quarters combat. You'll be an expert at taking the battle into the enemy's camp and *attacking your attacker!*
This DVD trains you in *DISTRACTING LEAD ATTACKS, KICKING LEADS, and MISCELLANEOUS LEADS.*

DVD#5 COUNTERATTACKING THE UNARMED FRONTAL ASSAILANT

- No realistic close combat system is worthwhile unless the matter of *counterattacking* (i.e. reacting to attacks which you have been unable to preempt) is covered. In this DVD you will learn:

- How to immediately react with devastating and decisive force against any grabbing type attack from the front
- How to break holds that attackers might apply if they catch you off guard
- How very simply to counter punching or kicking attacks

DVD#6 COUNTERING THE UNARMED REAR ATTACK

- Attacks from behind are *deadly*. Learn first and foremost to guard against leaving access to your rear. However, if caught unaware, learn

- How to counter sudden grabbing attacks from behind
- How to counter holds that may be applied from behind

DVD#7 COUNTERING KNIFE AND CLUB ATTACKS

- The proper tactics and mental ploys applicable to these situations is emphasized. Technically, you will be taught

- How to deal with knife *threats*, from varying positions
- How to save your life if attack by an adversary who is determined to slash or to stab you with a knife

- How to counter overhand club attacks
- How to counter the backhand club or baseball bat swing

DVD#8 COUNTERING HANDGUN AND SHOULDER WEAPON THREATS

• Obviously these, like knife and club attacks, are *deadly* threats and only the simplest, most basic and reliable methods should be studied. No weapon “takeaways” or complicated nonsense here! These are commando type actions and will work under the most adverse conditions. Intended to save lives — not your wallet.

- Frontal handgun threats
- Side handgun threats
- Rear handgun threats
- Frontal shoulder weapon threats
- Side shoulder weapon threats
- Rear shoulder weapon threats

DVD#9 COUNTERING MULTIPLE ATTACKERS

• Key principles and tactics of countering more than a single aggressor

• The core *scenarios* and how to develop counterattacking capabilities against two or more attackers that *really work*.

DVD#10 HOW TO USE THE STICK FOR SELF-DEFENSE

- Basic stick techniques
- The *complete* Fairbairn stick method (beyond what is taught in *ALL-IN FIGHTING/GET TOUGH!*)
- The USMC’s Kengla Technique
- Some advanced stickwork combinations
- How to use the *yawara* hand stick (for modern applications)

DVD#11 KNIFEWORK

- Psychological factors
- The universal grip (for stiletto and Bowie type knives, as well as for kitchen, utility, and all other types of knives, and for improvised stabbing and cutting implements)
- Knife *offense*

- Defending yourself with a knife

The cost of each individual DVD is \$59.95 + \$6. shipping and handling (**\$20. postage and handling for foreign orders**)

If you purchase the complete 11-DVD Course you pay only for 10 DVDs, bringing the total cost to \$599.50. You get one DVD FREE. **Add \$20. for postage and handling (\$40. for foreign orders).** That's just under \$600. for \$7,500. worth of training!

All DVD purchases are of course nonrefundable.

Personal checks may take up to three to four weeks to clear, in some cases. For *immediate* shipment send cash, or a postal money order, bank check or bank money order, payable to Brad Steiner. Send your order to:

**Brad Steiner
P.O. Box 15929
Seattle, Washington 98115
U.S.A.**

You will want to study these DVDs again and again, as they are rich in content and packed with solid, reliable information and instruction!

Self-Defense *Clothing?*

WHY not? It may not be possible to effectively defend yourself *simply by wearing certain types of clothing*, but that does not mean that the way you dress and what you wear cannot *contribute* to your safety and to your ability to dish out punishment to a physical attacker.

Fairbairn had a special holster sewn into his pant leg after removing the inside bottom of one of his pockets. His left hand pocket was cut out in order to accomodate one of his double-edged commando knives. From the most seemingly nonchalant position (i.e. hands-in-pocket) the “Shanghai Buster” could draw his knife like lightning —— firmly

positioned to kill. To our knowledge he never needed to use this draw in combat; instead he would shock the hell out of trainees at whichever training facility he was at at the time by smiling and shaking hands with them, and without warning applying an armlock to them with his right hand while pulling his knife and “gently poking” them in the side. His message — i.e. “Use deception and deceit and unconventional tactics and tricks to defeat your enemy!” — was gotten across very clearly.

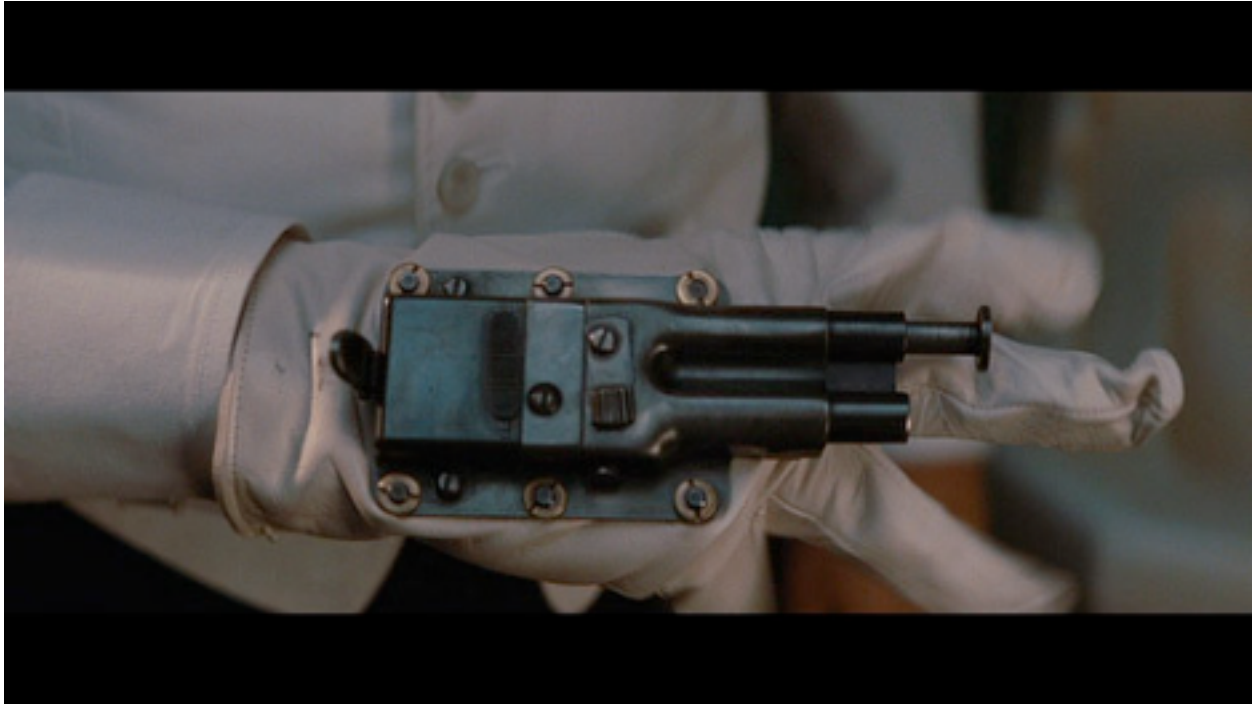
Years ago we learned of one undercover narcotics officer who had his shabby-looking overcoat modified with hidden “holsters” to accommodate three 5-shot Smith and Wesson back-up snubbies *just in case* a need for another weapon arose, and his primary sidearm was not available or accessible. His large size made the presence of the concealed handguns unnoticeable.

During WWII operatives of the British SOE and the American OSS carried small but deadly “thumb” or “lapel” daggers, sewn into their shirt collars or lapels. They enabled the agent to unobtrusively access the small blade and slash an enemy’s carotid artery in a second. Steel toed shoes, boots, and even sneakers are available today, ready-manufactured for safety purposes, but that can readily be employed as close-combat weapons.



ABOVE: THE WWII “LAPEL DAGGER”. CONCEALABLE IN NORMAL CLOTHING.

WWII secret agents who were parachuted into occupied countries were sometimes equipped with “parachutist’s gloves” — one of which was rigged so that it could fire handgun rounds.



ABOVE: PARACHUSTIST'S "GLOVE GUN". NO LONGER IN USE THIS DEVICE NEVERTHELESS ILLUSTRATES BY EXAMPLE HOW COMMON CLOTHING CAN ASSIST IN PREPARATION FOR COMBAT.

The British Commandos and well as the Home Guard were instructed in how to use their brimmed protective steel helmets as weapons. Criminals have been known to attach razor blades to the brims of their hats and thus convert them into dangerous weapons that could be used to slash the faces of opponents in fights — or of surprised victims. When the U.S. marines were stationed in China they were advised to *sharpen* the heavy buckle of their uniform belts, and to employ their belt as a flail against unexpected attackers while out and about. "Sap gloves" (i.e. gloves with *lead* sewn into the fore knuckle area to enhance clenched fist punching, or possibly to be used as improvised saps or blackjacks) have been used by law enforcement officers for years now. Private citizens might find outlets where they can be purchased, or — if they have some craft skills — they might be able to make a pair for themselves out of quality leather gloves.



THE COMPANY "SUPREME DEFENSE" (AD ABOVE) SELLS QUALITY SAP GLOVES.

Attaching a padlock to a bandana and keeping it the back pocket so that only a small portion of the bandana extends from the pocket, provides a quickly accessible striking weapon, and appears only as a handkerchief that is being carried for quite innocent purposes.

We strongly urge our visitors to be thoughtful and creative. We are sure that these and other little tricks can be utilized for self-defense in today's hideously dangerous urban environments, and will provide a nasty surprise to any violent street scum who attempt an attack. *Just be sure not to violate any laws. We do not condone or advocate any lawbreaking by anyone.*

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Read The N.Y. Daily News Online Every Day!

OUR morning routine includes accessing the day’s edition of the *N.Y. Daily News* on Google. It’s free and it’s an excellent source of information about criminal violence all over the world. We recommend checking this out **every day**.

We have often been accused of exaggerating the violent crime problem and being “too harsh” on many offenders. Anyone so naive to believe such drivel can correct his own perception of just **how bad** the problem of insane

violence really is, and of just **how disgustingly evil** the violent criminals are. The *N.Y. Daily News* reports plenty of it.

Instead of wasting time and money on “martial arts” magazines, read this daily paper online and discover that the Easter Bunny and Disneyland existence you’ve been living in is **bullshit**. The violent crime rate, and the problem of mindless, worthless, armed and unarmed predatory savages preying upon the innocent in our Nation’s ——— and the world’s ——— once great cities is **terrifyingly out of control**. *If you are not taking serious steps to prepare yourself and those you love to be able to act swiftly and mercilessly if attacked, you are foolish.*

By reading the *N.Y. Daily News* each day you will:

- Learn a lot about the savages’ latest methods of attack
- Learn about what passes for a “mentality” amongst these creeping lumps of s—t
- Learn to develop actions and tactics using your self-defense training so that you’re five steps ahead of the vermin
- Learn how *little* is being done to eliminate violent scum
- Learn the **real world** effects on decent human beings when they — directly or indirectly — suffer the onslaughts of these bacteria
- Learn the necessity for “toughening up” your mindset as well as your body, and discarding all “lesser technical measures for defending against criminal violence
- Learn why you want and need and *must rely upon* only the most vicious, ruthless, destructive, and **simple war-proven skills** to handle violent offenders
- Learn why **firearms** are such crucial tools of self-defense, *everywhere*; why gun control is **stupid**, and why any obstacles making the ownership and use of guns and fighting knives available to citizens amount to aiding and abetting violent offenders who obtain and use guns as freely as they use drugs (which is even more strictly

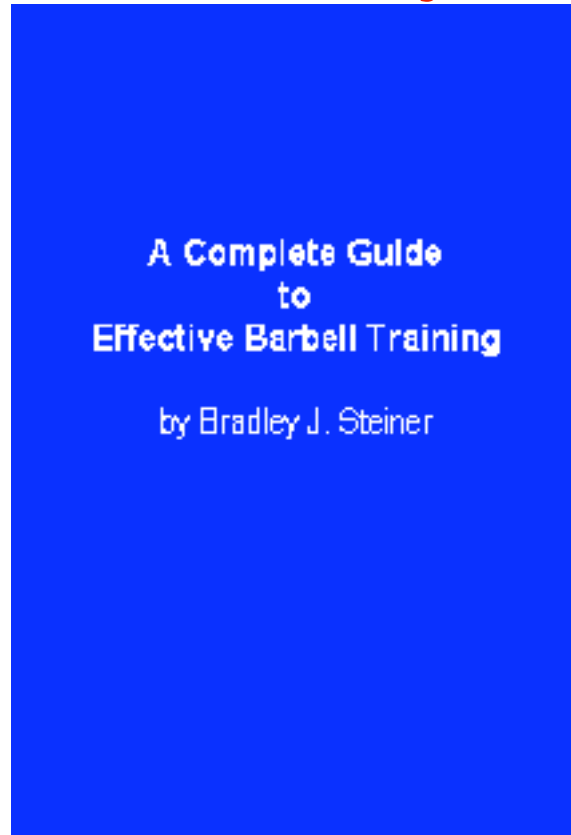
controlled than firearms

- Learn why a comprehensive all-inclusive method of personal defense — like *American Combato* — which trains students in *all aspects* of serious unarmed *and* armed close combat, is a virtual **NECESSITY** for modern living!
- Learn that *very young* violent felons breed like roaches, and that their actions are often worse than that of adult offenders — and that police **and** private citizens need to deal with these dirty little predatory bastards and bitches like the scum they are, with **NO MERCY** or forbearance or “consideration” for their ages. Crawling preadolescent scum in elementary schools are often guilty of **murder, arson, home invasions, beatings**, brutalities of all kinds; and when they commit these acts their punishments should be the same as they are for adults — *assuming that adequate punishments are every given any more!*

The police do all that they can to protect you, but the simple truth is that they are able to do very, very little. As you will see, *every single day*, atrocious, inexcusable acts of senseless, mindless savagery occur everywhere and result in the maiming, mutilating, and killing of decent citizens. **Only when those citizens learn how to respond in kind — i.e. to maim and to kill those who prey violently upon them — can there be any real hope of putting the fear of God into the hearts and minds of living filth that never should have been born.**

Let the news reportings of what the violent crime problem is **REALLY** like, and how the violent criminals **REALLY** think, feel, and act, educate you and equip you with a **true** understanding of what you need in order to be effective in defending against the scum. For this, the *N.Y. Daily News* is a marvelous source! **Read it!**

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PLEASE be sure to tell others about this site and about our other web sites.

We would like as many as possible to benefit from the information and instruction that we provide!

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Professor Bradley J. Steiner

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—end—